# Blue Shield Gold 80 PPO 0/30 + Child Dental

**Período de cobertura: del 1/1/2017 en adelante**

**Resumen de beneficios y cobertura:** Qué cubre y cuánto cuesta este plan **Cobertura para:** Persona + Familia | **Tipo de plan:** PPO

**Esto es solo un resumen.** Si desea obtener más detalles acerca de su cobertura y los costos, puede consultar todos los términos en los documentos de su póliza o plan por medio de Internet en www.blueshieldca.com/bsca/bsc/public/employer/DisplayDocument?fileName=201701A49322.pdf o por teléfono al **1-855-258-3744**.

| Preguntas importantes | Respuestas | Conceptos importantes: |
|---|---|---|
| **¿Cuál es el deducible general?** | **$0** | Consulte el cuadro que comienza en la página 3 para conocer los costos de los servicios que cubre este plan. |
| **¿Hay otros deducibles para servicios específicos?** | No. | No debe alcanzar deducibles para servicios específicos, pero consulte el cuadro que comienza en la página 3 para conocer otros costos de los servicios que cubre este plan. |
| **¿Hay un límite de desembolso en mis gastos?** | Sí. Para proveedores participantes: **$6,750** por persona/**$13,500** por familia<br>Para proveedores no participantes: **$10,000** por persona/**$20,000** por familia<br>Desembolsos máximos anuales (los copagos para los servicios cubiertos de proveedores participantes se acumulan para los desembolsos máximos por año civil de los proveedores participantes y no participantes); se incluyen el deducible médico por año civil, el copago en dólares correspondiente al consultorio médico y los copagos de medicamentos recetados; si un miembro está inscrito en un plan de cobertura familiar, puede recibir el 100% de los beneficios de los | El **límite de desembolso** es el monto máximo que usted puede pagar durante un período de cobertura (normalmente, un año) por la parte del costo de los servicios cubiertos que le corresponda a usted. Este límite lo ayuda a planificar los gastos de atención de la salud. |

| Preguntas importantes | Respuestas | Conceptos importantes: |
|---|---|---|
| | servicios cubiertos una vez que se haya alcanzado el desembolso máximo individual. | |
| **¿Qué no se incluye en el límite de desembolso?** | Las primas, los cargos de saldos facturados, algunos copagos, los cargos que excedan los beneficios máximos especificados y la atención de la salud que no cubra este plan. | Aunque usted pague estos gastos, estos no cuentan para el **límite de desembolso**. |
| **¿Hay un límite anual global sobre lo que paga el plan?** | No. | El cuadro que comienza en la página 3 describe los límites en el monto que pagará el plan por servicios cubiertos *específicos*, tales como visitas al consultorio. |
| **¿Utiliza este plan una red de proveedores?** | Sí. Este plan de salud utiliza la red de proveedores de Full PPO. Para obtener una lista de proveedores participantes, visite www.blueshieldca.com **o llame al 1-855-258-3744**. | Si utiliza un médico u otro **proveedor** de atención de la salud dentro de la red, este plan pagará una parte o la totalidad de los costos de los servicios cubiertos. Tenga en cuenta que su médico u hospital dentro de la red pueden utilizar un **proveedor** fuera de la red para prestar algunos servicios. Los planes usan los términos dentro de la red, **preferido** o participante para referirse a los **proveedores** incluidos en su **red**. Consulte el cuadro que comienza en la página 3 para saber cómo paga este plan a los diferentes tipos de **proveedores**. |
| **¿Necesito una derivación para atenderme con un especialista?** | No. | Puede ver al **especialista** que usted elija sin el permiso **de este plan**. |
| **¿Hay algún servicio que este plan no cubra?** | Sí. | En la página 15 se indican algunos de los servicios que no cubre este plan. Consulte los documentos de su póliza o plan para obtener información adicional acerca de los **servicios excluidos**. |

- Los **copagos** son las cantidades fijas en dólares (por ejemplo, $15) que usted paga por un servicio de atención de la salud cubierto, generalmente cuando recibe el servicio.
- El **coseguro** es *su* participación en los costos de un servicio cubierto; se calcula como un porcentaje de la **cantidad permitida** que se paga por el servicio. Por ejemplo, si la **cantidad permitida** del plan para una noche de hospitalización es de $1,000, su pago de **coseguro** del 20% equivaldría a $200. Esto puede cambiar si no ha alcanzado su **deducible**.
- La cantidad que el plan paga por los servicios cubiertos se basa en la **cantidad permitida**. Si un **proveedor** no participante cobra más que la **cantidad permitida**, es posible que usted tenga que pagar la diferencia. Por ejemplo, si un hospital no participante cobra $1,500 por una noche de hospitalización y la **cantidad permitida** es de $1,000, es posible que tenga que pagar $500 de diferencia. (Esto se denomina **facturación del saldo**).
- Este plan puede motivarlo a que acuda a **proveedores** participantes al cobrarle **deducibles**, **copagos** y **coseguros** más bajos.

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| **Si visita el consultorio o la clínica de un proveedor de atención de la salud** | Visita de atención primaria para tratar una lesión o enfermedad | $30 de copago/visita | 50% de coseguro | Para otros servicios recibidos durante la visita al consultorio, es posible que se aplique un costo compartido adicional del miembro. |
| | Visita a un especialista | $55 de copago/visita | 50% de coseguro | Para otros servicios recibidos durante la visita al consultorio, es posible que se aplique un costo compartido adicional del miembro. |
| | Visita al consultorio de otro médico | Acupuntura: $30 de copago/visita | Acupuntura: 50% de coseguro | ----------Ninguna---------- |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| | Atención preventiva/pruebas de detección/inmunizaciones | Sin cargo | Sin cobertura | Los servicios de salud preventivos únicamente están cubiertos cuando son proporcionados por proveedores participantes.<br>La cobertura de los servicios cumple con los requisitos de la Affordable Care Act (ACA, Ley de Atención Médica Económica) y las leyes de California. Para obtener más detalles, consulte el contrato de su plan. |
| **Si se realiza una prueba** | Pruebas de diagnóstico (radiografías, análisis de sangre) | Análisis de laboratorio y patología en un centro independiente:<br>$35 de copago/visita<br><br>Radiografías y diagnóstico por imágenes en un centro de radiología independiente:<br>$55 de copago/visita<br><br>Otros exámenes de diagnóstico en un centro independiente:<br>$55 de copago/visita<br><br>Radiografías, análisis de laboratorio y patología, y otros exámenes en un hospital para pacientes ambulatorios:<br>$55 de copago/visita | Análisis de laboratorio y patología en un centro independiente:<br>50% de coseguro<br><br>Radiografías y diagnóstico por imágenes en un centro de radiología independiente:<br>50% de coseguro<br><br>Otros exámenes de diagnóstico en un centro independiente:<br>50% de coseguro<br><br>Radiografías, análisis de laboratorio y patología, y otros exámenes en un hospital para pacientes ambulatorios:<br>50% de coseguro hasta un máximo de $350/día | Los beneficios de esta sección corresponden a servicios de salud de diagnóstico no preventivos.<br><br>Radiografías, análisis de laboratorio y patología, y otros exámenes en un hospital para pacientes ambulatorios:<br>La cantidad máxima permitida para proveedores no participantes es de $350 por día. Los miembros son responsables del 50% de estos $350 por día, más todos los cargos que excedan los $350. |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| | Diagnóstico por imágenes (tomografía computarizada, tomografía por emisión de positrones e imágenes por resonancia magnética) | Diagnóstico por imágenes radiológicas y de medicina nuclear en un centro de radiología independiente: 20% de coseguro<br><br>Diagnóstico por imágenes radiológicas y de medicina nuclear (tomografías computarizadas, imágenes por resonancia magnética, angiografías por resonancia magnética, tomografías por emisión de positrones [CT, MRI, MRA y PET, respectivamente, por sus siglas en inglés], etc.) en un hospital para pacientes ambulatorios: 20% de coseguro | Diagnóstico por imágenes radiológicas y de medicina nuclear en un centro de radiología independiente: 50% de coseguro<br><br>Diagnóstico por imágenes radiológicas y de medicina nuclear (CT, MRI, MRA, PET, etc.) en un hospital para pacientes ambulatorios: 50% de coseguro hasta un máximo de $350/día | Los beneficios corresponden a servicios de salud de diagnóstico no preventivos.<br><br>Diagnóstico por imágenes radiológicas y de medicina nuclear (CT, MRI, MRA, PET, etc.) en un hospital para pacientes ambulatorios: La cantidad máxima permitida para proveedores no participantes es de $350 por día. Los miembros son responsables del 50% de estos $350 por día, más todos los cargos que excedan los $350. Se necesita autorización previa. |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| **Si necesita medicamentos para tratar su enfermedad o afección**<br><br>Hay más información disponible sobre la **cobertura de medicamentos recetados** en www.blueshieldca.com/bsca/pharmacy. | Medicamentos de nivel 1 | Farmacias al por menor: $15 de copago/receta<br>Farmacias de servicio por correo: $30 de copago/receta | Sin cobertura | Farmacias al por menor: Cubre un suministro de hasta 30 días.<br><br>Farmacias de servicio por correo: Cubre un suministro de hasta 90 días, excepto en el caso de los medicamentos especializados.<br><br>Para determinados medicamentos del formulario y no pertenecientes al formulario, se necesita autorización previa.<br><br>El Programa de medicamentos especializados de ciclo corto de Blue Shield permite que, en el caso de las recetas iniciales para determinados medicamentos de nivel 4, se despache un suministro de prueba de 15 días. En tales situaciones, el costo compartido de medicamento de nivel 4 se calculará de manera proporcional. Se necesita autorización previa. |
| | Medicamentos de nivel 2 | Farmacias al por menor: $55 de copago/receta<br>Farmacias de servicio por correo: $110 de copago/receta | Sin cobertura | |
| | Medicamentos de nivel 3 | Farmacias al por menor: $75 de copago/receta<br>Farmacias de servicio por correo: $150 de copago/receta | Sin cobertura | |
| | Medicamentos de nivel 4 | Farmacias al por menor y farmacias especializadas de la red:<br>20% de coseguro hasta un máximo de $250/receta<br>Farmacias de servicio por correo:<br>20% de coseguro hasta un máximo de $500/receta | Sin cobertura | |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| **Si se somete a una cirugía ambulatoria** | Tarifa del centro de atención (p. ej., centro quirúrgico ambulatorio) | 20% de coseguro | 50% de coseguro hasta un máximo de $350/día | La cantidad máxima permitida para proveedores no participantes es de $350 por día. Los miembros son responsables del 50% de estos $350 por día, más todos los cargos que excedan los $350. |
| | Honorarios del médico/cirujano | 20% de coseguro | 50% de coseguro | ----------Ninguna---------- |
| **Si necesita atención médica inmediata** | Servicios de la sala de emergencias | Tarifa de la sala de emergencias (ER, por sus siglas en inglés): $325 de copago/visita<br><br>Tarifa del médico de la sala de emergencias: Sin cargo | Tarifa de la sala de emergencias: $325 de copago/visita<br><br>Tarifa del médico de la sala de emergencias: Sin cargo | Exención del copago si hay ingreso hospitalario; se aplican los beneficios estándar de un centro hospitalario para pacientes internados.<br>Esto corresponde únicamente al cargo del hospital/centro de atención. |
| | Transporte médico de emergencia | $250 de copago/transporte | $250 de copago/transporte | ----------Ninguna---------- |
| | Atención urgente | $30 de copago/visita en un centro de atención urgente independiente | 50% de coseguro en un centro de atención urgente independiente | ----------Ninguna---------- |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| **En caso de hospitalización** | Tarifa del centro de atención (p. ej., la habitación del hospital) | 20% de coseguro | 50% de coseguro hasta un máximo de $2,000/día | La cantidad máxima permitida para proveedores no participantes es de $2,000 por día. Los miembros son responsables del 50% de estos $2,000 por día, más todos los cargos que excedan los $2,000.<br>Se necesita autorización previa para todos los servicios.<br>La omisión de la autorización previa para los servicios de trasplante especiales puede generar la falta de pago de beneficios. |
| | Honorarios del médico/cirujano | 20% de coseguro | 50% de coseguro | ----------Ninguna---------- |

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|---|---|---|---|---|
| **Si necesita atención para tratar trastornos mentales, trastornos conductuales o trastornos por el uso de sustancias adictivas** | Servicios de salud mental/conductual para pacientes ambulatorios | Servicios de salud mental de rutina para pacientes ambulatorios:<br>$30 de copago/visita<br><br>Servicios de salud mental que no son de rutina para pacientes ambulatorios:<br>Sin cargo | Servicios de salud mental de rutina para pacientes ambulatorios:<br>50% de coseguro<br><br>Servicios de salud mental que no son de rutina para pacientes ambulatorios:<br>50% de coseguro | Servicios de salud mental de rutina para pacientes ambulatorios:<br>Los servicios incluyen visitas al consultorio del profesional/médico.<br>Servicios de salud mental que no son de rutina para pacientes ambulatorios:<br>Los servicios incluyen tratamiento de salud conductual, terapia electroconvulsiva, programas intensivos para pacientes ambulatorios, programas de hospitalización parcial y estimulación magnética transcraneal. En los programas de hospitalización parcial se pueden aplicar copagos y cargos del centro más elevados por episodio de atención.<br>Se necesita autorización previa del administrador de servicios de salud mental (MHSA, por sus siglas en inglés) para los servicios de salud mental que no son de rutina para pacientes ambulatorios. |

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|---|---|---|---|---|
| | Servicios de salud mental/conductual para pacientes internados | Servicios hospitalarios de salud mental para pacientes internados:<br>20% de coseguro<br><br>Servicios residenciales de salud mental:<br>20% de coseguro<br><br>Servicios de salud mental para pacientes internados brindados por un médico:<br>20% de coseguro | Servicios hospitalarios de salud mental para pacientes internados:<br>50% de coseguro hasta un máximo de $2,000/día<br>Servicios residenciales de salud mental:<br>50% de coseguro hasta un máximo de $2,000/día<br>Servicios de salud mental para pacientes internados brindados por un médico:<br>50% de coseguro | La cantidad máxima permitida para proveedores no participantes es de $2,000 por día. Los miembros son responsables del 50% de estos $2,000 por día, más todos los cargos que excedan los $2,000.<br>Se necesita autorización previa del administrador de servicios de salud mental (MHSA). |
| | Servicios para pacientes ambulatorios con trastornos por el uso de sustancias adictivas | Servicios de rutina para el tratamiento de pacientes ambulatorios con trastornos por el uso de sustancias adictivas:<br>$30 de copago/visita<br><br>Servicios que no son de rutina para el tratamiento de pacientes ambulatorios con trastornos por el uso de sustancias adictivas:<br>Sin cargo | Servicios de rutina para el tratamiento de pacientes ambulatorios con trastornos por el uso de sustancias adictivas:<br><br>50% de coseguro<br>Servicios que no son de rutina para el tratamiento de pacientes ambulatorios con trastornos por el uso de sustancias adictivas:<br>50% de coseguro | Servicios de rutina para el tratamiento de pacientes ambulatorios con trastornos por el uso de sustancias adictivas:<br>Los servicios incluyen visitas al consultorio del profesional/médico.<br>Servicios que no son de rutina para el tratamiento de pacientes ambulatorios con trastornos por el uso de sustancias adictivas:<br>Los servicios incluyen programas de hospitalización parcial, programas intensivos para pacientes ambulatorios y tratamiento de mantenimiento y/o de desintoxicación de opioides en el consultorio. En los programas de hospitalización parcial se pueden aplicar copagos y cargos del centro más elevados por episodio de |

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|---|---|---|---|---|
| | | | | atención.<br>Se necesita autorización previa del administrador de servicios de salud mental (MHSA) para los servicios que no son de rutina para el tratamiento de pacientes ambulatorios con trastornos por el uso de sustancias adictivas. |
| | Servicios para pacientes internados con trastornos por el uso de sustancias adictivas | Servicios hospitalarios para pacientes internados con trastornos por el uso de sustancias adictivas:<br>20% de coseguro<br><br>Servicios residenciales para pacientes con trastornos por el uso de sustancias adictivas:<br>20% de coseguro<br><br>Servicios para pacientes internados con trastornos por el uso de sustancias adictivas brindados por un médico:<br>20% de coseguro | Servicios hospitalarios para pacientes internados con trastornos por el uso de sustancias adictivas:<br>50% de coseguro hasta un máximo de $2,000/día<br><br>Servicios residenciales para pacientes con trastornos por el uso de sustancias adictivas:<br>50% de coseguro hasta un máximo de $2,000/día<br><br>Servicios para pacientes internados con trastornos por el uso de sustancias adictivas brindados por un médico:<br>50% de coseguro | La cantidad máxima permitida para proveedores no participantes es de $2,000 por día. Los miembros son responsables del 50% de estos $2,000 por día, más todos los cargos que excedan los $2,000.<br>Se necesita autorización previa del administrador de servicios de salud mental (MHSA). |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| **Si está embarazada** | Atención prenatal y posnatal | Visitas al consultorio del médico para la atención previa a la concepción y al nacimiento:<br>Sin cargo<br><br>Visita al consultorio del médico para la atención después del nacimiento, primera visita:<br>Sin cargo | Prenatal:<br>50% de coseguro<br><br>Posnatal:<br>50% de coseguro | ----------Ninguna---------- |
| | Parto y todos los servicios para las pacientes internadas | 20% de coseguro | 50% de coseguro hasta un máximo de $2,000/día | La cantidad máxima permitida para proveedores no participantes es de $2,000 por día. Los miembros son responsables del 50% de estos $2,000 por día, más todos los cargos que excedan los $2,000. |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| **Si necesita ayuda para su recuperación u otros cuidados de salud especiales** | Atención de la salud a domicilio | 20% de coseguro | Sin cobertura | Cobertura limitada a 100 visitas por miembro por año civil. A menos que se autoricen previamente, los servicios de atención de la salud a domicilio y de infusión a domicilio brindados por proveedores no participantes no están cubiertos. Cuando estos servicios están autorizados previamente, usted paga el costo compartido de proveedor participante.<br>Se necesita autorización previa. |
| | Servicios de rehabilitación | Visita al consultorio:<br>$30 de copago/visita<br><br>Servicios hospitalarios para pacientes ambulatorios:<br>$30 de copago/visita | Visita al consultorio:<br>50% de coseguro<br><br>Servicios hospitalarios para pacientes ambulatorios:<br>50% de coseguro hasta un máximo de $350/día | Cobertura para los servicios de fisioterapia, terapia ocupacional y terapia respiratoria.<br><br>Servicios hospitalarios para pacientes ambulatorios:<br>La cantidad máxima permitida para proveedores no participantes es de $350 por día. Los miembros son responsables del 50% de estos $350 por día, más todos los cargos que excedan los $350. |
| | Servicios de habilitación | Visita al consultorio:<br>$30 de copago/visita<br><br>Servicios hospitalarios para pacientes ambulatorios:<br>$30 de copago/visita | Visita al consultorio:<br>50% de coseguro<br><br>Servicios hospitalarios para pacientes ambulatorios:<br>50% de coseguro hasta un máximo de $350/día | |
| | Atención de enfermería especializada | 20% de coseguro | 20% de coseguro en un centro de enfermería especializada independiente | Cobertura limitada a 100 días por miembro por período de beneficios junto con los servicios de la unidad de enfermería especializada de un hospital.<br>Se necesita autorización previa. |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| | Equipo médico duradero | 20% de coseguro | 50% de coseguro | Se necesita autorización previa. |
| | Cuidados para pacientes terminales | Sin cargo | Sin cobertura | Todos los beneficios del programa de cuidados para pacientes terminales deben contar con la autorización previa del plan. (Con excepción de la consulta previa a los cuidados para pacientes terminales). La omisión de la autorización previa puede generar la reducción o la falta de pago de beneficios. |
| **Si su hijo/a necesita atención dental o de la vista** | Examen de la vista | Sin cargo | Cobertura hasta una asignación máxima de $30 | Cobertura limitada a un examen de la vista integral por año civil. Servicios brindados por el administrador del plan de la vista (VPA, por sus siglas en inglés) de Blue Shield. |
| | Anteojos | Sin cargo | Cobertura hasta una asignación máxima de:<br>$25 para visión simple<br>$35 para bifocales con línea<br>$45 para trifocales con línea<br>$45 para lenticulares | Cobertura limitada a un par de anteojos (armazón y lentes) o a un par de lentes de contacto en lugar de los anteojos por año civil. Hay cantidades mayores disponibles para determinados tipos de lentes de contacto.<br>Servicios brindados por el administrador del plan de la vista (VPA) de Blue Shield.<br>No está sujeto al deducible médico por año civil. |

| Situación médica común | Servicios que puede necesitar | Su costo si acude a un proveedor participante | Su costo si acude a un proveedor no participante | Limitaciones y excepciones |
|---|---|---|---|---|
| | Chequeo dental | Sin cargo | 10% de coseguro | Los miembros disponen de beneficios dentales infantiles hasta que termine el mes en que cumplen 19 años.<br>La cobertura para chequeos dentales está limitada a 2 visitas por cada período de doce meses.<br>Para obtener más detalles, consulte el contrato de su plan. |

## Servicios excluidos y otros servicios cubiertos:

| **Servicios que su plan NO cubre** **(Esta no es una lista completa. Revise los documentos de su póliza o plan para conocer otros servicios excluidos).** | | |
|---|---|---|
| • Atención quiropráctica | • Tratamiento para la esterilidad | • Atención de la vista de rutina (adultos) |
| • Cirugía estética | • Atención a largo plazo | • Atención de los pies de rutina (a menos que sea para el tratamiento de la diabetes) |
| • Atención dental (adultos) | • Atención sin carácter de emergencia cuando viaje fuera de los Estados Unidos | • Programas para la pérdida de peso |
| • Audífonos | • Servicio de enfermería privado | |

| **Otros servicios cubiertos** **(Esta no es una lista completa. Revise los documentos de su póliza o plan para conocer otros servicios cubiertos y los costos de esos servicios).** | |
|---|---|
| • Acupuntura | • Atención dental (niños) (dos chequeos dentales por cada período de doce meses) |
| • Cirugía bariátrica (se necesita autorización previa; la omisión de dicha autorización puede generar la falta de pago de beneficios) | • Atención de la vista de rutina (niños) (un examen de la vista integral por año civil) |

## Sus derechos a continuar con su cobertura:

Si usted pierde la cobertura de un plan, entonces, en función de cada caso, las leyes federales y estatales pueden brindarle medidas de protección que le permitan mantener su cobertura de salud. Dichos derechos podrán ser de duración limitada y se le exigirá que pague una **prima**, que puede ser considerablemente mayor que la prima que usted paga mientras está cubierto por el plan. También se pueden aplicar otras limitaciones a sus derechos a continuar con su cobertura.

Para obtener más información sobre sus derechos a continuar con su cobertura, comuníquese con el plan al **1-855-258-3744**. También puede comunicarse con su departamento estatal de seguros, la Employee Benefits Security Administration (Administración para la Seguridad de los Beneficios del Empleado) del U.S. Department of Labor (Departamento de Trabajo de los Estados Unidos) al 1-866-444-3272, o bien visitar www.dol.gov/ebsa, o llamar al U.S. Department of Health and Human Services (Departamento de Salud y Servicios Humanos de los Estados Unidos) al 1-877-267-2323, extensión 61565, o ingresar en www.cciio.cms.gov.

**Sus derechos a reclamos y apelaciones:** Si tiene una queja o no está conforme con la negación de la cobertura de alguna reclamación correspondiente a su plan, puede presentar una **apelación** o un **reclamo**. Si tiene preguntas acerca de sus derechos o esta notificación, o si necesita asistencia, puede llamar al **1-885-258-3744** o a la Employee Benefits Security Administration del Department of Labor al 1-866-444-EBSA (3272), o bien visitar www.dol.gov/ebsa/healthreform. Además, un programa de asistencia al consumidor puede ayudarlo a presentar su **apelación**. Comuníquese con el Centro de Ayuda del Department of Managed Health Care (DMHC, Departamento de Atención de la Salud Administrada) de California al 1-888-466-2219 o visite http://www.healthhelp.ca.gov.

## ¿Brinda esta cobertura una cobertura esencial mínima?

Conforme a la Ley de Atención Médica Económica (en adelante, la ley "Affordable Care Act"), la mayoría de las personas deben tener una cobertura de atención de la salud que se considere una "cobertura esencial mínima". **Este plan o póliza efectivamente proporciona cobertura esencial mínima.**

## ¿Cumple esta cobertura con el estándar de valor mínimo?

La ley Affordable Care Act establece un estándar de valor mínimo de beneficios que debe ofrecer un plan de salud. El estándar de valor mínimo equivale al 60% (valor actuarial). **Esta cobertura de salud efectivamente cumple con el estándar de valor mínimo correspondiente a los beneficios que ofrece.**

## Servicios de acceso a idiomas:

Español (Spanish): Para obtener asistencia en español, llame al 1-866-346-7198.

Tagalo (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-346-7198.

Chino (中文): 如果需要中文的帮助，**请拨打这个号码**1-866-346-7198.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-346-7198.

Vietnamita (Tiếng Việt): Để được hỗ trợ tiếng Việt, vui lòng gọi đến số 1-866-346-7198.

Coreano (한국어): 한국어 도움이 필요하시면, 1-866-346-7198 로 전화하십시오.

Armenio (Հայերեն): Հայերեն լեզվով օգնություն ստանալու համար խնդրում ենք զանգահարել 1-866-346-7198.

Ruso (Русский): если нужна помощь на русском языке, то позвоните 1-866-346-7198.

Japonés (日本語): 日本語支援が必要な場合、1-866-346-7198 に電話をかけてください。

Persa (فارسی): برای دریافت کمک به زبان فارسی،لطفاً با شماره تلفن 1-866-346-7198 تماس بگیرید.

Panyabí (پنجابی): پنجابی وچ مدد لئی مہربانی کر کے 1-866-346-7198 تے کال کرو۔

Jemer (ភាសាខ្មែរ): សម្រាប់ជំនួយជាភាសាខ្មែរ សូមទាក់ទងមកលេខ 1-866-346-7198.

Árabe (العربية): لحصول على المساعدة في اللغة العربية ، تفضل باتصال على هذا الرقم: 1-866-346-7198.

Hmong (Hnoob): Xav tau kev pab Hnoob, thov hu rau 1-866-346-7198.

Hindi (हिन्दी): हिन्दी में सहायता के लिए, 1-866-346-7198 पर कॉल करें।

Tailandés (ไทย): สำหรับความช่วยเหลือเป็นภาษาไทย โปรดโทร 1-866-346-7198.

*Para ver ejemplos de cómo este plan podría cubrir costos usando una situación médica ficticia, consulte la siguiente página.*

## Acerca de estos ejemplos de cobertura:

Estos ejemplos muestran cómo este plan podría cubrir la atención médica en determinadas situaciones. Utilice estos ejemplos para ver, en general, cuánta protección financiera podría obtener el paciente ejemplificado si recibiera cobertura según los diferentes planes.

**Estos ejemplos no son estimadores de costos.**

No use estos ejemplos para calcular sus costos reales de este plan. La atención real y los costos serán diferentes de estos ejemplos.

Consulte la página siguiente para obtener información importante sobre estos ejemplos.

### Va a ser mamá
(parto normal)

- **Tarifa de los proveedores:** $7,540
- **El plan paga** $6,050
- **El paciente paga** $1,490

**Costos de atención ejemplificados:**

| | |
|---|---|
| Gastos hospitalarios (madre) | $2,700 |
| Atención de obstetricia de rutina | $2,100 |
| Gastos hospitalarios (bebé) | $900 |
| Anestesia | $900 |
| Pruebas de laboratorio | $500 |
| Recetas | $200 |
| Servicios de radiología | $200 |
| Vacunas, otros servicios preventivos | $40 |
| **Total** | **$7,540** |

**El paciente paga:**

| | |
|---|---|
| Deducibles | $0 |
| Copagos | $410 |
| Coseguro | $930 |
| Límites o exclusiones | $150 |
| **Total** | **$1,490** |

### Control de la diabetes tipo 2
(mantenimiento de rutina de una afección controlada)

- **Tarifa de los proveedores:** $5,400
- **El plan paga** $4,030
- **El paciente paga** $1,370

**Costos de atención ejemplificados:**

| | |
|---|---|
| Recetas | $2,900 |
| Equipo y suministros médicos | $1,300 |
| Consultas y procedimientos en el consultorio | $700 |
| Educación | $300 |
| Pruebas de laboratorio | $100 |
| Vacunas, otros servicios preventivos | $100 |
| **Total** | **$5,400** |

**El paciente paga:**

| | |
|---|---|
| Deducibles | $0 |
| Copagos | $1,040 |
| Coseguro | $250 |
| Límites o exclusiones | $80 |
| **Total** | **$1,370** |

# Preguntas y respuestas acerca de los ejemplos de cobertura:

## ¿Cuáles son algunas de las hipótesis en las que se basan los ejemplos de cobertura?

- Los costos no incluyen **primas**.
- Los costos de atención ejemplificados se basan en promedios nacionales suministrados por el U.S. Department of Health and Human Services y no son específicos de una determinada área geográfica o de un plan de salud.
- La afección del paciente no era una afección excluida o preexistente.
- Todos los servicios y tratamientos comenzaron y terminaron en el mismo período de cobertura.
- No hay otros gastos médicos para ninguno de los miembros cubiertos por este plan.
- Los gastos de desembolso se basan únicamente en el tratamiento de la afección que menciona el ejemplo.
- El paciente recibió toda la atención de **proveedores** dentro de la red. Si el paciente hubiera recibido atención de **proveedores** fuera de la red, los costos habrían sido más altos.
- Los pagos del plan y del paciente se basan en una sola persona inscrita en el plan o la póliza.

## ¿Qué muestra un ejemplo de cobertura?

En cada situación de tratamiento, los ejemplos de cobertura lo ayudan a ver cómo calcular los **deducibles**, los **copagos** y los **coseguros**. Esto también lo ayuda a ver qué gastos podrían correr por su cuenta debido a que el servicio o el tratamiento no está cubierto o el pago es limitado.

## ¿El ejemplo de cobertura prevé mis propias necesidades de atención?

✘ **No**. Los tratamientos que se muestran son solo ejemplos. La atención que usted recibiría por esta afección podría ser diferente según las indicaciones de su médico, su edad, la gravedad de su afección y muchos otros factores.

## ¿El ejemplo de cobertura prevé mis futuros gastos?

✘ **No**. Los ejemplos de cobertura no son estimadores de costos. Usted no puede usar los ejemplos para calcular los costos de una afección real. Se usan únicamente con fines comparativos. Sus propios costos serán diferentes en función de la atención que reciba, los precios de los **proveedores** y el reembolso que permita su plan de salud.

## ¿Puedo usar los ejemplos de cobertura para comparar planes?

✓ **Sí.** Cuando mire el "Resumen de beneficios y cobertura" de otros planes, encontrará los mismos ejemplos de cobertura. Cuando compare los planes, observe la casilla "El paciente paga" en cada ejemplo. Cuanto más baja sea esa cifra, más amplia será la cobertura del plan.

## ¿Hay otros costos que debería considerar al comparar los planes?

✓ **Sí.** Un costo importante es la **prima** que usted paga. Por lo general, cuanto más baja sea su **prima**, más altos serán los gastos de desembolso que usted deberá pagar; estos gastos incluyen **copagos**, **deducibles** y **coseguros**. También debe considerar las contribuciones de cuentas, tales como cuentas de ahorros para gastos médicos (HSA, por sus siglas en inglés), arreglos de gastos flexibles (FSA, por sus siglas en inglés) o cuentas de reembolsos de gastos médicos (HRA, por sus siglas en inglés), que lo ayudarán a pagar sus gastos de desembolso.

**Preguntas:** Llame al **1-855-258-3744** o visítenos en **www.blueshieldca.com**.
Si alguno de los términos subrayados en este formulario no le queda claro, consulte el Glosario. Puede ver el Glosario en **www.dol.gov/ebsa/healthreform** o llamar al **1-855-258-3744** para solicitar una copia.

Blue Shield of California is an independent member of the Blue Shield Association.

# Blue Shield Gold 80 PPO 0/30 + Child Dental

**Evidence of Coverage**

Group

An independent member of the Blue Shield Association

blue of california

COVERED CALIFORNIA

FOR SMALL BUSINESS

# Blue Shield of California

# Evidence of Coverage

## Blue Shield Gold 80 PPO 0/30 + Child Dental

### PLEASE READ THE FOLLOWING IMPORTANT NOTICES ABOUT THIS HEALTH PLAN

**Packaged Plan:** This health plan is part of a package that consists of a health plan and a dental plan which is offered at a package rate. This Evidence of Coverage describes the Benefits of the health plan as part of the package.

**This Evidence of Coverage constitutes only a summary of the health plan. The health plan contract must be consulted to determine the exact terms and conditions of coverage.**

**Notice About This Group Health Plan:** Blue Shield makes this health plan available to Employees through a contract with the Employer. The Group Health Service Contract (Contract) includes the terms in this Evidence of Coverage, as well as other terms. A copy of the Contract is available upon request. A Summary of Benefits is provided with, and is incorporated as part of, the Evidence of Coverage. The Summary of Benefits sets forth the Member's share-of-cost for Covered Services under the benefit Plan.

Please read this Evidence of Coverage carefully and completely to understand which services are Covered Services, and the limitations and exclusions that apply to the Plan. Pay particular attention to those sections of the Evidence of Coverage that apply to any special health care needs.

Blue Shield provides a matrix summarizing key elements of this Blue Shield health Plan at the time of enrollment. This matrix allows individuals to compare the health plans available to them. The Evidence of Coverage is available for review prior to enrollment in the Plan.

For questions about this Plan, please contact Blue Shield Customer Service at the address or telephone number provided on the back page of this Evidence of Coverage.

**Notice About Plan Benefits:** No Member has the right to receive Benefits for services or supplies furnished following termination of coverage, except as specifically provided under the Extension of Benefits provision, and when applicable, the Continuation of Group Coverage provision in this Evidence of Coverage.

Benefits are available only for services and supplies furnished during the term this health plan is in effect and while the individual claiming Benefits is actually covered by this group Contract.

Benefits may be modified during the term as specifically provided under the terms of this Evidence of Coverage, the group Contract or upon renewal. If Benefits are modified, the revised Benefits (including any reduction in Benefits or the elimination of Benefits) apply for services or supplies furnished on or after the effective date of modification. There is no vested right to receive the Benefits of this Plan.

**Notice About Reproductive Health Services:** Some hospitals and other providers do not provide one or more of the following services that may be covered under your Plan contract and that you or your family member might need: family planning; contraceptive services, including emergency contraception; sterilization, including tubal ligation at the time of labor and delivery; infertility treatments; or abortion. You should obtain more information before you enroll. Call your prospective doctor, medical group, indepen-

dent practice association, or clinic, or call the health plan at Blue Shield's Customer Service telephone number provided on the back page of this Evidence of Coverage to ensure that you can obtain the health care services that you need.

**Notice About Contracted Providers:** Blue Shield contracts with Hospitals and Physicians to provide services to Members for specified rates. This contractual arrangement may include incentives to manage all services provided to Members in an appropriate manner consistent with the contract. To learn more about this payment system, contact Customer Service.

**Notice About Health Information Exchange Participation:** Blue Shield participates in the **California Integrated Data Exchange (Cal INDEX)** Health Information Exchange ("HIE") making its Members' health information available to Cal INDEX for access by their authorized health care providers. Cal INDEX is an independent, not-for-profit organization that maintains a statewide database of electronic patient records that includes health information contributed by doctors, health care facilities, health care service plans, and health insurance companies. Authorized health care providers (including doctors, nurses, and hospitals) may securely access their patients' health information through the Cal INDEX HIE to support the provision of safe, high-quality care.

Cal INDEX respects Members' right to privacy and follows applicable state and federal privacy laws. Cal INDEX uses advanced security systems and modern data encryption techniques to protect Members' privacy and the security of their personal information. The Cal INDEX notice of privacy practices is posted on its website at www.calindex.org.

Every Blue Shield Member has the right to direct Cal INDEX not to share their health information with their health care providers. Although opting out of Cal INDEX may limit your health care provider's ability to quickly access important health care information about you, a Member's health insurance or health plan benefit coverage will not be affected by an election to opt-out of Cal INDEX. No doctor or hospital participating in Cal INDEX will deny medical care to a patient who chooses not to participate in the Cal INDEX HIE.

Members who do not wish to have their healthcare information displayed in Cal INDEX, should fill out the online form at **www.calindex.org/opt-out** or call Cal INDEX at **(888) 510-7142**.

# Blue Shield of California

## Subscriber Bill of Rights

As a Blue Shield Subscriber, you have the right to:

1) Receive considerate and courteous care, with respect for your right to personal privacy and dignity.
2) Receive information about all health services available to you, including a clear explanation of how to obtain them.
3) Receive information about your rights and responsibilities.
4) Receive information about your health plan, the services we offer you, the Physicians and other practitioners available to care for you.
5) Have reasonable access to appropriate medical services.
6) Participate actively with your Physician in decisions regarding your medical care. To the extent permitted by law, you also have the right to refuse treatment.
7) A candid discussion of appropriate or Medically Necessary treatment options for your condition, regardless of cost or benefit coverage.
8) Receive from your Physician an understanding of your medical condition and any proposed appropriate or Medically Necessary treatment alternatives, including available success/outcomes information, regardless of cost or benefit coverage, so you can make an informed decision before you receive treatment.
9) Receive preventive health services.
10) Know and understand your medical condition, treatment plan, expected outcome, and the effects these have on your daily living.
11) Have confidential health records, except when disclosure is required by law or permitted in writing by you. With adequate notice, you have the right to review your medical record with your Physician.
12) Communicate with and receive information from Customer Service in a language you can understand.
13) Know about any transfer to another Hospital, including information as to why the transfer is necessary and any alternatives available.
14) Be fully informed about the Blue Shield grievance procedure and understand how to use it without fear of interruption of health care.
15) Voice complaints or grievances about the health plan or the care provided to you.
16) Participate in establishing Public Policy of the Blue Shield health plan, as outlined in your Evidence of Coverage.

# Blue Shield of California

## Subscriber Responsibilities

As a Blue Shield Subscriber, you have the responsibility to:

1) Carefully read all Blue Shield materials immediately after you are enrolled so you understand how to use your Benefits and how to minimize your out of pocket costs. Ask questions when necessary. You have the responsibility to follow the provisions of your Blue Shield membership as explained in the Evidence of Coverage.
2) Maintain your good health and prevent illness by making positive health choices and seeking appropriate care when it is needed.
3) Provide, to the extent possible, information that your Physician, and/or Blue Shield need to provide appropriate care for you.
4) Understand your health problems and take an active role in developing treatment goals with your medical care provider, whenever possible.
5) Follow the treatment plans and instructions you and your Physician have agreed to and consider the potential consequences if you refuse to comply with treatment plans or recommendations.
6) Ask questions about your medical condition and make certain that you understand the explanations and instructions you are given.
7) Make and keep medical appointments and inform your Physician ahead of time when you must cancel.
8) Communicate openly with the Physician you choose so you can develop a strong partnership based on trust and cooperation.
9) Offer suggestions to improve the Blue Shield Plan.
10) Help Blue Shield to maintain accurate and current medical records by providing timely information regarding changes in address, family status and other health plan coverage.
11) Notify Blue Shield as soon as possible if you are billed inappropriately or if you have any complaints.
12) Treat all Blue Shield personnel respectfully and courteously as partners in good health care.
13) Pay your Premiums, Copayments, Coinsurance and charges for non-covered services on time.
14) For all Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services, follow the treatment plans and instructions agreed to by you and the Mental Health Services Administrator (MHSA) and obtain prior authorization as required.
15) Follow the provisions of the Blue Shield Benefits Management Program.

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# Blue Shield Gold 80 PPO 0/30 + Child Dental

## Summary of Benefits

The Summary of Benefits is provided with, and is incorporated as part of, the Evidence of Coverage. It sets forth the Member's share-of-costs for Covered Services under the benefit plan. Please read both documents carefully for a complete description of provisions, benefits, exclusions, and other important information pertaining to this benefit plan.

This health plan uses the Full PPO Provider Network.

**See the end of this Summary of Benefits for endnotes providing important additional information.**

## Summary of Benefits

**PPO Plan**

| Calendar Year Medical Deductible | Member Deductible Responsibility | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers[3]** | **Services by any combination of Preferred, Participating, Other Providers,[3] Non-Preferred and Non-Participating Providers** |
| **Calendar Year Medical Deductible** | None | |

| Calendar Year Out-of-Pocket Maximum [1] | Member Maximum Calendar Year Out-of-Pocket Amount [1, 2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by any combination of Preferred, Participating, Other Providers,[3] Non-Preferred and Non-Participating Providers** |
| **Calendar Year Out-of-Pocket Maximum** | $6,750 per Member/<br>$13,500 per Family | $10,000 per Member/<br>$20,000 per Family |

| Maximum Lifetime Benefits | Maximum Blue Shield Payment | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers** |
| **Lifetime Benefit Maximum** | No maximum | |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Acupuncture Benefits** | | |
| Acupuncture services – office location | $30 per visit | 50% |
| **Allergy Testing and Treatment Benefits** | | |
| Allergy serum purchased separately for treatment | 20% | 50% |
| Primary Care Physician office visits (includes visits for allergy serum injections) | $30 per visit | 50% |
| Specialist Physician office visits (includes visits for allergy serum injections) | $55 per visit | 50% |
| **Ambulance Benefits** | | |
| Emergency or authorized transport | $250 | $250 |
| **Ambulatory Surgery Center Benefits**<br>Note: Participating Ambulatory Surgery Centers may not be available in all areas. Outpatient ambulatory surgery services may also be obtained from a Hospital or an Ambulatory Surgery Center that is affiliated with a Hospital, and will be paid according to the Hospital Benefits (Facility Services) section of this Summary of Benefits. | | |
| Ambulatory Surgery Center outpatient surgery facility services | 20% | 50% of up to $350 per day |
| Ambulatory Surgery Center outpatient surgery Physician services | 20% | 50% |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Bariatric Surgery**<br>All bariatric surgery services must be prior authorized, in writing, from Blue Shield's Medical Director. Prior authorization is required for all Members, whether residents of a designated or non-designated county. | | |
| **Bariatric Surgery Benefits for residents of designated counties in California**<br>All bariatric surgery services for residents of designated counties in California must be provided by a Preferred Bariatric Surgery Services Provider.<br>Travel expenses may be covered under this Benefit for residents of designated counties in California. See the Bariatric Surgery Benefits section, Bariatric Travel Expense Reimbursement For Residents of Designated Counties, in the Principal Benefits and Coverages (Covered Services) section of the Evidence of Coverage for further details. | | |
| Hospital inpatient services | 20% | Not covered |
| Hospital outpatient services | 20% | Not covered |
| Physician bariatric surgery services | 20% | Not covered |
| **Bariatric Surgery Benefits for residents of non-designated counties in California** | | |
| Hospital inpatient services | 20% | 50% of up to $2,000 per day |
| Hospital outpatient services | 20% | 50% of up to $350 per day |
| Physician bariatric surgery services | 20% | 50% |
| **Chiropractic Benefits** | | |
| Chiropractic services – office location | Not covered | Not covered |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Clinical Trial for Treatment of Cancer or Life-Threatening Conditions Benefits** | | |
| Clinical Trial for Treatment of Cancer or Life Threatening Conditions<br>Covered Services for Members who have been accepted into an approved clinical trial when prior authorized by Blue Shield. | Services for routine patient care will be paid on the same basis and at the same Benefit levels as other Covered Services. | Services for routine patient care will be paid on the same basis and at the same Benefit levels as other Covered Services. |
| **Diabetes Care Benefits** | | |
| Devices, equipment and supplies [5] | 20% | 50% |
| Diabetes self-management training – office location | You pay nothing | 50% |
| **Dialysis Center Benefits** | | |
| Dialysis services<br>Note: Dialysis services may also be obtained from a Hospital. Dialysis services obtained from a Hospital will be paid at the Participating or Non-Participating level as specified under Hospital Benefits (Facility Services) in this Summary of Benefits. | 20% | 50% of up to $300 per day |
| **Durable Medical Equipment Benefits** | | |
| Breast pump | You pay nothing | Not covered |
| Other Durable Medical Equipment | 20% | 50% |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Emergency Room Benefits** | | |
| Emergency Room Physician services not resulting in admission<br>Note: After services have been provided, Blue Shield may conduct a retrospective review. If this review determines that services were provided for a medical condition that a person would not have reasonably believed was an emergency medical condition, Benefits will be paid at the applicable Participating or Non-Participating Provider levels as specified under Professional Benefits, "Outpatient Physician Services other than an office setting" in this Summary of Benefits. | You pay nothing | You pay nothing |
| Emergency Room Physician services resulting in admission<br><br>Note: Billed as part of inpatient Hospital services. | You pay nothing | You pay nothing |
| Emergency Room services not resulting in admission<br>Note: After services have been provided, Blue Shield may conduct a retrospective review. If this review determines that services were provided for a medical condition that a person would not have reasonably believed was an emergency medical condition, Benefits will be paid at the applicable Participating or Non-Participating Provider levels as specified under Hospital Benefits (Facility Services), "Outpatient Services for treatment of illness or injury, radiation therapy, chemotherapy and necessary supplies" in this Summary of Benefits. | $325 | $325 |
| Emergency Room services resulting in admission<br><br>Note: Billed as part of inpatient Hospital services. | 20% | 20% |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Family Planning Benefits [6]**<br>Note: Copayments listed in this section are for outpatient Physician services only. If services are performed at a facility (Hospital, Ambulatory Surgery Center, etc.), the facility Copayment listed under the applicable facility benefit in the Summary of Benefits will also apply, except for insertion and/or removal of intrauterine device (IUD), an intrauterine device (IUD), and tubal ligation. | | |
| Counseling, consulting, and education<br>(Including Physician office visit for diaphragm fitting, injectable contraceptives or implantable contraceptives.) | You pay nothing | Not covered |
| Diaphragm fitting procedure | You pay nothing | Not covered |
| Implantable contraceptives | You pay nothing | Not covered |
| Infertility services | Not covered | Not covered |
| Injectable contraceptives | You pay nothing | Not covered |
| Insertion and/or removal of intrauterine device (IUD) | You pay nothing | Not covered |
| Intrauterine device (IUD) | You pay nothing | Not covered |
| Tubal ligation | You pay nothing | Not covered |
| Vasectomy | 20% | Not covered |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Home Health Care Benefits** | | |
| Home health care agency services<br>(Including home visits by a nurse, home health aide, medical social worker, physical therapist, speech therapist or occupational therapist.)<br>Up to a maximum of 100 visits per Member, per Calendar Year, by home health care agency providers.<br>If your benefit plan has a Calendar Year Medical Deductible, the number of visits starts counting toward the maximum when services are first provided even if the Calendar Year Medical Deductible has not been met. | 20% | Not covered [7] |
| Medical supplies | 20% | Not covered [7] |
| **Home Infusion/Home Injectable Therapy Benefits** | | |
| Hemophilia home infusion services<br>Services provided by a hemophilia infusion provider and prior authorized by Blue Shield. Includes blood factor product. | 20% | Not covered [7] |
| Home infusion/home intravenous injectable therapy provided by a Home Infusion Agency<br>Note: Non-intravenous self-administered injectable drugs are covered under the Outpatient Prescription Drug Benefit. | 20% | Not covered [7] |
| Home visits by an infusion nurse<br>Hemophilia home infusion nursing visits are not subject to the Home Health Care and Home Infusion/Home Injectable Therapy Benefits Calendar Year visit limitation. | 20% | Not covered [7] |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Hospice Program Benefits**<br>Covered Services for Members who have been accepted into an approved Hospice Program<br>The Hospice Program Benefit must be prior authorized by Blue Shield and must be received from a Participating Hospice Agency. | | |
| 24-hour continuous home care | You pay nothing | Not covered [8] |
| Short-term inpatient care for pain and symptom management | You pay nothing | Not covered [8] |
| Inpatient respite care | You pay nothing | Not covered [8] |
| Pre-hospice consultation | You pay nothing | Not covered [8] |
| Routine home care | You pay nothing | Not covered [8] |
| **Hospital Benefits (Facility Services)** | | |
| Inpatient Facility Services<br>Semi-private room and board, services and supplies, including Subacute Care.<br>For bariatric surgery services, see the "Bariatric Surgery" section in this Summary of Benefits. | 20% | 50% of up to $2,000 per day |
| Inpatient skilled nursing services, including Subacute Care<br>Up to a maximum of 100 days per Member, per Benefit Period, except when received through a Hospice Program provided by a Participating Hospice Agency. This day maximum is a combined Benefit maximum for all skilled nursing services whether rendered in a Hospital or a free-standing Skilled Nursing Facility.<br>If your benefit plan has a Calendar Year Medical Deductible, the number of days counts towards the day maximum even if the Calendar Year Medical Deductible has not been met. | 20% | 50% of up to $2,000 per day |
| Inpatient services to treat acute medical complications of detoxification | 20% | 50% of up to $2,000 per day |
| Outpatient dialysis services | 20% | 50% of up to $300 per day |
| Outpatient Facility services | 20% | 50% of up to $350 per day |
| Outpatient services for treatment of illness or injury, radiation therapy, chemotherapy, and supplies | 20% | 50% of up to $350 per day |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Medical Treatment for the Teeth, Gums, Jaw Joints, or Jaw Bones Benefits**<br>Treatment of gum tumors, damaged natural teeth resulting from Accidental Injury, TMJ as specifically stated, and orthognathic surgery for skeletal deformity. | | |
| Ambulatory Surgery Center outpatient surgery facility services | 20% | 50% of up to $350 per day |
| Inpatient Hospital services | 20% | 50% of up to $2,000 per day |
| Office location | $30 per visit | 50% |
| Outpatient department of a Hospital | 20% | 50% of up to $350 per day |

| Benefit | Member Copayment [2] | |
|---|---|---|
| **Mental Health, Behavioral Health, and Substance Use Disorder Benefits [10]**<br>All Services provided through Blue Shield's Mental Health Service Administrator (MHSA). | **Services by MHSA Participating Providers** | **Services by MHSA Non-Participating Providers [9]** |
| **Mental Health and Behavioral Health – Inpatient Services** | | |
| Inpatient Hospital services | 20% | 50% of up to $2,000 per day [10, 11] |
| Inpatient Professional (Physician) services | 20% | 50% |
| Residential care | 20% | 50% of up to $2,000 per day |
| **Mental Health and Behavioral Health – Routine Outpatient Services** | | |
| Professional (Physician) office visits | $30 per visit | 50% |
| **Mental Health and Behavioral Health – Non-Routine Outpatient Services** | | |
| Behavioral Health Treatment in home or other non-institutional setting | You pay nothing | 50% |
| Behavioral Health Treatment in an office-setting | You pay nothing | 50% |
| Electroconvulsive Therapy (ECT) [13] | You pay nothing | 50% |
| Intensive Outpatient Program [13] | You pay nothing | 50% |
| Transcranial magnetic stimulation | You pay nothing | 50% |
| Partial Hospitalization Program [12] | You pay nothing | 50% per episode of up to $350 per day |
| Psychological testing to determine mental health diagnosis (outpatient diagnostic testing)<br>Note: For diagnostic laboratory services, see the "Outpatient diagnostic laboratory services, including Papanicolaou test" section of this Summary of Benefits. And for diagnostic X-ray and imaging services, see the "Outpatient diagnostic X-ray and imaging services, including mammography" section of this Summary of Benefits. | You pay nothing | 50% of up to $350 per day |
| **Substance Use Disorder – Inpatient Services** | | |
| Inpatient Hospital services | 20% | 50% of up to $2,000 per day |
| Inpatient Professional (Physician) services – Substance Use Disorder | 20% | 50% |

| Benefit | Member Copayment [2] | |
|---|---|---|
| **Mental Health, Behavioral Health, and Substance Use Disorder Benefits [10]**<br>All Services provided through Blue Shield's Mental Health Service Administrator (MHSA). | **Services by MHSA Participating Providers** | **Services by MHSA Non-Participating Providers [9]** |
| Residential care | 20% | 50% of up to $2,000 per day |
| **Substance Use Disorder – Routine Outpatient Services** | | |
| Professional (Physician) office visits | $30 per visit | 50% |
| **Substance Use Disorder – Non Routine Outpatient Services** | | |
| Intensive Outpatient Program [13] | You pay nothing | 50% |
| Office-based opioid detoxification and/or maintenance therapy | You pay nothing | 50% |
| Partial Hospitalization Program [12] | You pay nothing | 50% per episode of up to $350 per day |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Orthotics Benefits** | | |
| Office visits | $30 per visit | 50% |
| Orthotic equipment and devices | 20% | 50% |

| Benefit | Member Copayment [2, 16, 17] | |
|---|---|---|
| **Outpatient Prescription Drug (Pharmacy) Benefits [14, 18]** | **Participating Pharmacy** | **Non-Participating Pharmacy** |
| **Retail Pharmacies (up to 30-day supply)** | | |
| Contraceptive Drugs and Devices [15] | You pay nothing | Not covered |
| Tier 1 Drugs | $15 per prescription | Not covered |
| Tier 2 Drugs | $55 per prescription | Not covered |
| Tier 3 Drugs | $75 per prescription | Not covered |
| Tier 4 Drugs (excluding Specialty Drugs) | 20% up to $250 | Not covered |
| **Mail Service Pharmacies (up to 90-day supply)** | | |
| Contraceptive Drugs and Devices [15] | You pay nothing | Not covered |
| Tier 1 Drugs | $30 per prescription | Not covered |
| Tier 2 Drugs | $110 per prescription | Not covered |
| Tier 3 Drugs | $150 per prescription | Not covered |
| Tier 4 Drugs (excluding Specialty Drugs) | 20% up to $500 | Not covered |
| **Network Specialty Pharmacies** | | |
| Tier 4 Drugs | 20% up to $250 | Not covered |
| **Oral Anticancer Medications** | 20% up to $200 for 30-day supply | Not covered |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Outpatient X-Ray, Imaging, Pathology, and Laboratory Benefits**<br>Note: Benefits are for diagnostic, non-preventive health services and for diagnostic radiological procedures, such as CT scans, MRIs, MRAs and PET scans, etc. For Benefits for Preventive Health Services, see the "Preventive Health Benefits" section of this Summary of Benefits. | | |
| Diagnostic laboratory services, including Papanicolaou test, from an Outpatient Laboratory Center<br>Note: Participating Laboratory Centers may not be available in all areas. Laboratory services may also be obtained from a Hospital or from a laboratory center that is affiliated with a Hospital. | $35 per visit | 50% |
| Diagnostic laboratory services, including Papanicolaou test, from an outpatient department of a Hospital | $35 per visit | 50% of up to $350 per day |
| Diagnostic X-ray and imaging services, including mammography, from an Outpatient Radiology Center<br>Note: Participating Radiology Centers may not be available in all areas. Radiology services may also be obtained from a Hospital or from a radiology center that is affiliated with a Hospital. | $55 per visit | 50% |
| Diagnostic X-ray and imaging services, including mammography, from an outpatient department of a Hospital | $55 per visit | 50% of up to $350 per day |
| Outpatient diagnostic testing – Other<br>Testing in an office location to diagnose illness or injury such as vestibular function tests, EKG, ECG, cardiac monitoring, non-invasive vascular studies, sleep medicine testing, muscle and range of motion test, EEG and EMG. | $55 per visit | 50% |
| Outpatient diagnostic testing – Other<br>Testing in an outpatient department of a Hospital to diagnose illness or injury, such as vestibular function tests, EKG, ECG, cardiac monitoring, non-invasive vascular studies, sleep medicine testing, muscle and range of motion test, EEG and EMG. | $55 per visit | 50% of up to $350 per day |
| Radiological and Nuclear Imaging services<br>Services provided in the outpatient department of a Hospital. Prior authorization is required. Please see the Benefits Management Program section in the Evidence of Coverage for specific information. | 20% | 50% of up to $350 per day |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| Radiological and Nuclear Imaging services<br><br>Services provided in the outpatient department at a Free Standing Radiology Center. Prior authorization is required. Please see the Benefits Management Program section in the Policy for specific information. | 20% | 50% |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **PKU Related Formulas and Special Food Products Benefits** | | |
| PKU | 20% | 20% |
| **Podiatric Benefits** | | |
| Podiatric Services | $55 per visit | 50% |
| **Pregnancy and Maternity Care Benefits**<br>Note: Routine newborn circumcision is only covered as described in the Covered Services section of the Evidence of Coverage. Services will be covered as any other surgery and paid as noted in this Summary of Benefits. | | |
| Inpatient Hospital services for normal delivery, Cesarean section, and complications of pregnancy | 20% | 50% of up to $2,000 per day |
| Delivery and all inpatient physician services | 20% | 50% |
| Prenatal and preconception Physician office visit: initial visit | You pay nothing | 50% |
| Prenatal and preconception Physician office visit: subsequent visits, including prenatal diagnosis of genetic disorders of the fetus by means of diagnostic procedures in cases of high-risk pregnancy | You pay nothing | 50% |
| Postnatal Physician office visit: initial visit | You pay nothing | 50% |
| Abortion services<br>Copayment/Coinsurance shown is for physician services in the office or outpatient facility. If the procedure is performed in a facility setting (hospital or outpatient surgery center), an additional facility Copayment/Coinsurance may apply. | 20% | 50% |
| **Preventive Health Benefits [19]** | | |
| Preventive Health Services<br>See Preventive Health Services, in the Principal Benefits and Coverages (Covered Services) section of the Evidence of Coverage, for more information. | You pay nothing | Not covered |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Professional Benefits** | | |
| Inpatient Physician Services<br>For bariatric surgery services, see the "Bariatric Surgery" section in this Summary of Benefits. | 20% | 50% |
| Outpatient Physician services, other than an office setting | 20% | 50% |
| Physician home visits | $55 per visit | 50% |
| Primary Care Physician office visits<br>Note: For other services with the office visit, you may incur an additional Copayment as listed for that service within this Summary of Benefits. | $30 per visit | 50% |
| Other practitioner office visit | $30 per visit | 50% |
| Physician services in an Urgent Care Center | $30 per visit | 50% |
| Specialist Physician office visits | $55 per visit | 50% |
| Teladoc consultations<br>Teladoc consultations for primary care services provide confidential consultations using a network of board certified Physicians when your Physician's office is closed or you need quick access to a Physician. Teladoc Physicians are available 24 hours a day by telephone and from 7 a.m. to 9 p.m. over secure video, 7 days a week. See Professional Benefits in the Principal Benefits and Coverages (Covered Services) section of the Evidence of Coverage for detailed information. | $5 per consultation | Not covered |
| **Prosthetic Appliance Benefits** | | |
| Office visits | $30 per visit | 50% |
| Prosthetic equipment and devices | 20% | 50% |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Reconstructive Surgery Benefits**<br>For Physician services for these Benefits, see the "Professional Benefits" section of this Summary of Benefits. | | |
| Ambulatory Surgery Center outpatient surgery facility services | 20% | 50% of up to $350 per day |
| Inpatient Hospital services | 20% | 50% of up to $2,000 per day |
| Outpatient department of a Hospital | 20% | 50% of up to $350 per day |
| **Rehabilitation and Habilitative Services Benefits (Physical, Occupational and Respiratory Therapy)**<br>Rehabilitation and Habilitative Services may also be obtained from a Hospital or SNF as part of an inpatient stay in one of those facilities. In this instance, Covered Services will be paid at the Participating or Non-Participating level as specified under the applicable section, Hospital Benefits (Facility Services) or Skilled Nursing Facility Benefits, of this Summary of Benefits. | | |
| Office location | $30 per visit | 50% |
| Outpatient department of a Hospital | $30 per visit | 50% of up to $350 per day |
| **Skilled Nursing Facility (SNF) Benefits** | | |
| Skilled nursing services by a free-standing Skilled Nursing Facility<br>Up to a maximum of 100 days per Member, per Benefit Period, except when received through a Hospice Program provided by a Participating Hospice Agency. This day maximum is a combined Benefit maximum for all skilled nursing services whether rendered in a Hospital or a free-standing SNF.<br>If your benefit plan has a Calendar Year Medical Deductible, the number of days counts towards the day maximum even if the Calendar Year Medical Deductible has not been met. | 20% | 20% |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred, Participating, and Other Providers [3]** | **Services by Non-Preferred and Non-Participating Providers [4]** |
| **Speech Therapy Benefits**<br>Speech Therapy Services may also be obtained from a Hospital or SNF as part of an inpatient stay in one of those facilities. In this instance, Covered Services will be paid at the Participating or Non-Participating level as specified under the applicable section, Hospital Benefits (Facility Services) or Skilled Nursing Facility Benefits, of this Summary of Benefits. | | |
| Office location | $30 per visit | 50% |
| Outpatient department of a Hospital | $30 per visit | 50% of up to $350 per day |
| **Transplant Benefits – Tissue and Kidney**<br>Organ Transplant Benefits for transplant of tissue or kidney. | | |
| Hospital services | 20% | 50% of up to $2,000 per day |
| Professional (Physician) services | 20% | 50% |
| **Transplant Benefits – Special**<br>Blue Shield requires prior authorization for all Special Transplant Services, and all services must be provided at a Special Transplant Facility designated by Blue Shield.<br>See the Transplant Benefits – Special Transplants section of the Principal Benefits (Covered Services) section in the Evidence of Coverage for important information on this Benefit. | | |
| Facility services in a Special Transplant Facility | 20% | Not covered |
| Professional (Physician) services | 20% | Not covered |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred and Participating Provider** | **Services by Non-Preferred and Non-Participating Provider [3, 21]** |
| **Pediatric Vision Benefits**<br>Pediatric vision benefits are available for members through the end of the month in which the member turns 19.<br>All Services provided through Blue Shield's Vision Plan Administrator (VPA).[24] | | |
| **Comprehensive examination[20]**<br>One comprehensive eye examination per Calendar Year.<br>Includes dilation, if professionally indicated. | | |
| Ophthalmologic<br>New Patient (S0620)<br>Established Patient (S0621) | You pay nothing | You pay nothing up to $30 |
| Optometric<br>New Patient (92002/92004)<br>Established Patient (92012/92014) | You pay nothing | You pay nothing up to $30 |
| **Eyewear/materials**<br>One pair of eyeglasses (frames and lenses) or contact lenses in lieu of eyeglasses per Calendar Year (unless otherwise noted) as follows: | | |
| **Lenses**<br>Lenses include choice of glass or plastic lenses, all lens powers (single vision, bifocal, trifocal, lenticular), fashion or gradient tint, scratch coating, oversized, and glass-grey #3 prescription sunglass. | | |
| Single Vision (V2100-V2199) | You pay nothing | You pay nothing up to $25 |
| Lined Bifocal (V2200-V2299) | You pay nothing | You pay nothing up to $35 |
| Lined Trifocal (V2300-V2399) | You pay nothing | You pay nothing up to $45 |
| Lenticular (V2121, V2221, V2321) | You pay nothing | You pay nothing up to $45 |
| **Optional Lenses and Treatments** | | |
| Ultraviolet Protective Coating (standard only) | You pay nothing | Not covered |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred and Participating Provider** | **Services by Non-Preferred and Non-Participating Provider [3, 21]** |
| Polycarbonate Lenses | You pay nothing | Not covered |
| Standard Progressive Lenses | You pay nothing | Not covered |
| Premium Progressive Lenses | $95 | Not covered |
| Anti-Reflective Lens Coating (standard only) | $35 | Not covered |
| Photochromic- Glass Lenses | $25 | Not covered |
| Photochromic- Plastic Lenses | You pay nothing | Not covered |
| Hi Index Lenses | $30 | Not covered |
| Polarized Lenses | $45 | Not covered |
| **Frames[22]** | | |
| Collection frames | You pay nothing | You pay nothing up to $40 |
| Non-Collection frames | You pay nothing up to $150 | You pay nothing up to $40 |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred and Participating Provider** | **Services by Non-Preferred and Non-Participating Provider [3, 21]** |
| **Contact Lenses [23]** | | |
| Non-Elective (Medically Necessary) – Hard or soft [25] | You pay nothing | You pay nothing up to $225 |
| Elective (Cosmetic/Convenience) – Standard hard<br>(V2500, V2510) | You pay nothing | You pay nothing up to $75 |
| Elective (Cosmetic/Convenience) – Standard soft (V2520)<br>One pair per month, up to 6 months, per Calendar Year. | You pay nothing | You pay nothing up to $75 |
| Elective (Cosmetic/Convenience) – Non-standard hard (V2501-V2503, V2511-V2513, V2530-V2531) | You pay nothing | You pay nothing up to $75 |
| Elective (Cosmetic/Convenience) – Non-standard soft (V2521-V2523)<br>One pair per month, up to 3 months, per Calendar Year. | You pay nothing | You pay nothing up to $75 |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred and Participating Provider** | **Services by Non-Preferred and Non-Participating Provider [3, 21]** |
| **Low Vision Testing and Equipment [25]** | | |
| Comprehensive Low Vision Exam<br>Once every 5 Calendar Years. | You pay nothing | Not covered |
| Low Vision Devices<br>One aid per Calendar Year. | You pay nothing | Not covered |
| **Diabetes Management Referral** | You pay nothing | Not covered |

| Benefit | Member Copayment [2] | |
|---|---|---|
| | **Services by Preferred and Participating Provider** | **Services by Non-Preferred and Non-Participating Provider [3, 21]** |
| **Pediatric Dental Benefits [26]**<br>Pediatric dental benefits are available for Members through the end of the month in which the Member turns 19. | | |
| **Diagnostic and Preventive** | | |
| Oral exam | You pay nothing | 10% |
| Preventive - Cleaning | You pay nothing | 10% |
| Preventive - X-ray | You pay nothing | 10% |
| Sealants per Tooth | You pay nothing | 10% |
| Topical Fluoride Application | You pay nothing | 10% |
| Space Maintainers - Fixed | You pay nothing | 10% |
| **Basic Services [27]** | | |
| Restorative Procedures | 20% | 30% |
| Periodontal Maintenance Services | 20% | 30% |
| **Major Services [27]** | | |
| Crowns and Casts | 50% | 50% |
| Endodontics | 50% | 50% |
| Periodontics (other than maintenance) | 50% | 50% |
| Prosthodontics | 50% | 50% |
| Oral Surgery | 50% | 50% |
| **Orthodontics [27,28]** | | |
| Medically Necessary Orthodontics | 50% | 50% |

## Summary of Benefits

### Endnotes:

1. For an individual on a family coverage plan, a Member can receive 100% benefits for covered services once the individual out-of-pocket maximum is met in a calendar year and before the family out-of-pocket maximum is met.

   Copayments or Coinsurance for Covered Services accrue to the Calendar Year Out-of-Pocket Maximum except Copayments or Coinsurance for:

   Charges in excess of specified benefit maximums

   Bariatric surgery: covered travel expenses for bariatric surgery

   Note: Copayments, Coinsurance, and charges for services not accruing to the Calendar Year Out-of-Pocket Maximum continue to be the Member's responsibility after the Calendar Year Out-of-Pocket Maximum is reached.

2. Any Coinsurance is calculated based on the Allowable Amount unless otherwise specified.

3. For Covered Services from Other Providers, you are responsible for applicable Deductible, Copayment/Coinsurance and all charges above the Allowable Amount.

4. For Covered Services by Non-Preferred and Non-Participating Providers you are responsible for all charges above the Allowable Amount. Covered Services by Non-Preferred and Non-Participating Providers that are prior authorized as Preferred or Participating will be covered as a Preferred and Participating Provider Benefit.

5. Professional (Physician) office visit copayment/coinsurance may also apply.

6. Family Planning Services are only covered when provided by Participating or Preferred Providers.

7. Services from a Non-Participating Home Health Care/Home Infusion Agency are not covered unless prior authorized. When services are authorized, the Member's Copayment or Coinsurance will be calculated at the Participating Provider level, based upon the agreed upon rate between Blue Shield and the agency.

8. Services from a Non-Participating Hospice Agency are not covered unless prior authorized. When Services are authorized, the Member's Copayment or Coinsurance will be calculated at the Participating Provider level, based upon the agreed upon rate between Blue Shield and the agency.

9. For Covered Services from Non-Participating MHSA Providers, you are responsible for a Copayment/Coinsurance and all charges above the Allowable Amount.

10. Prior authorization from the MHSA is required for all non-Emergency or non-Urgent Inpatient Services, Non-Routine Outpatient Mental Health Services and Behavioral Health Treatment, and Outpatient Substance Use Disorder Services. No prior authorization is required for Routine Outpatient Mental Health Services and Behavioral Health Treatment, and Outpatient Substance Use Disorder Services – Professional (Physician) Office Visit.

11. For Emergency Services from a MHSA Non-Participating Hospital, the Member's Copayment or Coinsurance will be the MHSA Participating level, based on Allowable Amount.

12. For Non-Routine Outpatient Mental Health Services and Behavioral Health Treatment and Outpatient Substance Use Disorder Services - Partial Hospitalization Program Services, an episode of care is the date from which the patient is admitted to the Partial Hospitalization Program and ends on the date the patient is discharged or leaves the Partial Hospitalization Program. Any services received between these two dates would constitute an episode of care. If the patient needs to be readmitted at a later date, then this would constitute another episode of care.

13. The Member's Copayment or Coinsurance includes both outpatient facility and Professional (Physician) Services.

14. This benefit plan's prescription drug coverage is on average equivalent to or better than the standard benefit set by the federal government for Medicare Part D (also called creditable coverage). Because this benefit plan's prescription drug coverage is creditable, you do not have to enroll in Medicare Part D while you maintain this coverage; however, you should be aware that if you have a subsequent break in this coverage of 63 days or more before enrolling in Medicare Part D you could be subject to payment of higher Medicare Part D premiums.

15. There is no Copayment or Coinsurance for contraceptive drugs and devices, however, if a Brand contraceptive drug is selected when a Generic Drug equivalent is available, the Member is responsible for the difference between the cost to Blue Shield for the Brand contraceptive drug and its Generic Drug equivalent. If the Brand contraceptive drug is Medically Necessary, it may be covered without a Copayment or Coinsurance with prior authorization. The difference in cost does not accrue to the Calendar Year Pharmacy Deductible, Medical Deductible, or Out-of-Pocket Maximum.

16. Copayment or Coinsurance is calculated based on the contracted rate.

17. Copayment or Coinsurance is per prescription up to a 30-day supply (up to 90-day supply for mail order).

18. Blue Shield's Short Cycle Specialty Drug Program allows initial prescriptions for select Specialty Drugs to be dispensed for a 15-day trial supply, as further described in the EOC. In such circumstances, the applicable Specialty Drug Copayment or Coinsurance will be pro-rated.

19. Preventive Health Services are only covered when provided by Participating or Preferred Providers.

20. The comprehensive examination Benefit and Allowance includes fitting, evaluation and follow-up care fees for Non-Elective (Medically Necessary) Contact Lenses (hard or soft) or Elective Contact Lenses (standard hard or soft) in lieu of eyeglasses by Participating or Preferred Providers.

21. The difference between the Allowance and the provider's charge is the responsibility of the Member.

22. This Benefit covers Collection frames at no cost at participating independent and retail chain providers. Participating retail chain providers typically do not display the frames as "Collection" but are required to maintain a comparable selection of frames that are covered in full.

    For non-Collection frames the allowable amount is up to $150; however, if (a) the Participating Provider uses wholesale pricing, then the wholesale allowable amount will be up to $99.06, or if (b) the Participating Provider uses warehouse pricing, then the warehouse allowable amount will be up to $103.64. Participating Providers using wholesale pricing are identified in the provider directory.

    If frames are selected that are more expensive than the allowable amount established for this Benefit, the Member is responsible for the difference between the allowable amount and the provider's charge.

23. Contact lenses are covered in lieu of eyeglasses. See the Definitions section in the Evidence of Coverage for the definitions of Elective Contact Lenses and Non-Elective (Medically Necessary) Contact Lenses.

24. Members can search for vision care providers in the "Find a Provider" section of blueshieldca.com. All pediatric vision benefits are provided through MESVision, Blue Shield's Vision Plan Administrator (VPA). Any vision services deductibles, copayments and coinsurance for covered vision services accrue to the calendar year out-of-pocket maximum. Charges in excess of benefit maximums and premiums do not accrue to the calendar year out-of-pocket maximum.

25. A report from the provider and prior authorization from the Vision Plan Administrator (VPA) is required.

26. Members can search for dental network providers in the "Find a Provider" section of blueshieldca.com. All pediatric dental benefits are provided by Dental Benefits Providers, Blue Shield's Dental Plan Administrator. Copayments and coinsurance for covered dental services accrue to the calendar year out-of-pocket maximum, including any copayments for covered orthodontia services. Charges in excess of benefit maximums and premiums do not accrue to the calendar year out-of-pocket maximum.

27. There are no waiting periods for pediatric dental services.

28. The Member's Copayment or Coinsurance for covered Medically Necessary Orthodontia services applies to a course of treatment even if it extends beyond a Calendar Year. This applies as long as the Member remains enrolled in the Plan.
29. For Covered Services rendered by Non-Participating Dentists, the Member is responsible for all charges above the Allowable Amount.

Benefit Plans may be modified to ensure compliance with state and federal requirements.

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# Introduction to the Blue Shield of California Health Plan

This Blue Shield of California (Blue Shield) Evidence of Coverage describes the health care coverage that is provided under the Group Health Service Contract between Blue Shield and the Contractholder (Employer). A Summary of Benefits is provided with, and is incorporated as part of, this Evidence of Coverage.

Please read both this Evidence of Coverage and Summary of Benefits carefully. Together they explain which services are covered and which are excluded. They also contain information about Member responsibilities, such as payment of Copayments, Coinsurance and Deductibles and obtaining prior authorization for certain services (see the *Benefits Management Program* section).

Capitalized terms in this Evidence of Coverage have special meaning. Please see the *Definitions* section to understand these terms. Please contact Blue Shield with questions about Benefits. Contact information can be found on the last page of this Evidence of Coverage.

This health plan is offered through Covered California for Small Business (CCSB). For more information about Covered California for Small Business, please visit www.coveredca.com or call 1-888-975-1142

# How to Use This Health Plan

PLEASE READ THE FOLLOWING INFORMATION SO YOU WILL KNOW FROM WHOM OR WHAT GROUP OF PROVIDERS HEALTH CARE MAY BE OBTAINED.

## Choice of Providers

This Blue Shield health plan is designed for Members to obtain services from Blue Shield Participating Providers and MHSA Participating Providers. However, Members may choose to seek services from Non-Participating Providers for most services. Covered Services obtained from Non-Participating Providers will usually result in a higher share of cost for the Member. Some services are not covered unless rendered by a Participating Provider or MHSA Participating Provider.

Please be aware that a provider's status as a Participating Provider or an MHSA Participating Provider may change. It is the Member's obligation to verify whether the provider chosen is a Participating Provider or an MHSA Participating Provider prior to obtaining coverage.

Call Customer Service or visit www.blueshieldca.com to determine whether a provider is a Participating Provider. Call the MHSA to determine if a provider is an MHSA Participating Provider. See the sections below and the Summary of Benefits for more details. See the Out-of-Area Programs section for services outside of California.

**Blue Shield Participating Providers**

Blue Shield Participating Providers include primary care Physicians, specialists, Hospitals, and Alternate Care Services Providers that have a contractual relationship with Blue Shield to provide services to Members of this Plan. Participating Providers are listed in the Participating Provider directory.

Participating Providers agree to accept Blue Shield's payment, plus the Member's payment of any applicable Deductibles, Copayments, Coinsurance or amounts in excess of specified Benefit maximums as payment-in-full for Covered Services, except as provided under the *Exception for Other Coverage* and the *Reductions - Third Party Liability* sections. This is not true of Non-Participating Providers.

If a Member seeks services from a Non-Participating Provider, Blue Shield's payment for that service may be substantially less than the amount billed. The Subscriber is responsible for the difference between the amount Blue Shield pays and the amount billed by the Non-Participating Provider.

Some services are covered only if rendered by a Participating Provider. In these instances, using a Non-Participating Provider could result in a higher share of cost to the Member or no payment by Blue Shield for the services received.

Payment for Emergency Services rendered by a Physician or Hospital that is not a Participating Provider will be based on Blue Shield's Allowable Amount and will be paid at the Participating level of Benefits. The Member is responsible for notifying Blue Shield within 24 hours, or as soon as reasonably possible following medical stabilization of the emergency condition.

The Member should contact Member Services if the Member needs assistance locating a provider in the Member's Service Area. The Plan will review and consider a Member's request for services that cannot be reasonably obtained in network. If a Member's request for services from a Non-Participating Provider or MHSA Non-Participating Provider is approved at an in-network benefit level, the Plan will pay for Covered Services at a Participating Provider level.

Please call Customer Service or visit www.blueshieldca.com to determine whether a provider is a Participating Provider.

**MHSA Participating Providers**

For Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services, Blue Shield has contracted with a Mental Health Service Administrator (MHSA). The MHSA is a specialized health care service plan licensed by the California Department of Managed Health Care, and will underwrite and deliver Blue Shield's Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services through a separate network of MHSA Participating Providers.

MHSA Participating Providers are those providers who participate in the MHSA network and have contracted with the MHSA to provide Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services to Members of this Plan. A Blue Shield Participating Provider may not be an MHSA Participating Provider. It is the Member's responsibility to ensure that the provider selected for Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services is an MHSA Participating Provider. MHSA Participating Providers are identified in the Blue Shield Behavioral Health Provider Directory. Additionally, Members may contact the MHSA directly by calling 1-877-263-9952.

## Continuity of Care by a Terminated Provider

Members who are being treated for acute conditions, serious chronic conditions, pregnancies (including immediate postpartum care), or terminal illness; or who are children from birth to 36 months of age; or who have received authorization from a now-terminated provider for surgery or another procedure as part of a documented course of treatment can request completion of care in certain situations with a provider who is leaving the Blue Shield provider network. Contact Customer Service to receive information regarding eligibility criteria and the policy and procedure for requesting continuity of care from a terminated provider.

## Second Medical Opinion Policy

Members who have questions about their diagnoses, or believe that additional information concerning their condition would be helpful in determining the most appropriate plan of treatment, may make an appointment with another Physician for a second medical opinion. The Member's attending Physician may also offer a referral to another Physician for a second opinion.

The second opinion visit is subject to the applicable Copayment, Coinsurance, Calendar Year Deductible and all Plan contract Benefit limitations and exclusions.

## Services for Emergency Care

The Benefits of this Plan will be provided for Emergency Services received anywhere in the world for the emergency care of an illness or injury.

For Emergency Services from either a Participating Provider or a Non-Participating Provider, the Member is only responsible for the applicable Deductible, Copayment or Coinsurance as shown in the Summary of Benefits, and is not responsible for any Allowable Amount Blue Shield is obligated to pay.

Members who reasonably believe that they have an emergency medical condition which requires an

emergency response are encouraged to use the "911" emergency response system (where available) or seek immediate care from the nearest Hospital. For the lowest out-of-pocket expenses, covered non-Emergency Services or emergency room follow-up services (e.g., suture removal, wound check, etc.) should be received in a Participating Physician's office.

## NurseHelp 24/7 SM

The NurseHelp 24/7 program offers Members access to registered nurses 24 hours a day, seven days a week. Registered nurses can provide assistance in answering many health-related questions, including concerns about:

1) symptoms the patient is experiencing;
2) minor illnesses and injuries;
3) chronic conditions;
4) medical tests and medications; and
5) preventive care.

Members may obtain this service by calling the toll-free telephone number at 1-877-304-0504 or by participating in a live online chat at www.blueshieldca.com. There is no charge for this confidential service.

In the case of a medical emergency, call 911. For personalized medical advice, Members should consult with their physicians.

## Retail-Based Health Clinics

Retail-based health clinics are outpatient facilities, usually attached or adjacent to retail stores and pharmacies that provide limited, basic medical treatment for minor health issues. They are staffed by nurse practitioners, under the direction of a physician, and offer services on a walk-in basis. Covered Services received from retail-based health clinics will be paid on the same basis and at the same Benefit levels as other Covered Services shown in the Summary of Benefits. Retail-based health clinics may be found in the Participating Provider directory or the online provider directory located at www.blueshieldca.com. See the *Blue Shield Participating Providers* section for information on the advantages of choosing a Participating Provider.

## Blue Shield Online

Blue Shield's Internet site is located at www.blueshieldca.com. Members with Internet access may view and download healthcare information.

## Health Education and Health Promotion Services

Blue Shield offers a variety of health education and health promotion services including, but not limited to, a prenatal health education program, interactive online healthy lifestyle programs, and a monthly e-newsletter.

## Cost-Sharing

The Summary of Benefits provides the Member's Copayment, Coinsurance, Calendar Year Deductible and Calendar Year Out-of-Pocket Maximum amounts.

### Calendar Year Medical Deductible

The Calendar Year Medical Deductible is the amount an individual or a Family must pay for Covered Services each year before Blue Shield begins payment in accordance with this Evidence of Coverage. The Calendar Year Medical Deductible does not apply to all plans. When applied, this Deductible accrues to the Calendar Year Out-of-Pocket Maximum. Information specific to the Member's Plan is provided in the Summary of Benefits.

The Summary of Benefits indicates whether or not the Calendar Year Medical Deductible applies to a particular Covered Service.

There are individual and Family Calendar Year Medical Deductible amounts for both Participating Providers and Non-Participating Providers. Deductible amounts for Covered Services provided by Participating Providers accrue to both the Participating Provider and the Non-Participating Provider Medical Deductible. Deductible amounts paid for Covered Services provided by Non-Participating Providers accrue only to the Non-Participating Provider Medical Deductible.

There is an individual Deductible within the Family Calendar Year Medical Deductible. This means:

1) Blue Shield will pay Benefits for that individual Member of a Family who meets the individual Calendar Year Medical Deductible amount prior to the Family Calendar Year Medical Deductible being met.

2) If the Family has 2 Members, each Member must meet the individual Deductible amount to satisfy the Family Calendar Year Medical Deductible.

3) If the Family has 3 or more Members, the Family Calendar Year Medical Deductible can be satisfied by 2 or more Members.

Once the respective Deductible is reached, Covered Services are paid at the Allowable Amount, less any applicable Copayment and Coinsurance, for the remainder of the Calendar Year.

For Covered Services received from Non-Participating Providers, the Member is responsible for the applicable Copayment and Coinsurance and for amounts billed in excess of Blue Shield's Allowable Amount. Charges in excess of Blue Shield's Allowable Amount do not accrue to the Calendar Year Medical Deductible.

The Calendar Year Medical Deductible also applies to a newborn child or a child placed for adoption who is covered for the first 31 days, even if application is not made to add the child as a Dependent on the Plan. While coverage for this child is being provided, the Family Medical Deductible will apply.

**Calendar Year Pharmacy Deductible**

The Calendar Year Pharmacy Deductible is the amount a Member must pay each Calendar Year for covered Drugs before Blue Shield begins payment in accordance with the Group Health Service Contract. The Calendar Year Pharmacy Deductible does not apply to all plans. When it does apply, this Deductible accrues to the Calendar Year Out-of-Pocket Maximum. There is an individual Deductible within the Family Calendar Year Pharmacy Deductible. Information specific to the Member's Plan is provided in the Summary of Benefits.

The Summary of Benefits indicates whether or not the Calendar Year Pharmacy Deductible applies to a particular Drug.

Drugs in Tier 1, and Contraceptive drugs and devices are not subject to the Calendar Year Pharmacy Deductible. The Calendar Year Pharmacy Deductible applies to all other Drugs.

**Calendar Year Out of Pocket Maximum**

The Calendar Year Out-of-Pocket Maximum is the highest Deductible, Copayment and Coinsurance amount an individual or Family is required to pay for designated Covered Services each year. There are separate maximums for Participating Providers and Non-Participating Providers. If a benefit plan has any Calendar Year Medical Deductible, it will accumulate toward the applicable Calendar Year Out-of-Pocket Maximum. The Summary of Benefits indicates whether or not Copayment and Coinsurance amounts for a particular Covered Service accrue to the Calendar Year Out-of-Pocket Maximum.

There are individual and Family Calendar Year Out-of-Pocket Maximum amounts for both Participating Providers and Non-Participating Providers. Deductible, Copayment and Coinsurance amounts paid for Covered Services provided by Participating Providers accrue to both the Participating Provider and the Non-Participating Provider Out-of-Pocket Maximum. Deductible, Copayment and Coinsurance amounts paid for Covered Services provided by Non-Participating Providers accrue only to the Non-Participating Provider Out-of-Pocket Maximum.

There are individual and Family Calendar Year Out-of-Pocket Maximum amounts for both Participating Providers and Non-Participating Providers.

There is an individual Out-of-Pocket Maximum within the Family Calendar Year Out-of-Pocket Maximum. This means:

1) The Out-of-Pocket Maximum will be met for that individual Member of a Family who meets the individual Calendar Year Out-of-Pocket Maximum amount prior to the Family Calendar Year Out-of-Pocket Maximum being met.

2) If the Family has 2 Members, each Member must meet the individual Out-of-Pocket Maximum amount to satisfy the Family Calendar Year Out-of-Pocket Maximum.

3) If the Family has 3 or more Members, the Family Calendar Year Out-of-Pocket Maximum can be satisfied by 2 or more Members.

The Summary of Benefits provides the Calendar Year Out-of-Pocket Maximum amounts for Participating Providers and Non-Participating Providers at both the individual and Family levels. When the respective maximum is reached, Covered Services will be paid by Blue Shield at 100% of the Allowable Amount or contracted rate for the remainder of the Calendar Year.

Charges for services that are not covered, charges in excess of the Allowable Amount or contracted rate, and additional charges assigned to the Member under the Benefits Management Program do not accrue to the Calendar Year Out-of-Pocket Maximum and continue to be the Member's responsibility after the Calendar Year Out-of-Pocket Maximum is reached.

**Prior Carrier Deductible Credit**

If a Member satisfies all or part of a medical Deductible under a health plan sponsored by the Employer under any of the following circumstances, that amount will be applied to the Deductible required under this health plan within the same Calendar Year:

1) The Member was enrolled in a health plan sponsored by the Employer with a prior carrier during the same Calendar Year this Contract becomes effective and the Member enrolls as of the original effective date of coverage under this Contract;

2) The Member was enrolled under another Blue Shield plan sponsored by the same Employer which is being replaced by this health plan;

3) The Member was enrolled under another Blue Shield plan sponsored by the same Employer and is transferring to this health plan during the Employer's Open Enrollment Period.

This Prior Carrier Deductible Credit provision applies only in the circumstances described above.

### Submitting a Claim Form

Participating Providers submit claims for payment directly to Blue Shield, however there may be times when Members and Non-Participating Providers need to submit claims.

Except in the case of Emergency Services, Blue Shield will pay Members directly for services rendered by a Non-Participating Provider. Claims for payment must be submitted to Blue Shield within one year after the month services were provided. Blue Shield will notify the Member of its determination within 30 days after receipt of the claim.

To submit a claim for payment, send a copy of the itemized bill, along with a completed Blue Shield claim form to the Blue Shield address listed on the last page of this Evidence of Coverage.

Claim forms are available online at www.blueshieldca.com or Members may call Blue Shield Customer Service to obtain a form. At a minimum, each claim submission must contain the Subscriber's name, home address, group contract number, Subscriber number, a copy of the provider's billing showing the services rendered, dates of treatment and the patient's name.

Members should submit their claims for all Covered Services even if the Calendar Year Deductible has not been met. Blue Shield will keep track of the Deductible for the Member. Blue Shield also provides an Explanation of Benefits to describe how the claim was processed and to inform the Member of any financial responsibility.

## Out-of-Area Programs

Benefits will be provided for Covered Services received outside of California within the United States, Puerto Rico, and U.S. Virgin Islands. Blue Shield of California calculates the Subscriber's copayment either as a percentage of the Allowable Amount or a dollar copayment, as defined in this booklet. When Covered Services are received in another state, the Subscriber's copayment will be based on the local Blue Cross and/or Blue Shield plan's arrangement with its providers. See the *BlueCard Program* section in this booklet.

If you do not see a Participating Provider through the *BlueCard* Program, you will have to pay for the entire bill for your medical care and submit a claim to the local Blue Cross and/or Blue Shield plan, or to Blue Shield of California for payment. Blue Shield will notify you of its determination within 30 days after receipt of the claim. Blue Shield will pay you at the Non-Preferred Provider benefit level. Remember, your copayment is higher when you see a Non-Preferred Provider. You will be responsible for paying the entire difference between the amount paid by Blue Shield of California and the amount billed.

Charges for services which are not covered, and charges by Non-Preferred Providers in excess of the amount covered by the Plan, are the Subscriber's responsibility and are not included in copayment calculations.

To receive the maximum benefits of your Plan, please follow the procedure below.

When you require Covered Services while traveling outside of California:

1) call *BlueCard Access*® at 1-800-810-BLUE (2583) to locate Physicians and Hospitals that participate with the local Blue Cross and/or Blue Shield plan, or go on-line at www.bcbs.com and select the "Find a Doctor or Hospital" tab; and,
2) visit the Participating Physician or Hospital and present your membership card.

The Participating Physician or Hospital will verify your eligibility and coverage information by calling *BlueCard Eligibility* at 1-800-676-BLUE. Once verified and after services are provided, a claim is submitted electronically and the Participating Physician or Hospital is paid directly. You may be asked to pay for your applicable copayment and Plan Deductible at the time you receive the service.

You will receive an Explanation of Benefits which will show your payment responsibility. You are responsible for the copayment and Plan Deductible amounts shown in the Explanation of Benefits.

Prior authorization is required for all inpatient Hospital services and notification is required for inpatient Emergency Services. Prior authorization is required for selected inpatient and outpatient services, supplies and durable medical equipment. To receive prior authorization from Blue Shield of California, the out-of-area provider should call the Customer Service telephone number indicated on the back of the member's identification card.

If you need Emergency Services, you should seek immediate care from the nearest medical facility. The Benefits of this Plan will be provided for Covered Services received anywhere in the world for emergency care of an illness or injury.

## Care for Covered Urgent Care and Emergency Services Outside the United States

Benefits will also be provided for Covered Services received outside of the United States, Puerto Rico, and U.S. Virgin Islands for emergency care of an illness or injury. If you need urgent care while out of the country, contact the *BlueCard* Worldwide Service Center through the toll-free *BlueCard Access* number at 1-800-810-2583 or call collect at 1-804-673-1177, 24 hours a day, seven days a week. In an emergency, go directly to the nearest hospital. If your coverage requires precertification or prior authorization, you should also call Blue Shield of California at the Customer Service number noted on the back of your identification card. For inpatient hospital care, contact the *BlueCard* Worldwide Service Center to arrange cashless access. If cashless access is arranged, you are responsible for the usual out-of-pocket expenses (non-covered charges, Deductibles, and Copayments). If cashless access is not arranged, you will have to pay the entire bill for your medical care and submit a claim.

When you receive services from a physician, you will have to pay the doctor and then submit a claim.

Before traveling abroad, call your local Customer Service office for the most current listing of providers or you can go on-line at www.bcbs.com and select "Find a Doctor or Hospital" and "*BlueCard* Worldwide".

## Inter-Plan Programs

Blue Shield has a variety of relationships with other Blue Cross and/or Blue Shield plans and their Licensed Controlled Affiliates ("Licensees") referred to generally as "Inter-Plan Programs." Whenever you obtain healthcare services outside of California, the claims for these services may be processed through one of these Inter-Plan Programs.

When you access Covered Services outside of California you may obtain care from healthcare providers that have a contractual agreement (i.e., are "participating providers") with the local Blue Cross and/or Blue Shield Licensee in that other geographic area ("Host Plan"). In some instances, you may obtain care from non-participating healthcare providers. Blue Shield's payment practices in both instances are described in this booklet.

## BlueCard Program

Under the *BlueCard*® Program, when you obtain Covered Services within the geographic area served by a Host Plan, Blue Shield will remain responsible for fulfilling our contractual obligations. However the Host Blue is responsible for contracting with and generally handling all interactions with its participating healthcare providers.

The *BlueCard* Program enables you to obtain Covered Services outside of California, as defined, from a healthcare provider participating with a Host Plan, where available. The participating healthcare provider will automatically file a claim for the Covered Services provided to you, so there are no claim forms for you to fill out. You will be responsible for the member copayment and deductible amounts, if any, as stated in this Evidence of Coverage.

Whenever you access Covered Services outside of California and the claim is processed through the *BlueCard* Program, the amount you pay for covered healthcare services, if not a flat dollar copayment, is calculated based on the lower of:

1) The billed covered charges for your Covered Services; or
2) The negotiated price that the Host Plan makes available to Blue Shield.

Often, this "negotiated price" will be a simple discount that reflects an actual price that the Host Plan pays to your healthcare provider. Sometimes, it is an estimated price that takes into account special arrangements with your healthcare provider or provider group that may include types of settlements, incentive payments, and/or other credits or charges. Occasionally, it may be an average price, based on a discount that results in expected average savings for similar types of healthcare providers after taking into account the same types of transactions as with an estimated price.

Estimated pricing and average pricing, going forward, also take into account adjustments to correct for over- or underestimation of modifications of past pricing for the types of transaction modifications noted above. However, such adjustments will not affect the price Blue Shield uses for your claim because they will not be applied retroactively to claims already paid.

Laws in a small number of states may require the Host Plan to add a surcharge to your calculation. If any state laws mandate other liability calculation methods, including a surcharge, we would then calculate your liability for any covered healthcare services according to applicable law.

Claims for Emergency Services are paid based on the Allowable Amount as defined in this Evidence of Coverage.

# Utilization Management

State law requires that health plans disclose to Members and health plan providers the process used to authorize or deny health care services under the Plan. Blue Shield has completed documentation of this process as required under Section 1363.5 of the California Health and Safety Code. The document describing Blue Shield's Utilization Management Program is available online at www.blueshieldca.com or Members may call the Customer Service Department at the number provided on the back page of this Evidence of Coverage to request a copy.

# Benefits Management Program

The Benefits Management Program applies utilization management and case management principles to assist Members and providers in identifying the most appropriate and cost-effective way to use the Benefits provided under this health plan.

The Benefits Management Program includes prior authorization requirements for various medical benefits including inpatient admissions, outpatient services, and prescription Drugs administered in the office, infusion center or provided by a home infusion agency, as well as emergency admission notification, and inpatient utilization management. The program also includes Member services such as, discharge planning, case management and, palliative care services.

The following sections outline the requirements of the Benefits Management Program.

## Prior Authorization

Prior authorization allows the Member and provider to verify with Blue Shield or Blue Shield's MHSA that (1) the proposed services are a Benefit of the Member's Plan, (2) the proposed services are Medically Necessary, and (3) the proposed setting is clinically appropriate. The prior authorization process also informs the Member and provider when Benefits are limited to services rendered by Participating Providers or MHSA Participating Providers (See the Summary of Benefits).

**For all Prior Authorizations, except prescription Drugs covered under the medical benefit:**

A decision will be made on all requests for prior authorization within five business days from receipt of the request. The treating provider will be notified of the decision within 24 hours and written notice will be sent to the Member and provider within two business days of the decision. For urgent services when the routine decision making process might seriously jeopardize the life or health of a Member or when the Member is experiencing severe pain, a decision will be rendered as soon as possible to accommodate the Member's condition, not to exceed 72 hours from receipt of the request.

**For Prior Authorizations of prescription Drugs covered under the medical benefit:**

Most prescription Drugs are covered under the *Outpatient Prescription Drug Benefits.* However, Drugs administered in the office, infusion center or provided by a home infusion agency are covered as a medical benefit. For these prescription Drugs, once all required supporting information is received, Blue Shield will provide prior authorization approval or denial, based upon Medical Necessity, within 72 hours in routine circumstances or 24 hours in exigent circumstances. Exigent circumstances exist when a Member has a health condition that may seriously jeopardize the Member's life, health, or ability to regain maximum function or when a Member is undergoing a current course of treatment using a Non-Formulary Drug.

If prior authorization is not obtained, and services provided to the Member are determined not to be a Benefit of the Plan, coverage will be denied.

**Prior Authorization for Radiological and Nuclear Imaging Procedures**

Prior authorization is required for radiological and nuclear imaging procedures. The Member or provider should call 1-888-642-2583 for prior authorization of the following radiological and nuclear imaging procedures when performed within California on an outpatient, non-emergency basis:

1) CT (Computerized Tomography) scan
2) MRI (Magnetic Resonance Imaging)
3) MRA (Magnetic Resonance Angiography)
4) PET (Positron Emission Tomography) scan
5) Diagnostic cardiac procedure utilizing Nuclear Medicine

For authorized services from a Non-Participating Provider, the Member will be responsible for applicable Deductible, Copayment and Coinsurance amounts and all charges in excess of the Allowable Amount.

If the radiological or nuclear imaging services provided to the Member are determined not to be a Benefit of the Plan, coverage will be denied.

**Prior Authorization for Medical Services and**

**Prescription Drugs Included on the Prior Authorization List**

The "Prior Authorization List" is a list of designated medical and surgical services and select prescription Drugs that require prior authorization. Members are encouraged to work with their providers to obtain prior authorization. Members and providers may call Customer Service at the telephone number provided on the back page of this Evidence of Coverage to inquire about the need for prior authorization. Members and Providers may also access the Prior Authorization List on the Blue Shield website at www.blueshieldca.com.

Failure to obtain prior authorization for hemophilia home infusion products and services, home infusion/home injectable therapy or routine patient care delivered in a clinical trial for treatment of cancer or life-threatening condition will result in a denial of coverage. To obtain prior authorization, the Member or provider should call Customer Service at the number listed on the back page of this Evidence of Coverage.

For authorized services and Drugs from a Non-Participating Provider, the Member will be responsible for applicable Deductible and Copayment amounts and all charges in excess of the Allowable Amount.

For certain medical services and Drugs, Benefits are limited to services rendered by a Participating Provider. If the medical services or Drugs provided to the Member are determined not to be a Benefit of the Plan or are not provided by a Participating Provider when required, coverage will be denied.

**Prior Authorization for Medical Hospital and Skilled Nursing Facility Admissions**

Prior authorization is required for all non-emergency Hospital admissions including admissions for acute medical or surgical care, inpatient rehabilitation, Skilled Nursing care, special transplant and bariatric surgery. The Member or provider should call Customer Service at least five business days prior to the admission. For Special Transplant and Bariatric Services for Residents of Designated Counties, failure to obtain prior authorization will result in a denial of coverage.

When admission is authorized to a Non-Participating Hospital, the Member will be responsible for applicable Deductible, Copayment and Coinsurance amounts and all charges in excess of the Allowable Amount.

If prior authorization is not obtained for an inpatient admission and the services provided to the Member are determined not to be a Benefit of the Plan, coverage will be denied.

Prior authorization is not required for an emergency admission; See the *Emergency Admission Notification* section for additional information.

**Prior Authorization for Mental Health, Behavioral Health or Substance Use Disorder Hospital Admissions and Non-Routine Outpatient Services**

Prior authorization is required for all non-emergency mental health, behavioral health or substance use disorder Hospital admissions including acute inpatient care and Residential Care. The provider should call Blue Shield's Mental Health Service Administrator (MHSA) at 1-877-263-9952 at least five business days prior to the admission. Non-Routine Outpatient Mental Health Services and Behavioral Health Treatment, including, but not limited to, Behavioral Health Treatment (BHT), Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), Electroconvulsive Therapy (ECT), Psychological Testing and Transcranial Magnetic Stimulation (TMS) must also be prior authorized by the MHSA. Outpatient Substance Use Disorder Services, including, but not limited to, Intensive Outpatient Program (IOP), Office-Based Opioid Detoxification and/or Maintenance Therapy, and Psychological Testing. If prior authorization is not obtained for a mental health or substance use disorder inpatient admission or for any Non-Routine Outpatient Mental Services and Behavioral Health Treatment, or Outpatient Substance Use Disorder Services and the services provided to the Member are determined not to be a Benefit of the Plan, coverage will be denied.

For an authorized admission to a Non-Participating Hospital or authorized Non-Routine Outpatient Mental Health Services and Behavioral Health Treatment, and Outpatient Substance Use Disorder Services from a Non-Participating Provider, the Member will be responsible for applicable Deductible and Copayment amounts and all charges in excess of the Allowable Amount.

Prior authorization is not required for an emergency admission; See the *Emergency Admission Notification* section for additional information.

### Emergency Admission Notification

When a Member is admitted to the Hospital for Emergency Services, Blue Shield should receive Emergency Admission Notification within 24 hours or as soon as it is reasonably possible following medical stabilization.

### Inpatient Utilization Management

Most inpatient Hospital admissions are monitored for length of stay; exceptions are noted below. The length of an inpatient Hospital stay may be extended or reduced as warranted by the Member's condition. When a determination is made that the Member no longer requires an inpatient level of care, written notification is given to the attending Physician and the Member. If discharge does not occur within 24 hours of notification, the Member is responsible for all inpatient charges accrued beyond the 24 hour time frame.
Maternity Admissions: the minimum length of the inpatient stay is 48 hours for a normal, vaginal delivery or 96 hours for a Cesarean section unless the attending Physician, in consultation with the mother, determines a shorter inpatient stay is adequate.

Mastectomy: The length of the inpatient stay is determined post-operatively by the attending Physician in consultation with the Member.

### Discharge Planning

If further care at home or in another facility is appropriate following discharge from the Hospital, Blue Shield or Blue Shield's MHSA will work with the Member, the attending Physician and the Hospital discharge planners to determine the most appropriate and cost effective way to provide this care.

### Case Management

The Benefits Management Program may also include case management, which is a service that provides the assistance of a health care professional to help the Member access necessary services and to make the most efficient use of Plan Benefits. The Member's nurse case manager may also arrange for alternative care benefits to avoid prolonged or repeated hospitalizations, when medically appropriate. Alternative care benefits are only utilized by mutual consent of the Member, the provider, and Blue Shield or Blue Shield's MHSA, and will not exceed the standard Benefits available under this Plan.

The approval of alternative benefits is specific to each Member for a specified period of time. Such approval should not be construed as a waiver of Blue Shield's right to thereafter administer this health plan in strict accordance with its express terms. Blue Shield is not obligated to provide the same or similar alternative care benefits to any other Member in any other instance.

### Palliative Care Services

In conjunction with Covered Services, Blue Shield provides palliative care services for Members with serious illnesses. Palliative care services include access to physicians and nurse case managers who are trained to assist Members managing symptoms, maximizing comfort, safety, autonomy and well-being, and navigating a course of care. Members can obtain assistance in making informed decisions about therapy, as well as documenting their quality of life choices. Members may call the Customer Service Department to request more information about these services.

## Principal Benefits and Coverages (Covered Services)

Blue Shield provides the following Medically Necessary Benefits, subject to applicable Deductibles, Copayments, Coinsurance and charges in excess of Benefit maximums, Participating Provider provisions and Benefits Management

Program provisions. Coverage for these services is subject to all terms, conditions, limitations and exclusions of the Contract, including any conditions or limitations set forth in the Benefit descriptions below, and to the Principal Limitations, Exceptions, Exclusions and Reductions listed in this Evidence of Coverage. All Benefits must be Medically Necessary to be covered. If there are two or more Medically Necessary services that may be provided for the illness, injury or medical condition, Blue Shield will provide Benefits based on the most cost-effective service.

The Copayment and Coinsurance amounts for Covered Services, if applicable, are shown on the Summary of Benefits. The Summary of Benefits is provided with, and is incorporated as part of, this Evidence of Coverage.

Except as may be specifically indicated, for services received from Non-Participating Providers, Subscribers will be responsible for all charges above the Allowable Amount in addition to the indicated Copayment or Coinsurance amount.

Except as specifically provided herein, services are covered only when rendered by an individual or entity that is licensed or certified by the state to provide health care services and is operating within the scope of that license or certification.

## Acupuncture Benefits

Benefits are provided for acupuncture services for the treatment of nausea or as part of a comprehensive pain management program for the treatment of chronic pain. These services must be provided by a Doctor of Medicine, licensed acupuncturist, or other appropriately licensed or certified Health Care Provider.

## Allergy Testing and Treatment Benefits

Benefits are provided for allergy testing and treatment, including allergy serum.

## Ambulance Benefits

Benefits are provided for (1) ambulance services (ground and air) when used to transport a Member from place of illness or injury to the closest medical facility where appropriate treatment can be received; or (2) authorized ambulance transportation to or from one facility to another.

## Ambulatory Surgery Center Benefits

Benefits are provided for surgery performed in an Ambulatory Surgery Center.

## Bariatric Surgery Benefits

Benefits are provided for Hospital and professional services in connection with bariatric surgery to treat morbid or clinically severe obesity as described below.

All bariatric surgery services must be prior authorized, in writing, from Blue Shield, whether the Member is a resident of a designated or non-designated county. See the *Benefits Management Program* section for more information.

**Services for Residents of Designated Counties**

For Members who reside in a California county designated as having facilities contracting with Blue Shield to provide bariatric services (see the list of designated counties below), Blue Shield will provide Benefits for certain Medically Necessary bariatric surgery procedures only if:

1) performed at a Participating Hospital or Ambulatory Surgery Center, and by a Participating Physician, that have both contracted with Blue Shield as a Bariatric Surgery Services Provider to provide the procedure;
2) the services are consistent with Blue Shield's medical policy; and
3) prior authorization is obtained, in writing, from Blue Shield's Medical Director.

Blue Shield reserves the right to review all requests for prior authorization for these bariatric Benefits and to make a decision regarding Benefits based on: (1) the medical circumstances of each patient; and (2) consistency between the treatment proposed and Blue Shield medical policy.

For Members who reside in a designated county, failure to obtain prior written authorization as described above and/or failure to have the procedure performed at a Participating Hospital or Ambulatory Surgery Center by a Bariatric Surgery Ser-

vices Provider will result in denial of claims for this Benefit.

Services for follow-up bariatric surgery procedures, such as lap-band adjustments, must also be provided by a Physician participating as a Bariatric Surgery Services Provider.

The following are the designated counties in which Blue Shield has designated Bariatric Surgery Services Providers to provide bariatric services:

| | |
|---|---|
| Imperial | San Bernardino |
| Kern | San Diego |
| Los Angeles | Santa Barbara |
| Orange | Ventura |
| Riverside | |

**Bariatric Travel Expense Reimbursement for Residents of Designated Counties**

Members who reside in designated counties and who have obtained written authorization from Blue Shield to receive bariatric services at a Hospital or Ambulatory Surgery Center designated as a Bariatric Surgery Services Provider may be eligible to receive reimbursement for associated travel expenses.

To be eligible to receive travel expense reimbursement, the Member's home must be 50 or more miles from the nearest Hospital or Ambulatory Surgery Center designated as a Bariatric Surgery Services Provider. All requests for travel expense reimbursement must be prior authorized by Blue Shield. Approved travel-related expenses will be reimbursed as follows:

1) Transportation to and from the facility up to a maximum of $130 per round trip:
   a) for the Member for a maximum of three trips:
      i. one trip for a pre-surgical visit;
      ii. one trip for the surgery; and
      iii. one trip for a follow-up visit.
   b) for one companion for a maximum of two trips:
      i. one trip for the surgery; and
      ii. one trip for a follow-up visit.
2) Hotel accommodations not to exceed $100 per day:
   a) for the Member and one companion for a maximum of two days per trip:
      i. one trip for a pre-surgical visit; and
      ii. one trip for a follow-up visit.
   b) for one companion for a maximum of four days for the duration of the surgery admission.

   Hotel accommodation is limited to one, double-occupancy room. Expenses for in-room and other hotel services are specifically excluded.
3) Related expenses judged reasonable by Blue Shield not to exceed $25 per day per Member up to a maximum of four days per trip. Expenses for tobacco, alcohol, drugs, telephone, television, delivery, and recreation are specifically excluded.

Submission of adequate documentation including receipts is required before reimbursement will be made.

**Services for Residents of Non-Designated Counties**

Bariatric surgery services for residents of non-designated counties will be paid as any other surgery as described elsewhere in this section when:

1) services are consistent with Blue Shield's medical policy; and
2) prior authorization is obtained, in writing, from Blue Shield's Medical Director.

For Members who reside in non-designated counties, travel expenses associated with bariatric surgery services are not covered.

## Clinical Trial for Treatment of Cancer or Life-Threatening Conditions Benefits

Benefits are provided for routine patient care for Members who have been accepted into an approved clinical trial for treatment of cancer or a life-threatening condition when prior authorized by Blue Shield, and:

1) the clinical trial has a therapeutic intent and a Participating Provider determines that the Member's participation in the clinical trial would be appropriate based on either the trial protocol or medical and scientific information provided by the participant or beneficiary; and
2) the Hospital and/or Physician conducting the clinical trial is a Participating Provider, unless the protocol for the trial is not available through a Participating Provider.

Services for routine patient care will be paid on the same basis and at the same Benefit levels as other Covered Services shown in the Summary of Benefits.

"Routine patient care" consists of those services that would otherwise be covered by the Plan if those services were not provided in connection with an approved clinical trial, but does not include:

1) the investigational item, device, or service, itself;
2) drugs or devices that have not been approved by the federal Food and Drug Administration (FDA);
3) services other than health care services, such as travel, housing, companion expenses and other non-clinical expenses;
4) any item or service that is provided solely to satisfy data collection and analysis needs and that is not used in the direct clinical management of the patient;
5) services that, except for the fact that they are being provided in a clinical trial, are specifically excluded under the Plan;
6) services customarily provided by the research sponsor free of charge for any enrollee in the trial;
7) any service that is clearly inconsistent with widely accepted and established standards of care for a particular diagnosis.

"Approved clinical trial" means a phase I, phase II, phase III or phase IV clinical trial conducted in relation to the prevention, detection or treatment of cancer and other life-threatening condition, and is limited to a trial that is:

1) federally funded and approved by one or more of the following:
   a) one of the National Institutes of Health;
   b) the Centers for Disease Control and Prevention;
   c) the Agency for Health Care Research and Quality;
   d) the Centers for Medicare & Medicaid Services;
   e) a cooperative group or center of any of the entities in a) to d) above; or the federal Departments of Defense or Veterans Administration;
   f) a qualified non-governmental research entity identified in the guidelines issued by the National Institutes of Health for center support grants;
   g) the federal Veterans Administration, Department of Defense, or Department of Energy where the study or investigation is reviewed and approved through a system of peer review that the Secretary of Health & Human Services has determined to be comparable to the system of peer review of studies and investigations used by the National Institutes of Health, and assures unbiased review of the highest scientific standards by qualified individuals who have no interest in the outcome of the review; or
2) the study or investigation is conducted under an investigational new drug application reviewed by the Food and Drug Administration or is exempt under federal regulations from a new drug application.

"Life-threatening condition" means any disease or condition from which the likelihood of death is probable unless the course of the disease or condition interrupted.

## Diabetes Care Benefits

### Diabetic Equipment

Benefits are provided for the following devices and equipment, including replacement after the expected life of the item, for the management and treatment of diabetes:

1) blood glucose monitors, including those designed to assist the visually impaired;
2) insulin pumps and all related necessary supplies;
3) podiatric devices to prevent or treat diabetes-related complications, including extra-depth orthopedic shoes; and
4) visual aids, excluding eyewear and/or video-assisted devices, designed to assist the visually impaired with proper dosing of insulin.

For coverage of diabetic testing supplies including blood and urine testing strips and test tablets, lancets and lancet puncture devices and pen delivery systems for the administration of insulin, refer to the *Outpatient Prescription Drug Benefits* section.

### Diabetic Outpatient Self-Management Training

Benefits are provided for diabetic outpatient self-management training, education and medical nutrition therapy to enable a Member to properly use the devices, equipment and supplies, and any additional outpatient self-management training, education and medical nutrition therapy when directed or prescribed by the Member's Physician. These Benefits shall include, but not be limited to, instruction that will enable diabetic patients and their families to gain an understanding of the diabetic disease process, and the daily management of diabetic therapy, in order to avoid frequent hospitalizations and complications. Services will be covered when provided by a Physician, registered dietician, registered nurse, or other appropriately licensed Health Care Provider who is certified as a diabetes educator.

## Dialysis Benefits

Benefits are provided for dialysis services, including renal dialysis, hemodialysis, peritoneal dialysis and other related procedures.

Included in this Benefit are dialysis related laboratory tests, equipment, medications, supplies and dialysis self-management training for home dialysis.

## Durable Medical Equipment Benefits

Benefits are provided for Durable Medical Equipment (DME) for Activities of Daily Living, supplies needed to operate Durable Medical Equipment, oxygen and its administration, and ostomy and medical supplies to support and maintain gastrointestinal, bladder or respiratory function. Other covered items include peak flow monitors for self-management of asthma, the glucose monitor for self-management of diabetes, apnea monitors for management of newborn apnea, breast pumps and the home prothrombin monitor for specific conditions, as determined by Blue Shield. Benefits are provided at the most cost-effective level of care that is consistent with professionally recognized standards of practice. If there are two or more professionally recognized Durable Medical Equipment items equally appropriate for a condition, Benefits will be based on the most cost-effective item.

No DME Benefits are provided for the following:

1) rental charges in excess of the purchase cost;
2) replacement of Durable Medical Equipment except when it no longer meets the clinical needs of the patient or has exceeded the expected lifetime of the item. This exclusion does not apply to the Medically Necessary replacement of nebulizers, face masks and tubing, and peak flow monitors for the management and treatment of asthma. (See the *Outpatient Prescription Drug Benefit* section for benefits for asthma inhalers and inhaler spacers);
3) breast pump rental or purchase when obtained from a Non-Participating Provider;
4) repair or replacement due to loss or misuse;

5) environmental control equipment, generators, self-help/educational devices, air conditioners, humidifiers, dehumidifiers, air purifiers, exercise equipment, or any other equipment not primarily medical in nature; and

6) backup or alternate items.

See the *Diabetes Care Benefits* section for devices, equipment, and supplies for the management and treatment of diabetes.

For Members in a Hospice program through a Participating Hospice Agency, medical equipment and supplies that are reasonable and necessary for the palliation and management of Terminal Disease or Terminal Illness and related conditions are provided by the Hospice Agency.

## Emergency Room Benefits

Benefits are provided for Emergency Services provided in the emergency room of a Hospital. For the lowest out-of-pocket expenses, covered non-Emergency Services and emergency room follow-up services (e.g., suture removal, wound check, etc.) should be received in a Participating Physician's office.

Emergency Services are services provided for an unexpected medical condition, including a psychiatric emergency medical condition, manifesting itself by acute symptoms of sufficient severity (including severe pain) such that the absence of immediate medical attention could reasonably be expected to result in any of the following: (1) placing the Member's health in serious jeopardy; (2) serious impairment to bodily functions; (3) serious dysfunction of any bodily organ or part.

## Family Planning Benefits

Benefits are provided for the following family planning services without illness or injury being present:

1) family planning, counseling and consultation services, including Physician office visits for office-administered covered contraceptives; and

2) vasectomy.

No Benefits are provided for family planning services from Non-Participating Providers.

See also the *Preventive Health Benefits* section for additional family planning services.

For plans with a Calendar Year Deductible for services by Participating Providers, the Calendar Year Deductible applies only to male sterilizations and to abortions.

## Home Health Care Benefits

Benefits are provided for home health care services from a Participating home health care agency when the services are ordered by the attending Physician, and included in a written treatment plan.

Services by a Non-Participating home health care agency, shift care, private duty nursing and stand-alone health aide services must be prior authorized by Blue Shield.

Covered Services are subject to any applicable Deductibles, Copayments and Coinsurance. Visits by home health care agency providers will be payable up to a combined per Member per Calendar Year visit maximum as shown on the Summary of Benefits.

Intermittent and part-time visits by a home health agency to provide Skilled Nursing and other skilled services are covered up to four visits per day, two hours per visit up to the Calendar Year visit maximum (including all home health visits) by any of the following professional providers:

1) registered nurse;

2) licensed vocational nurse;

3) physical therapist, occupational therapist, or speech therapist; or

4) medical social worker.

Intermittent and part-time visits by a home health agency to provide services from a Home Health Aide are covered up to four hours per visit, and are included in the Calendar Year visit maximum.

For the purpose of this Benefit, each two-hour increment of visit from a nurse, physical therapist, occupational therapist, speech therapist, or medical social worker counts as a separate visit. Visits of two hours of less shall be considered as one visit. For visits from a Home Health Aide, each

four-hour increment counts as a separate visit. Visits of four hours or less shall be considered as one visit.

Medical supplies used during a covered visit by the home health agency necessary for the home health care treatment plan and related laboratory services are covered in conjunction with the professional services rendered by the home health agency.

This Benefit does not include medications, or injectables covered under the *Home Infusion and Home Injectable Therapy Benefit* or under the Benefit for *Outpatient Prescription Drugs*.

See the *Hospice Program Benefits* section for information about admission into a Hospice program and specialized Skilled Nursing services for Hospice care.

For information concerning diabetic self-management training, see the *Diabetes Care Benefits* section.

## Home Infusion and Home Injectable Therapy Benefits

Benefits are provided for home infusion and injectable medication therapy. Services include home infusion agency Skilled Nursing visits, infusion therapy provided in infusion suites associated with a Participating home infusion agency, parenteral nutrition services, enteral nutritional services and associated supplements, medical supplies used during a covered visit, medications injected or administered intravenously, related laboratory services, when prescribed by a Doctor of Medicine and provided by a Participating home infusion agency. Services related to hemophilia are described separately.

This Benefit does not include medications, insulin, insulin syringes, certain Specialty Drugs covered under the Outpatient Prescription Drug Benefit, and services related to hemophilia which are described below.

Services rendered by Non-Participating home infusion agencies are not covered unless prior authorized by Blue Shield, and there is an executed letter of agreement between the Non-Participating home infusion agency and Blue Shield. Shift care and private duty nursing must be prior authorized by Blue Shield.

**Hemophilia Home Infusion Products and Services**

Benefits are provided for home infusion products for the treatment of hemophilia and other bleeding disorders. All services must be prior authorized by Blue Shield and must be provided by a Participating Hemophilia Infusion Provider. (Note: most Participating home health care and home infusion agencies are not Participating Hemophilia Infusion Providers.) To find a Participating Hemophilia Infusion Provider, consult the Participating Provider directory. Members may also verify this information by calling Customer Service at the telephone number shown on the last page of this Evidence of Coverage.

Hemophilia Infusion Providers offer 24-hour service and provide prompt home delivery of hemophilia infusion products.

Following Member evaluation by a Doctor of Medicine, a prescription for a blood factor product must be submitted to and approved by Blue Shield. Once prior authorized by Blue Shield, the blood factor product is covered on a regularly scheduled basis (routine prophylaxis) or when a non-emergency injury or bleeding episode occurs. (Emergencies will be covered as described in the *Emergency Room Benefits* section.)

Included in this Benefit is the blood factor product for in-home infusion by the Member, necessary supplies such as ports and syringes, and necessary nursing visits. Services for the treatment of hemophilia outside the home, except for services in infusion suites managed by a Participating Hemophilia Infusion Provider), and services to treat complications of hemophilia replacement therapy are not covered under this Benefit.

No Benefits are provided for:

1) physical therapy, gene therapy or medications including antifibrinolytic and hormone medications;
2) services from a hemophilia treatment center or any Non-Participating Hemophilia Infusion Provider; or,

3) self-infusion training programs, other than nursing visits to assist in administration of the product.

Services may be covered under Outpatient Prescription Drug Benefits, or as described elsewhere in this *Principal Benefits and Coverages (Covered Services)* section.

## Hospice Program Benefits

Benefits are provided for services through a Participating Hospice Agency when an eligible Member requests admission to, and is formally admitted into, an approved Hospice program. The Member must have a Terminal Disease or Terminal Illness as determined by his or her Participating Provider's certification and must receive prior approval from Blue Shield for the admission. Members with a Terminal Disease or Terminal Illness who have not yet elected to enroll in a Hospice program may receive a pre-hospice consultative visit from a Participating Hospice Agency.

A Hospice program is a specialized form of interdisciplinary care designed to provide palliative care, alleviate the physical, emotional, social and spiritual discomforts of a Member who is experiencing the last phases of life due to a Terminal Disease or Terminal Illness, and to provide supportive care to the primary caregiver and the family of the Hospice patient. Medically Necessary services are available on a 24-hour basis. Members enrolled in a Hospice program may continue to receive Covered Services that are not related to the palliation and management of their Terminal Disease or Terminal Illness from the appropriate provider. All of the services listed below must be received through the Participating Hospice Agency.

1) Pre-hospice consultative visit regarding pain and symptom management, Hospice and other care options including care planning.
2) An interdisciplinary plan of home care developed by the Participating Hospice Agency and delivered by appropriately qualified, licensed and/or certified staff, including the following:
   a) Skilled Nursing services including assessment, evaluation and treatment for pain and symptom control;
   b) Home Health Aide services to provide personal care (supervised by a registered nurse);
   c) homemaker services to assist in the maintenance of a safe and healthy home environment (supervised by a registered nurse);
   d) bereavement services for the immediate surviving family members for a period of at least one year following the death of the Member;
   e) medical social services including the utilization of appropriate community resources;
   f) counseling/spiritual services for the Member and family;
   g) dietary counseling;
   h) medical direction provided by a licensed Doctor of Medicine acting as a consultant to the interdisciplinary Hospice team and to the Member's Participating Provider with regard to pain and symptom management and as a liaison to community physicians;
   i) physical therapy, occupational therapy, and speech-language pathology services for purposes of symptom control, or to enable the Member to maintain Activities of Daily Living and basic functional skills;
   j) respiratory therapy;
   k) volunteer services.
3) Drugs, durable medical equipment, and supplies.
4) Continuous home care when Medically Necessary to achieve palliation or management of acute medical symptoms including the following:
   a) 8 to 24 hours per day of continuous skilled nursing care (8-hour minimum);
   b) homemaker or Home Health Aide Services up to 24 hours per day to supplement skilled nursing care.

5) Short-term inpatient care arrangements when palliation or management of acute medical symptoms cannot be achieved at home.

6) Short-term inpatient respite care up to five consecutive days per admission on a limited basis.

Members are allowed to change their Participating Hospice Agency only once during each Period of Care. Members may receive care for either a 30 or 60-day period, depending on their diagnosis. The care continues through another Period of Care if the Physician recertifies that the Member is Terminally Ill.

Hospice services provided by a Non-Participating Hospice Agency are not covered except in certain circumstances in counties in California in which there are no Participating Hospice Agencies and only when prior authorized by Blue Shield.

## Hospital Benefits (Facility Services)

### Inpatient Services for Treatment of Illness or Injury

Benefits are provided for the following inpatient Hospital services:

1) Semi-private room and board unless a private room is Medically Necessary.

2) General nursing care, and special duty nursing.

3) Meals and special diets.

4) Intensive care services and units.

5) Use of operating room, specialized treatment rooms, delivery room, newborn nursery, and related facilities.

6) Surgical supplies, dressings and cast materials, and anesthetic supplies furnished by the Hospital.

7) Inpatient rehabilitation when furnished by the Hospital and approved in advance by Blue Shield under its Benefits Management Program.

8) Drugs and oxygen.

9) Administration of blood and blood plasma, including the cost of blood, blood plasma and in-Hospital blood processing.

10) Hospital ancillary services, including diagnostic laboratory, X-ray services, and imaging procedures including MRI, CT and PET scans.

11) Radiation therapy, chemotherapy for cancer including catheterization, infusion devices, and associated drugs and supplies.

12) Surgically implanted devices and prostheses, other medical supplies, and medical appliances and equipment administered in a Hospital.

13) Subacute Care.

14) Medical social services and discharge planning.

15) Inpatient services including general anesthesia and associated facility charges in connection with dental procedures when hospitalization is required because of an underlying medical condition or clinical status and the Member is under the age of seven or developmentally disabled regardless of age or when the Member's health is compromised and for whom general anesthesia is Medically Necessary regardless of age. Excludes dental procedures and services of a dentist or oral surgeon.

16) Inpatient substance use disorder detoxification services required to treat symptoms of acute toxicity or acute withdrawal when a Member is admitted through the emergency room, or when inpatient substance use disorder detoxification is prior authorized by Blue Shield.

### Outpatient Services for Treatment of Illness or Injury or for Surgery

Benefits include the following outpatient Hospital services:

1) Dialysis services.

2) Care provided by the admitting Hospital within 24 hours before admission, when care is related to the condition for which an inpatient admission is planned.

3) Surgery.

4) Radiation therapy, chemotherapy for cancer, including catheterization, infusion devices, and associated drugs and supplies.

5) Routine newborn circumcision performed within 18 months of birth.

Covered Physical Therapy, Occupational Therapy and Speech Therapy Services provided in an outpatient Hospital setting are described under the *Rehabilitation and Habilitative Benefits (Physical, Occupational and Respiratory Therapy)* and *Speech Therapy Benefits* sections.

## Medical Treatment of the Teeth, Gums, or Jaw Joints and Jaw Bones Benefits

Benefits are provided for Hospital and professional services provided for conditions of the teeth, gums or jaw joints and jaw bones, including adjacent tissues, only to the extent that they are provided for:

1) treatment of tumors of the gums;
2) treatment of damage to natural teeth caused solely by an Accidental Injury (limited to palliative services necessary for the initial medical stabilization of the Member as determined by Blue Shield);
3) non-surgical treatment (e.g., splint and physical therapy) of Temporomandibular Joint Syndrome (TMJ);
4) surgical and arthroscopic treatment of TMJ if prior history shows conservative medical treatment has failed;
5) treatment of maxilla and mandible (jaw joints and jaw bones);
6) orthognathic surgery (surgery to reposition the upper and/or lower jaw) to correct a skeletal deformity;
7) dental and orthodontic services that are an integral part of Reconstructive Surgery for cleft palate repair;
8) dental evaluation, X-rays, fluoride treatment and extractions necessary to prepare the Member's jaw for radiation therapy of cancer in the head or neck;
9) general anesthesia and associated facility charges in connection with dental procedures when performed in an Ambulatory Surgery Center or Hospital due to the Member's underlying medical condition or clinical status and the Member is under the age of seven or developmentally disabled regardless of age or when the Member's health is compromised and for whom general anesthesia is Medically Necessary regardless of age. This benefit excludes dental procedures and services of a dentist or oral surgeon.

No Benefits are provided for:

1) orthodontia (dental services to correct irregularities or malocclusion of the teeth) for any reason other than reconstructive treatment of cleft palate, including treatment to alleviate TMJ;
2) dental implants (endosteal, subperiosteal or transosteal);
3) any procedure (e.g., vestibuloplasty) intended to prepare the mouth for dentures or for the more comfortable use of dentures;
4) alveolar ridge surgery of the jaws if performed primarily to treat diseases related to the teeth, gums or periodontal structures or to support natural or prosthetic teeth; and
5) fluoride treatments except when used with radiation therapy to the oral cavity.

## Mental Health, Behavioral Health, and Substance Use Disorder Benefits

Blue Shield's Mental Health Service Administrator (MHSA) arranges and administers Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services for Blue Shield Members within California. See the *Out-Of-Area Program, BlueCard Program* section for an explanation of how payment is made for out of state services.

All Non-Emergency inpatient Mental Health Services, Behavioral Health Treatment and Substance Use Disorder Services, including Residential Care, and Non-Routine Outpatient Mental Health Services and Behavioral Health Treatment, and Outpatient Substance Use Disorder Services are subject to the Benefits Management Program and must be prior authorized by the MHSA. See the

*Benefits Management Program* section for complete information.

**Mental Health and Behavioral Health – Routine Outpatient Services**

Benefits are provided for professional (Physician) office visits for Behavioral Health Treatment and the diagnosis and treatment of Mental Health Conditions in the individual, family or group setting.

**Mental Health and Behavioral Health –– Non-Routine Outpatient Services**

Benefits are provided for Outpatient Facility and professional services for Behavioral Health Treatment and for the diagnosis and treatment of Mental Health Conditions. These services may also be provided in the office, home or other non-institutional setting. Non-Routine Outpatient Mental Health Services and Behavioral Health Treatment include, but may not be limited to, the following:

1) Behavioral Health Treatment (BHT) – professional services and treatment programs, including applied behavior analysis and evidence-based intervention programs, which develop or restore, to the maximum extent practicable, the functioning of an individual with pervasive developmental disorder or autism.

   BHT is covered when prescribed by a physician or licensed psychologist and provided under a treatment plan approved by the MHSA. BHT delivered in the home or other non-institutional setting must be obtained from MHSA Participating Providers.

   Treatment used for the purposes of providing respite, day care, or educational services, or to reimburse a parent for participation in the treatment is not covered.

2) Electroconvulsive Therapy - the passing of a small electric current through the brain to induce a seizure, used in the treatment of severe mental health conditions.

3) Intensive Outpatient Program - an outpatient mental health or behavioral health treatment program utilized when a patient's condition requires structure, monitoring, and medical/psychological intervention at least three hours per day, three days per week.

4) Partial Hospitalization Program – an outpatient treatment program that may be free-standing or Hospital-based and provides services at least five hours per day, four days per week. Members may be admitted directly to this level of care, or transferred from acute inpatient care following stabilization.

5) Psychological Testing - testing to diagnose a Mental Health Condition when referred by an MHSA Participating Provider.

6) Transcranial Magnetic Stimulation - a non-invasive method of delivering electrical stimulation to the brain for the treatment of severe depression.

**Outpatient Substance Use Disorder Services**

Benefits are provided for Outpatient Facility and professional services for the diagnosis and treatment of Substance Use Disorder Conditions. These services may also be provided in the office, home or other non-institutional setting. Outpatient Substance Use Disorder Services include, but may not be limited to, the following:

1) Intensive Outpatient Program - an outpatient substance use disorder treatment program utilized when a patient's condition requires structure, monitoring, and medical/psychological intervention at least three hours per day, three days per week.

2) Office-Based Opioid Detoxification and/or Maintenance Therapy, including Methadone maintenance treatment.

3) Partial Hospitalization Program – an outpatient treatment program that may be free-standing or Hospital-based and provides services at least five hours per day, four days per week. Members may be admitted directly to this level of care, or transferred from acute inpatient care following stabilization.

**Inpatient Services**

Benefits are provided for inpatient Hospital and professional services in connection with acute hospitalization for Behavioral Health Treatment, the treatment of Mental Health Conditions or Substance Use Disorder Conditions

Benefits are provided for inpatient and professional services in connection with Residential Care admission for Behavioral Health Treatment, the treatment of Mental Health Conditions or Substance Use Disorder Conditions

See *Hospital Benefits (Facility Services)*, *Inpatient Services for Treatment of Illness or Injury* for information on Medically Necessary inpatient substance use disorder detoxification.

## Orthotics Benefits

Benefits are provided for orthotic appliances and devices for maintaining normal Activities of Daily Living only. Benefits include:

1) shoes only when permanently attached to such appliances;
2) special footwear required for foot disfigurement which includes, but is not limited to, foot disfigurement from cerebral palsy, arthritis, polio, spina bifida, and foot disfigurement caused by accident or developmental disability;
3) knee braces for post-operative rehabilitation following ligament surgery, instability due to injury, and to reduce pain and instability for patients with osteoarthritis;
4) functional foot orthoses that are custom made rigid inserts for shoes, ordered by a physician or podiatrist, and used to treat mechanical problems of the foot, ankle or leg by preventing abnormal motion and positioning when improvement has not occurred with a trial of strapping or an over-the-counter stabilizing device;
5) initial fitting and adjustment of these devices, their repair or replacement after the expected life of the orthosis is covered.

No Benefits are provided for orthotic devices such as knee braces intended to provide additional support for recreational or sports activities or for orthopedic shoes and other supportive devices for the feet not listed above. No Benefits are provided for backup or alternate items, or replacement due to loss or misuse.

See the *Diabetes Care Benefits* section for devices, equipment, and supplies for the management and treatment of diabetes.

## Outpatient Prescription Drug Benefits

This plan provides benefits for Outpatient Prescription Drugs as specified in this section.

A Physician or Health Care Provider must prescribe all Drugs covered under this Benefit, including over-the-counter items. Members must obtain all Drugs from a Participating Pharmacy, except as noted below.

Some Drugs, most Specialty Drugs, and prescriptions for Drugs exceeding specific quantity limits require prior authorization by Blue Shield for Medical Necessity, as described in the *Prior Authorization/Exception Request Process/Step Therapy* section. The Member or their Physician or Health Care Provider may request prior authorization from Blue Shield.

### Outpatient Drug Formulary

Blue Shield's Drug Formulary is a list of Food and Drug Administration (FDA)-approved preferred Generic and Brand Drugs that assists Physicians and Health Care Providers to prescribe Medically Necessary and cost-effective Drugs. Coverage is limited to Drugs listed on the Formulary; however, Drugs not listed on the Formulary may be covered when prior authorized by Blue Shield.

Blue Shield's Formulary is established by Blue Shield's Pharmacy and Therapeutics (P&T) Committee. This committee consists of physicians and pharmacists responsible for evaluating drugs for relative safety, effectiveness, health benefit based on the medical evidence, and comparative cost. They also review new drugs, dosage forms, usage and clinical data to update the Formulary four times a year. Note: The Member's Physician or Health Care Provider might prescribe a drug even though the drug is not included on the Formulary.

The Formulary drug list is categorized into drug tiers as described in the chart below. The Member's Copayment or Coinsurance will vary based on the drug tier.

| Drug Tier | Description |
|---|---|
| Tier 1 | Most Generic Drugs, and low-cost, Preferred Brand Drugs. |
| Tier 2 | 1. Non-preferred Generic Drugs or;<br>2. Preferred Brand Name Drugs or;<br>3. Recommended by the plan's pharmaceutical and therapeutics (P&T) committee based on drug safety, efficacy and cost. |
| Tier 3 | 1. Non-preferred Brand Name Drugs or;<br>2. Recommended by P&T committee based on drug safety, efficacy and cost or;<br>3. Generally have a preferred and often less costly therapeutic alternative at a lower tier |
| Tier 4 | 1. Food and Drug Administration (FDA) or drug manufacturer limits distribution to specialty pharmacies or;<br>2. Self administration requires training, clinical monitoring or;<br>3. Drug was manufactured using biotechnology or;<br>4. Plan cost (net of rebates) is >$600. |

Members can find the Drug Formulary at https://www.blueshieldca.com/bsca/pharmacy/home.sp. Members can also contact Customer Service at the number provided on the back page of this Evidence of Coverage to ask if a specific Drug is included in the Formulary, or to request a printed copy of the Formulary.

**Obtaining Outpatient Prescription Drugs at a Participating Pharmacy**

The Member must present a Blue Shield Identification Card at a Participating Pharmacy to obtain Drugs. The Member can obtain prescription Drugs at any retail Participating Pharmacy unless the Drug is a Specialty Drug. Refer to the section *Obtaining Specialty Drugs through the Specialty Drug Program* for additional information. The Member can locate a retail Participating Pharmacy by visiting https://www.blueshieldca.com/bsca/pharmacy/home.sp or by calling Customer Service at the number listed on the Identification Card. If the Member obtains Drugs at a Non-Participating Pharmacy or without a Blue Shield Identification Card, Blue Shield will deny the claim, unless it is for Emergency Services.

Blue Shield negotiates contracted rates with Participating Pharmacies for Drugs. If the Member's Plan has a Calendar Year Pharmacy Deductible, the Member is responsible for paying the contracted rate for Drugs until the Calendar Year Deductible is met. Drugs in Tier 1 are not subject to, and will not accrue to, the Calendar Year Pharmacy Deductible.

The Member must pay the applicable Copayment or Coinsurance for each prescription when the Member obtains it from a Participating Pharmacy. When the Participating Pharmacy's contracted rate is less than the Member's Copayment or Coinsurance, the Member only pays the contracted rate. There is no Copayment or Coinsurance for generic FDA-approved contraceptive Drugs and devices obtained from a Participating Pharmacy. Brand contraceptives are covered without a Copayment or Coinsurance when Medically Necessary. See *Prior Authorization/Exception Request Process/Step Therapy* section.

Coverage is limited to Drugs listed on the Formulary; however, Drugs not listed on the Formulary may be covered when Medically Necessary and when prior authorized by Blue Shield. If prior authorized, Drugs that are categorized as Tier 4 will be covered at the Tier 4 Copayment or Coinsurance (refer to the Drug Tier table in the *Outpatient Drug Formulary* section of this Evidence of Coverage.). For all other Drugs, the Tier 3 Copayment or Coinsurance applies when prior authorization is obtained. If prior authorization is not obtained, the Member is responsible for paying 100% of the cost of the Drug(s).

If the Member, their Physician or Health Care Provider selects a Brand Drug when a Generic Drug equivalent is available, the Member pays the difference in cost, plus the Tier 1 Copayment or Coinsurance. This is calculated by taking the difference between the Participating Pharmacy's

contracted rate for the Brand Drug and the Generic Drug equivalent, plus the Tier 1 Copayment or Coinsurance. For example, the Member selects Brand Drug A when there is an equivalent Generic Drug A available. The Participating Pharmacy's contracted rate for Brand Drug A is $300, and the contracted rate for Generic Drug A is $100. The Member would be responsible for paying the $200 difference in cost, plus the Tier 1 Copayment or Coinsurance. This difference in cost does not accrue to the Member's Calendar Year Pharmacy Deductible or Out-of-Pocket Maximum responsibility.

If the Member or their Physician or Health Care Provider believes the Brand Drug is Medically Necessary, they can request an exception to the difference in cost between the Brand Drug and Generic Drug equivalent through the Blue Shield prior authorization process. The request is reviewed for Medical Necessity. If the request is approved, the Member pays the applicable tier Copayment or Coinsurance for the Brand Drug.

The prior authorization process is described in the *Prior Authorization/Exception Request Process/Step Therapy* section of this Evidence of Coverage.

**Emergency Exception for Obtaining Outpatient Prescription Drugs at a Non-Participating Pharmacy**

When the Member obtains Drugs from a Non-Participating Pharmacy for Emergency Services:

- The Member must first pay all charges for the prescription,
- Submit a completed Prescription Drug Claim Form to

  Blue Shield of California
  Argus Health Systems, Inc.
  P.O. Box 419019,
  Dept. 191
  Kansas City, MO 64141

- Blue Shield will reimburse the Member based on the price the Member paid for the Drugs, minus any applicable Deductible and Copayment or Coinsurance.

Claim forms may be obtained by calling Customer Service or visiting www.blueshieldca.com. Claims must be received within one year from the date of service to be considered for payment. Claim submission is not a guarantee of payment.

**Obtaining Outpatient Prescription Drugs Through the Mail Service Prescription Drug Program**

The Member has an option to use Blue Shield's Mail Service Prescription Drug Program when he or she takes maintenance Drugs for an ongoing condition. This allows the Member to receive up to a 90-day supply of their Drug and may help the Member to save money. The Member may enroll online, by phone, or by mail. Please allow up to 14 days to receive the Drug. The Member's Physician or Health Care Provider must indicate a prescription quantity equal to the amount to be dispensed. Specialty Drugs are not available through the Mail Service Prescription Drug Program.

The Member must pay the applicable Mail Service Prescription Drug Copayment or Coinsurance for each prescription Drug.

Visit www.blueshieldca.com or call Customer Service to get additional information about the Mail Service Prescription Drug Program.

**Obtaining Specialty Drugs through the Specialty Drug Program**

Specialty Drugs are Drugs requiring coordination of care, close monitoring, or extensive patient training for self-administration that cannot be met by a retail pharmacy and are available at a Network Specialty Pharmacy. Specialty Drugs may also require special handling or manufacturing processes (such as biotechnology), restriction to certain Physicians or pharmacies, or reporting of certain clinical events to the FDA. Specialty Drugs are generally high cost.

Specialty Drugs are available exclusively from a Network Specialty Pharmacy. A Network Specialty Pharmacy provides Specialty Drugs by mail or, upon the Member's request, will transfer the Specialty Drug to an associated retail store for pickup. See *Emergency Exception for Obtaining Outpatient Prescription Drugs at a Non-Participating Pharmacy*.

A Network Specialty Pharmacy offers 24-hour clinical services, coordination of care with Physicians, and reporting of certain clinical events associated with select Drugs to the FDA. To select a Network Specialty Pharmacy, you may go to http://www.blueshieldca.com or call Customer Service.

Go to http://www.blueshieldca.com for a complete list of Specialty Drugs. Most Specialty Drugs require prior authorization for Medical Necessity by Blue Shield, as described in the *Prior Authorization/Exception Request Process/Step Therapy* section.

**Prior Authorization/Exception Request Process/Step Therapy**

Some Drugs and Drug quantities require prior approval for Medical Necessity before they are eligible to be covered by the Outpatient Prescription Drug Benefit. This process is called prior authorization.

The following Drugs require prior authorization:

1) Some Formulary, preferred, non-preferred, compound Drugs, and most Specialty Drugs;
2) Drugs exceeding the maximum allowable quantity based on Medical Necessity and appropriateness of therapy;
3) Brand contraceptives may require prior authorization to be covered without a Copayment or Coinsurance;
4) When a Brand Drug is Medically Necessary, prior authorization is required if the Member, Physician or Health Care Provider is requesting an exception to the difference in cost between the Brand Drug and the Generic equivalent;

Blue Shield covers compounded medication(s) when:

- The compounded medication(s) include at least one Drug,
- There are no FDA-approved, commercially available, medically appropriate alternatives,
- The compounded medication is self- administered, and
- Medical literature supports its use for the diagnosis.

The Member pays the Tier 3 Copayment or Coinsurance for covered compound Drugs.

The Member, their Physician or Health Care Provider may request prior authorization or an exception request for the Drugs listed above by submitting supporting information to Blue Shield. Once Blue Shield receives all required supporting information is received, Blue Shield will provide prior authorization approval or denial, based upon Medical Necessity, within 72 hours in routine circumstances or 24 hours in exigent circumstances. Exigent circumstances exist when a Member has a health condition that may seriously jeopardize the Member's life, health, or ability to regain maximum function or when a Member is undergoing a current course of treatment using a Non-Formulary Drug.

To request coverage for a Non-Formulary Drug, the Member, representative, or the Provider may submit an exception request to Blue Shield. Once all required supporting information is received, Blue Shield will approve or deny the exception request, based upon Medical Necessity, within 72 hours in routine circumstances or 24 hours in exigent circumstances.

Step therapy is the process of beginning therapy for a medical condition with Drugs considered first-line treatment or that are more cost-effective, then progressing to Drugs that are the next line in treatment or that may be less cost-effective. Step therapy requirements are based on how the FDA recommends that a drug should be used, nationally recognized treatment guidelines, medical studies, information from the drug manufacturer, and the relative cost of treatment for a condition. If step therapy coverage requirements are not met for a prescription and your Physician believes the medication is Medically Necessary, the prior authorization process may be utilized and timeframes previously described will also apply.

If Blue Shield denies a request for prior authorization or an exception request, the Member, representative, or the Provider can file a grievance with Blue Shield, as described in the *Grievance Process* section.

**Limitation on Quantity of Drugs that May Be Obtained Per Prescription or Refill**

1) Except as otherwise stated below, the Member may receive up to a 30-day supply of Outpatient Prescription Drugs. If a Drug is available only in supplies greater than 30 days, the Member must pay the applicable retail Copayment or Coinsurance for each additional 30-day supply.

2) Blue Shield has a Short Cycle Specialty Drug Program. With the Member's agreement, designated Specialty Drugs may be dispensed for a 15-day trial supply at a pro-rated Copayment or Coinsurance for an initial prescription. This program allows the Member to receive a 15-day supply of the Specialty Drug and determine whether the Member will tolerate it before he or she obtains the full 30-day supply. This program can help the Member save out of pocket expenses if the Member cannot tolerate the Specialty Drug. The Network Specialty Pharmacy will contact the Member to discuss the advantages of the program, which the Member can elect at that time. The Member or their Physician may choose a full 30-day supply for the first fill.

   If the Member agrees to a 15-day trial, the Network Specialty Pharmacy will contact the Member prior to dispensing the remaining 15-day supply to confirm that the Member is tolerating the Specialty Drug. The Member can find a list of Specialty Drugs in the Short Cycle Specialty Drug Program by visiting https://www.blueshieldca.com/bsca/pharmacy/home.sp or by calling Customer Service.

3) You may receive up to a 90-day supply of Drugs in the Mail Service Prescription Drug Program. Note: if your Physician or Health Care Provider writes a prescription for less than a 90-day supply, the mail service pharmacy will dispense that amount and you are responsible for the applicable Mail Service Copayment or Coinsurance. Refill authorizations cannot be combined to reach a 90-day supply.

4) Select over-the-counter (OTC) drugs with a United States Preventive Services Task Force (USPSTF) rating of A or B may be covered at a quantity greater than a 30-day supply.

5) The Member may refill covered prescriptions at a Medically Necessary frequency.

**Outpatient Prescription Drug Exclusions and Limitations**

Blue Shield does not provide coverage in the Outpatient Prescription Drug Benefit for the following. The Member may receive coverage for certain services excluded below under other Benefits. Refer to the applicable section(s) of your Evidence of Coverage to determine if the Plan covers Drugs under that Benefit.

1) Any Drug the Member receives while an inpatient, in a Physician's office, Skilled Nursing Facility or Outpatient Facility. See the *Professional Benefits and Hospital Benefits (Facility Services)* sections of this Evidence of Coverage.

2) Take home drugs received from a Hospital, Skilled Nursing Facility, or similar facilities. See the *Hospital Benefits* and *Skilled Nursing Facility Benefits* sections of this Evidence of Coverage.

3) Unless listed as covered under this Outpatient Prescription Drug Benefit, Drugs that are available without a prescription (OTC), including drugs for which there is an OTC drug that has the same active ingredient and dosage as the prescription drug.

4) Drugs not listed on the Formulary. These Drugs may be covered if Medically Necessary and prior authorization is obtained from Blue Shield. See the *Prior Authorization/Exception Request Process/Step Therapy* section of this Evidence of Coverage.

5) Drugs for which the Member is not legally obligated to pay, or for which no charge is made.

6) Drugs that are considered to be experimental or investigational.

7) Medical devices or supplies except as listed as covered herein. This exclusion also applies to prescription preparations applied to the skin that are approved by the FDA as medical devices. See the *Prosthetic Appliances Benefits, Durable Medical Equipment Benefits,* and the *Orthotics Benefits* sections of this Evidence of Coverage.

8) Blood or blood products (see the *Hospital Benefits (Facility Services)* section of this Evidence of Coverage).

9) Drugs when prescribed for cosmetic purposes. This includes, but is not limited to, drugs used to slow or reverse the effects of skin aging or to treat hair loss.

10) Medical food, dietary, or nutritional products. See the *Home Health Care Benefits*, *Home Infusion and Home Injectable Therapy Benefits, PKU-Related Formulas and Special Food Product Benefits* sections of this Evidence of Coverage.

11) Any Drugs which are not considered to be safe for self-administration. These medications may be covered under the *Home Health Care Benefits, Home Infusion and Home Injectable Therapy Benefits, Hospice Program Benefits,* or *Family Planning Benefits* sections of this Evidence of Coverage.

12) All Drugs for the treatment of infertility.

13) Appetite suppressants or drugs for body weight reduction. These Drugs may be covered if Medically Necessary for the treatment of morbid obesity. In these cases, prior authorization by Blue Shield is required.

14) Contraceptive drugs or devices which do not meet all of the following requirements:

- Are FDA-approved,
- Are ordered by a Physician or Health Care Provider,
- Are generally purchased at an outpatient pharmacy, and
- Are self-administered.

Other contraceptive methods may be covered under the *Family Planning Benefits* section of this Evidence of Coverage.

15) Compounded medication(s) which do not meet all of the following requirements:

- The compounded medication(s) include at least one Drug,
- There are no FDA-approved, commercially available, medically appropriate alternatives,
- The compounded medication is self-administered, and
- Medical literature supports its use for the diagnosis.

16) Replacement of lost, stolen, or destroyed Drugs.

17) If the Member is enrolled in a Hospice Program through a Participating Hospice Agency, Drugs that are Medically Necessary for the palliation and management of terminal illness and related conditions. These Drugs are excluded from coverage under *Outpatient Prescription Drug Benefits* and are covered under the *Hospice Program Benefits* section of this Evidence of Coverage.

18) Drugs prescribed for treatment of dental conditions. This exclusion does not apply to

- antibiotics prescribed to treat infection,
- Drugs prescribed to treat pain, or
- Drug treatment related to surgical procedures for conditions affecting the upper/lower jawbone or associated bone joints.

19) Except for covered Emergency Services, Drugs obtained from a pharmacy:
    - Not licensed by the State Board of Pharmacy, or
    - Included on a government exclusion list.
20) Immunizations and vaccinations solely for the purpose of travel.
21) Drugs packaged in convenience kits that include non-prescription convenience items, unless the Drug is not otherwise available without the non-prescription convenience items. This exclusion shall not apply to items used for the administration of diabetes or asthma Drugs.
22) Repackaged prescription drugs (drugs that are repackaged by an entity other than the original manufacturer).

## Outpatient X-ray, Imaging, Pathology and Laboratory Benefits

Benefits are provided to diagnose or treat illness or injury, including:

1) diagnostic and therapeutic imaging services, such as X-ray and ultrasounds (certain imaging services require prior authorization);
2) clinical pathology, and
3) laboratory services.

Benefits are provided for genetic testing for certain conditions when the Member has risk factors such as family history or specific symptoms. The testing must be expected to lead to increased or altered monitoring for early detection of disease, a treatment plan or other therapeutic intervention.

Routine laboratory services performed as part of a preventive health screening are covered under the *Preventive Health Benefits* section.

**Radiological and Nuclear Imaging**

The following radiological procedures, when performed on an outpatient, non-emergency basis, require prior authorization under the Benefits Management Program. See the *Benefits Management Program* section for complete information.

1) CT (Computerized Tomography) scans;
2) MRIs (Magnetic Resonance Imaging);
3) MRAs (Magnetic Resonance Angiography);
4) PET (Positron Emission Tomography) scans; and
5) cardiac diagnostic procedures utilizing Nuclear Medicine.

See the *Pregnancy and Maternity Care Benefits* section for genetic testing for prenatal diagnosis of genetic disorders of the fetus.

## PKU-Related Formulas and Special Food Products Benefits

Benefits are provided for enteral formulas, related medical supplies, and Special Food Products for the dietary treatment of phenylketonuria (PKU). All formulas and Special Food Products must be prescribed and ordered through the appropriate health care professional.

## Podiatric Benefits

Podiatric services include office visits and other Covered Services for the diagnosis and treatment of the foot, ankle, and related structures. These services are customarily provided by a licensed doctor of podiatric medicine. Covered lab and X-ray services provided in conjunction with this Benefit are described under the *Outpatient X-ray, Imaging, Pathology and Laboratory Benefits* section.

## Pregnancy and Maternity Care Benefits

Benefits are provided for maternity services, including the following:

1) prenatal care;
2) prenatal diagnosis of genetic disorders of the fetus by means of diagnostic procedures in case of high-risk pregnancy;
3) outpatient maternity services;
4) involuntary complications of pregnancy (including puerperal infection, eclampsia, cesarean section delivery, ectopic pregnancy, and toxemia);

5) inpatient hospital maternity care including labor, delivery and post-delivery care;

6) abortion services; and

7) outpatient routine newborn circumcisions performed within 18 months of birth.

See the *Outpatient X-ray, Imaging, Pathology and Laboratory Benefits* section for information on coverage of other genetic testing and diagnostic procedures.

The Newborns' and Mothers' Health Protection Act requires health plans to provide a minimum Hospital stay for the mother and newborn child of 48 hours after a normal, vaginal delivery and 96 hours after a C-section unless the attending Physician, in consultation with the mother, determines a shorter Hospital length of stay is adequate.

If the Hospital stay is less than 48 hours after a normal, vaginal delivery or less than 96 hours after a C-section, a follow-up visit for the mother and newborn within 48 hours of discharge is covered when prescribed by the treating Physician. This visit shall be provided by a licensed health care provider whose scope of practice includes postpartum and newborn care. The treating Physician, in consultation with the mother, shall determine whether this visit shall occur at home, the contracted facility, or the Physician's office.

## Preventive Health Benefits

Preventive Health Services are only covered when rendered by a Participating Provider. These services include primary preventive medical screening and laboratory testing for early detection of disease as specifically listed below:

1) evidence-based items, drugs or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force;

2) immunizations that have in effect a recommendation from either the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention, or the most current version of the Recommended Childhood Immunization Schedule/United States, jointly adopted by the American Academy of Pediatrics, the Advisory Committee on Immunization Practices, and the American Academy of Family Physicians;

3) with respect to infants, children, and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration;

4) with respect to women, such additional preventive care and screenings not described in paragraph 1) as provided for in comprehensive guidelines supported by the Health Resources and Services Administration.

Preventive Health Services include, but are not limited to, cancer screening (including, but not limited to, colorectal cancer screening, cervical cancer and HPV screening, breast cancer screening and prostate cancer screening), osteoporosis screening, screening for blood lead levels in children at risk for lead poisoning, and health education. More information regarding covered Preventive Health Services is available at www.blueshieldca.com/preventive or by calling Customer Service.

In the event there is a new recommendation or guideline in any of the resources described in paragraphs 1) through 4) above, the new recommendation will be covered as a Preventive Health Service no later than 12 months following the issuance of the recommendation.

Diagnostic audiometry examinations are covered under the *Professional Benefits* section.

## Professional Benefits

Benefits are provided for services of Physicians for treatment of illness or injury, as indicated below.

1) Office visits.

2) Services of consultants, including those for second medical opinion consultations.

3) Mammography and Papanicolaou's tests or other FDA (Food and Drug Administration) approved cervical cancer screening tests.

4) Asthma self-management training and education to enable a Member to properly use asthma-related medication and equipment such

as inhalers, spacers, nebulizers and peak flow monitors.

5) Visits to the home, Hospital, Skilled Nursing Facility and Emergency Room.

6) Routine newborn care in the Hospital including physical examination of the baby and counseling with the mother concerning the baby during the Hospital stay.

7) Surgical procedures. Chemotherapy for cancer, including catheterization, and associated drugs and supplies.

8) Extra time spent when a Physician is detained to treat a Member in critical condition.

9) Necessary preoperative treatment.

10) Treatment of burns.

11) Outpatient routine newborn circumcision performed within 18 months of birth.

12) Diagnostic audiometry examination.

13) Teladoc consultations. Teladoc consultations for primary care services provide confidential consultations using a network of U.S. board certified Physicians who are available 24 hours a day by telephone and from 7 a.m. and 9 p.m. by secure online video, 7 days a week. If your Physician's office is closed or you need quick access to a Physician, you can call Teladoc toll free at 1-800-Teladoc (800-835-2362) or visit http://www.teladoc.com/bsc. The Teladoc Physician can provide diagnosis and treatment for routine medical conditions and can also prescribe certain medications.

    Before this service can be accessed, you must complete a Medical History Disclosure form (MHD). The MHD form can be completed online on Teladoc's website at no charge or can be printed, completed and mailed or faxed to Teladoc. Teladoc consultation services are not intended to replace services from your Physician but are a supplemental service. You do not need to contact your Physician before using Teladoc consultation services.

    Teladoc physicians do not issue prescriptions for substances controlled by the DEA, non-therapeutic, and/or certain other drugs which may be harmful because of potential for abuse.

    Note: If medications are prescribed, the applicable Copayment or Coinsurance will apply. Teladoc consultation services are not available for specialist services or Mental Health and Substance Use Disorder Services. However, telehealth services for Mental Health and Substance Use Disorders are available through MHSA Participating Providers.

A Participating Physician may offer extended hour and urgent care services on a walk-in basis in a non-hospital setting such as the Physician's office or an urgent care center. Services received from a Participating Physician at an extended hours facility will be reimbursed as Physician office visits. A list of urgent care providers may be found online at www.blueshieldca.com or from Customer Service.

Professional services by providers other than Physicians are described elsewhere under Covered Services.

Covered lab and X-ray services provided in conjunction with these professional services listed above are described under the *Outpatient X-ray, Imaging, Pathology and Laboratory Benefits* section.

## Prosthetic Appliances Benefits

Benefits are provided for Prostheses for Activities of Daily Living at the most cost-effective level of care that is consistent with professionally recognized standards of practice. If there are two or more professionally recognized Prosthetic appliances equally appropriate for a condition, Benefits will be based on the most cost-effective Prosthetic appliance. Benefits include:

1) Blom-Singer and artificial larynx prostheses for speech following a laryngectomy (covered as a surgical professional benefit);

2) artificial limbs and eyes;

3) internally implanted devices such as pacemakers, intraocular lenses, cochlear implants, osseointegrated hearing devices and hip joints if surgery to implant the device is covered;

4) contact lenses to treat eye conditions such as keratoconus or keratitis sicca, aniridia, or aphakia following cataract surgery when no intraocular lens has been implanted;
5) supplies necessary for the operation of prostheses;
6) initial fitting and replacement after the expected life of the item; and
7) repairs, except for loss or misuse.

No Benefits are provided for wigs for any reason or any type of speech or language assistance devices (except as specifically provided above). No Benefits are provided for backup or alternate items.

For surgically implanted and other prosthetic devices (including prosthetic bras) provided to restore and achieve symmetry incident to a mastectomy, see the *Reconstructive Surgery Benefits* section.

## Reconstructive Surgery Benefits

Benefits are provided to correct or repair abnormal structures of the body caused by congenital defects, developmental abnormalities, trauma, infection, tumors, or disease to do either of the following: (1) to improve function, or (2) to create a normal appearance to the extent possible. Benefits include dental and orthodontic services that are an integral part of this surgery for cleft palate procedures. Reconstructive Surgery is covered to create a normal appearance only when it offers more than a minimal improvement in appearance.

In accordance with the Women's Health & Cancer Rights Act, Reconstructive Surgery, and surgically implanted and non-surgically implanted prosthetic devices (including prosthetic bras), are covered on either breast to restore and achieve symmetry incident to a mastectomy, and treatment of physical complications of a mastectomy, including lymphedemas.

Benefits will be provided in accordance with guidelines established by Blue Shield and developed in conjunction with plastic and reconstructive surgeons.

## Rehabilitation and Habilitative Services Benefits (Physical, Occupational and Respiratory Therapy)

Benefits are provided for outpatient Physical, Occupational, and Respiratory Therapy pursuant to a written treatment plan, and when rendered in the provider's office or outpatient department of a Hospital.

Blue Shield reserves the right to periodically review the provider's treatment plan and records for Medical Necessity.

Benefits for Speech Therapy are described in the *Speech Therapy Benefits* section.

See the *Home Health Care Benefits* and *Hospice Program Benefits* sections for information on coverage for Rehabilitation/Habilitative services rendered in the home.

## Skilled Nursing Facility Benefits

Benefits are provided for Skilled Nursing services in a Skilled Nursing unit of a Hospital or a freestanding Skilled Nursing Facility, up to the Benefit maximum as shown on the Summary of Benefits. The Benefit maximum is per Member per Benefit Period, except that room and board charges in excess of the facility's established semiprivate room rate are excluded. A "Benefit Period begins on the date the Member is admitted into the facility for Skilled Nursing services, and ends 60 days after being discharged and Skilled Nursing services are no longer being received. A new Benefit Period can begin only after an existing Benefit Period ends.

## Speech Therapy Benefits

Benefits are provided for Medically Necessary outpatient Speech Therapy services when ordered by a Physician or other appropriately licensed or certified Health Care Provider pursuant to a written treatment plan to: correct or improve (1) a communication impairment; (2) a swallowing disorder; (3) an expressive or receptive language disorder; or (4) an abnormal delay in speech development.

Continued outpatient Benefits will be provided as long as treatment is Medically Necessary, pursuant to the treatment plan, and likely to result in clini-

cally significant progress as measured by objective and standardized tests. The provider's treatment plan and records may be reviewed periodically for Medical Necessity.

Except as specified above and as stated under the *Home Health Care Benefits* and *Hospice Program Benefits* sections, no outpatient benefits are provided for Speech Therapy, speech correction, or speech pathology services.

See the *Hospital Benefits (Facility Services)* section for information on inpatient Benefits.

## Transplant Benefits

### Tissue and Kidney Transplants

Benefits are provided for Hospital and professional services provided in connection with human tissue and kidney transplants when the Member is the transplant recipient.

Benefits include services incident to obtaining the human transplant material from a living donor or a tissue/organ transplant bank.

### Special Transplants

Benefits are provided for certain procedures, listed below, only if: (1) performed at a Special Transplant Facility contracting with Blue Shield to provide the procedure, or in the case of Members accessing this Benefit outside of California, the procedure is performed at a transplant facility designated by Blue Shield, (2) prior authorization is obtained, in writing through the Benefits Management Program, and (3) the recipient of the transplant is a Subscriber or Dependent.

Failure to obtain prior written authorization and/or failure to have the procedure performed at a contracting Special Transplant Facility will result in denial of claims for this Benefit.

The following procedures are eligible for coverage under this provision:

1) Human heart transplants.
2) Human lung transplants.
3) Human heart and lung transplants in combination.
4) Human liver transplants.
5) Human kidney and pancreas transplants in combination.
6) Human bone marrow transplants, including autologous bone marrow transplantation (ABMT) or autologous peripheral stem cell transplantation used to support high-dose chemotherapy when such treatment is Medically Necessary and is not Experimental or Investigational.
7) Pediatric human small bowel transplants.
8) Pediatric and adult human small bowel and liver transplants in combination.

Transplant benefits include coverage for donation-related services for a living donor (including a potential donor), or a transplant organ bank. Donor services must be directly related to a covered transplant and must be prior authorized by Blue Shield. Donation-related services include harvesting of the organ, tissue, or bone marrow and treatment of medical complications for a period of 90 days following the evaluation or harvest service.

## Pediatric Dental Benefits

### (Benefits applicable to Member aged 19 and under)

Blue Shield has contracted with a Dental Plan Administrator (DPA). All pediatric dental Benefits will be administered by the DPA. Pediatric dental Benefits are available for Members through the end of the month in which the Member turns 19. Dental services are delivered to our Members through the DPA's Dental PPO ("DPPO) network of Participating Providers. A DPA also contracts with Blue Shield to serve as a claims administrator for the processing of claims for services received from Non-Participating Dentists.

If the Member purchased a family dental plan that includes a supplemental pediatric dental Benefits on the Health Benefits Exchange, embedded the pediatric dental Benefits covered under this Plan will be paid first, with the supplemental pediatric dental plan covering non-covered services and/or cost sharing as described in the Member's family dental evidence of coverage.

If the Member has any questions regarding the pediatric dental Benefits described in this Evidence

of Coverage, needs assistance, or has any problems, they may contact the Dental Member Services Department at: 1-800-286-7401.

**Before Obtaining Dental Services**

The Member is responsible for assuring that the Dentist they chooses is a Participating Dentist. Note: A Participating Dentist's status may change. It is the Member's obligation to verify whether the Dentist the Member chooses is currently a Participating Dentist in case there have been any changes to the list of Participating Dentists. A list of Participating Dentists located in the Member's area, can be obtained by contacting the DPA at 1-800-286-7401. The Member may also access a list of Participating Dentists through Blue Shield of California's internet site located at http://www.blueshieldca.com. The Member is also responsible for following the Pre-certification of Dental Benefits Program that includes obtaining or assuring that the Dentist obtains Pre-certification of Benefits.

NOTE: The DPA will respond to all requests for pre-certification and prior authorization within 5 business days from receipt of the request. For urgent services in situations in which the routine decision making process might seriously jeopardize the life or health of a Member or when the Member is experiencing severe pain, the DPA will respond within 72 hours from receipt of the request.

Failure to meet these responsibilities may result in the denial of benefits. However, by following the Pre-certification process both the Member and the Dentist will know in advance which services are covered and the benefits that are payable.

**Participating Dentists**

The Blue Shield of California Dental DPPO Plan is specifically designed for Members to use Participating Dentists. Participating Dentists agree to accept the DPA's payment, plus the Member's payment of any applicable deductible and coinsurance amount, as payment in full for covered services. This is not true of Non-Participating Dentists.

If the Member goes to a Non-Participating Dentist, the Member will be reimbursed up to a pre-determined maximum amount, for covered services. The Member's reimbursement may be substantially less than the billed amount. The Member is responsible for all differences between the amount the Member is reimbursed and the amount billed by Non-Participating Dentists. It is therefore to the Member's advantage to obtain dental services from Participating Dentists.

Participating Providers submit claims for payment after their services have been rendered. These payments go directly to the Participating Provider. The Member or their Non-Participating Providers submits claims for reimbursement after services have been rendered. If the Member receives services from Non-Participating Providers, the Member has the option of having payments sent directly to the Non-Participating Provider or sent directly to the Member. The DPA will notify the Member of its determination within 30 days after receipt of the claim.

Providers do not receive financial incentives or bonuses from Blue Shield of California.

The Member may access a Directory of Participating Dentists through Blue Shield of California's Internet site located at http://www.blueshieldca.com. The names of Participating Dentists in the Member's area may also be obtained by contacting the DPA at 1-800-286-7401.

**Continuity of Care by a Terminated Provider**

Persons who are being treated for acute dental conditions, serious chronic dental conditions, or who are children from birth to 36 months of age, or who have received authorization from a now-terminated provider for dental surgery or another dental procedure as part of a documented course of treatment can request completion of care in certain situations with a provider who is leaving the DPA's network of Participating Dentists. Contact Customer Service to receive information regarding eligibility criteria and the policy and procedure for requesting continuity of care from a terminated provider.

**Financial Responsibility for Continuity of Care Services**

If a Member is entitled to receive Services from a terminated provider under the preceding Continuity of Care provision, the responsibility of the

Member to that provider for Services rendered under the Continuity of Care provision shall be no greater than for the same Services rendered by a Participating Dentist in the same geographic area.

**Pre-certification of Dental Benefits**

Before any course of treatment expected to cost more than $250 is started, the Member should obtain Pre-certification of Benefits. The Member's Dentist should submit the recommended treatment plan and fees together with appropriate diagnostic X-rays to the DPA. The DPA will review the dental treatment plan to determine the benefits payable under the plan. The benefit determination for the proposed treatment plan will then be promptly returned to the Dentist. When the treatment is completed, the Member's claim form should be submitted to the DPA for payment determination. The DPA will notify the Member of its determination within 30 days after receipt of the claim.

The dental plan provides benefits for covered services at the most cost-effective level of care that is consistent with professionally recognized standards of care. If there are two or more professionally recognized procedures for treatment of a dental condition, this plan will in most cases provide benefits based on the most cost-effective procedure. The benefits provided under this plan are based on these considerations but the Member and their Dentist make the final decision regarding treatment.

Failure to obtain Pre-certification of Benefits may result in a denial of benefits. If the Pre-certification process is not followed, the DPA will still determine payment by taking into account alternative procedures; services or materials for the dental condition based on professionally recognized standards of dental practice. However, by following the Pre-certification process both the Member and their Dentist will know in advance which services are covered and the benefits that are payable.

The covered dental expense will be limited to the Allowable Amount for the procedure, service or material which meets professionally recognized standards of quality dental care and is the most cost effective as determined by the DPA. If the Member and their Dentist decide on a more costly procedure, service or material than the DPA determined is payable under the plan, then benefits will be applied to the selected treatment plan up to the benefit maximum for the most cost effective alternative. The Member will be responsible for any charges in excess of the benefit amount. The DPA reserves the right to use the services of dental consultants in the Pre-certification review.

Example:

1) If a crown is placed on a tooth which can be restored by a filling, benefits will be based on the filling;
2) If a semi-precision or precision partial denture is inserted, benefits may be based on a conventional clasp partial denture;
3) If a bridge is placed and the Member has multiple unrestored missing teeth, Benefits will be based on a partial denture.

**Participating Dentists**

When the Member receives covered dental services from a Participating Dentist, the Member will be responsible for a coinsurance amount as outlined in the section entitled Summary of Benefits. Participating Dentists will file claims on the Member's behalf.

Participating Dentists will be paid directly by the plan, and have agreed to accept the DPA's payment, plus the Member's payment of any applicable deductible or coinsurance amount, as payment in full for covered services.

If the covered Member recovers from a third party the reasonable value of covered services rendered by a Participating Dentist, the Participating Dentist who rendered these services is not required to accept the fees paid by the DPA as payment in full, but may collect from the covered Member the difference, if any, between the fees paid by the DPA and the amount collected by the covered Member for these services.

**Non-Participating Dentists**

When the Member receives covered services from a Non-Participating Dentist, the Member will be reimbursed up to a specified maximum amount as outlined in the section entitled Summary of Benefits and Member Coinsurance. The Member will be responsible for the remainder of the Dentist's

billed charges. The Member should discuss this beforehand with their Dentist if he is not a Participating Dentist. Any difference between the DPA's or Blue Shield of California's payment and the Non-Participating Dentist's charges are the Member's responsibility. Members are expected to follow the billing procedures of the dental office.

If the Member receives covered Services from a Non-Participating Dentist, either the Member or their provider may file a claim using the dental claim form which may be obtained by calling Dental Member Services at:

1-800-286-7401

Claims for all Covered California services should be sent to:

Blue Shield of California
Dental Plan Administrator
P O Box 400
Chico, CA 95927

**Procedure for Filing a Claim**

Claims for covered dental Services should be submitted on a dental claim form which may be obtained from the DPA or at www.blueshieldca.com. Have the Dentist complete the form and mail it to the DPA Service Center as shown in the Pediatric Dental Benefits Customer Services section.

The DPA will provide payment in accordance with the provisions of this Agreement. The Member will receive an explanation of benefits after the claim has been processed.

All claims for reimbursement must be submitted to the DPA within one (1) year after the month in which the service is rendered. The DPA will notify the Member of its determination within 30 days after receipt of the claim.

**General Exclusions and Limitations**

Unless exceptions to the following general exclusions are specifically made elsewhere under this plan, this plan does not provide Benefits for:

1) Dental services not appearing on the Summary of Benefits or on the Dental Schedule and Limitations Table below;
2) Dental services in excess of the limits specified in the Limitations section of this Evidence of Coverage or on the Dental Schedule and Limitations Table below;
3) Services of dentists or other practitioners of healing arts not associated with the Plan, except upon referral arranged by a Participating Dentist and authorized by the Plan, or when required in a covered emergency;
4) Any dental services received or costs that were incurred in connection with any dental procedures started prior to the Member's effective date of coverage. This exclusion does not apply to Covered Services to treat complications arising from services received prior to the Member's effective date of coverage;
5) Any dental services received subsequent to the time the Member's coverage ends;
6) Experimental or investigational services, including any treatment, therapy, procedure, drug or drug usage, facility or facility usage, equipment or equipment usage, device or device usage, or supply which is not recognized as being in accordance with generally accepted professional medical standards, or for which the safety and efficiency have not been determined for use in the treatment of a particular illness, injury or medical condition for which the item or service in question is recommended or prescribed;
7) Dental services that are received in an emergency care setting for conditions that are not emergencies if the Member reasonably should have known that an emergency care situation did not exist;
8) Procedures, appliances, or restorations to correct congenital or developmental malformations unless specifically listed in the Summary of Benefits or on the Dental Schedule and Limitations Table below;
9) Cosmetic dental care;
10) General anesthesia or intravenous/conscious sedation unless specifically listed as a benefit on the Summary of Benefits or on the Dental Schedule and Limitations Table below or is given by a Dentist for a covered oral surgery;
11) Hospital charges of any kind;

12) Loss or theft of dentures or bridgework;

13) Malignancies;

14) Dispensing of drugs not normally supplied in a dental office;

15) Additional treatment costs incurred because a dental procedure is unable to be performed in the Dentist's office due to the general health and physical limitations of the Member;

16) The cost of precious metals used in any form of dental benefits;

17) Services of a pedodontist/pediatric Dentist for Member except when a Member child is unable to be treated by his or her Participating Dentist or treatment is Dentally Necessary or his or her Participating Dentist is a pedodontist/pediatric Dentist;

18) Charges for services performed by a close relative or by a person who ordinarily resides in the Member's home;

19) Treatment for any condition for which Benefits could be recovered under any worker's compensation or occupational disease law, when no claim is made for such Benefits;

20) Treatment for which payment is made by any governmental agency, including any foreign government;

21) Charges for second opinions, unless previously authorized by the DPA;

22) Charges for saliva testing when caries management procedures D0601, D0602 and D0603 are performed;

23) Services provided by an individual or entity that is not licensed or certified by the state to provide health care services, or is not operating within the scope of such license or certification, except as specifically stated herein.

**Preventive Exclusions and Limitations (D1000-D1999)**

1) Fluoride treatment (D1206 and D1208) is a Benefit only for prescription strength fluoride products;

2) Fluoride treatments do not include treatments that incorporate fluoride with prophylaxis paste, topical application of fluoride to the prepared portion of a tooth prior to restoration and applications of aqueous sodium fluoride; and

3) The application of fluoride is only a Benefit for caries control and is payable as a full mouth treatment regardless of the number of teeth treated.

**Restorative Exclusions and Limitations (D2000-D2999)**

1) Restorative services provided solely to replace tooth structure lost due to attrition, abrasion, erosion or for cosmetic purposes;

2) Restorative services when the prognosis of the tooth is questionable due to non-restorability or periodontal involvement;

3) Restorations for primary teeth near exfoliation;

4) Replacement of otherwise satisfactory amalgam restorations with resin-based composite restorations unless a specific allergy has been documented by a medical specialist (allergist) on their professional letterhead or prescription;

5) Prefabricated crowns for primary teeth near exfoliation;

6) Prefabricated crowns are not a Benefit for abutment teeth for cast metal framework partial dentures (D5213 and D5214);

7) Prefabricated crowns provided solely to replace tooth structure lost due to attrition, abrasion, erosion or for cosmetic purposes;

8) Prefabricated crowns are not a Benefit when the prognosis of the tooth is questionable due to non-restorability or periodontal involvement;

9) Prefabricated crowns are not a Benefit when a tooth can be restored with an amalgam or resin-based composite restoration;

10) Restorative services provided solely to replace tooth structure lost due to attrition, abrasion, erosion or for cosmetic purposes;

11) Laboratory crowns are not a Benefit when the prognosis of the tooth is questionable due to non-restorability or periodontal involvement; and

12) Laboratory processed crowns are not a Benefit when the tooth can be restored with an amalgam or resin-based composite.

**Endodontic Exclusions and Limitations (D3000-D3999)**

1) Endodontic procedures when the prognosis of the tooth is questionable due to non- restorability or periodontal involvement;

2) Endodontic procedures when extraction is appropriate for a tooth due to non-restorability, periodontal involvement or for a tooth that is easily replaced by an addition to an existing or proposed prosthesis in the same arch; and

3) Endodontic procedures for third molars, unless the third molar occupies the first or second molar positions or is an abutment for an existing fixed or removable partial denture with cast clasps or rests.

**Periodontal Exclusions and Limitations (D4000-D4999)**

1) Tooth bounded spaces shall only be counted in conjunction with osseous surgeries (D4260 and D4261) that require a surgical flap. Each tooth bounded space shall only count as one tooth space regardless of the number of missing natural teeth in the space.

**Prosthodontic (Removable) Exclusions and Limitations (D5000-D5899)**

1) Prosthodontic services provided solely for cosmetic purposes;

2) Temporary or interim dentures to be used while a permanent denture is being constructed;

3) Spare or backup dentures;

4) Evaluation of a denture on a maintenance basis;

5) Preventative, endodontic or restorative procedures are not a Benefit for teeth to be retained for overdentures. Only extractions for the retained teeth will be a Benefit;

6) Partial dentures are not a Benefit to replace missing 3rd molars;

7) Laboratory relines (D5760 and D5761) are not a Benefit for resin based partial dentures (D5211and D5212);

8) Laboratory relines (D5750, D5751, D5760 and D5761) are not a Benefit within 12 months of chairside relines (D5730, D5731, D5740 and D5741);

9) Chairside relines (D5730, D5731, D5740 and D5741) are not a Benefit within 12 months of laboratory relines (D5750, D5751, D5760 and D5761);

10) Tissue conditioning (D5850 and D5851) is only a Benefit to heal unhealthy ridges prior to a definitive prosthodontic treatment; and

11) Tissue conditioning (D5850 and D5851) is a Benefit the same date of service as an immediate prosthesis that required extractions.

**Implant Exclusions and Limitations (D6000-D6199)**

1) Implant services are a Benefit only when exceptional medical conditions are documented and the services are considered Medically Necessary; and

2) Single tooth implants are not a Benefit.

**Prosthodontic (Fixed) Exclusions and Limitations (D6200-D6999)**

1) Fixed partial dentures (bridgework) are not a Benefit; however, the fabrication of a fixed partial denture shall be considered when medical conditions or employment preclude the use of a removable partial denture;

2) Fixed partial dentures are not a Benefit when the prognosis of the retainer (abutment) teeth is questionable due to non-restorability or periodontal involvement;

3) Posterior fixed partial dentures are not a Benefit when the number of missing teeth requested to be replaced in the quadrant does not significantly impact the Member's masticatory ability;

4) Fixed partial denture inlay/onlay retainers (abutments) (D6545-D6634); and

5) Cast resin bonded fixed partial dentures (Maryland Bridges).

**Oral and Maxillofacial Surgery Exclusions and Limitations (D7000-D7999)**

1) The prophylactic extraction of 3rd molars is not a Benefit;

2) TMJ dysfunction procedures are limited to differential diagnosis and symptomatic care. Not included as a Benefit are those TMJ treatment modalities that involve prosthodontia, orthodontia and full or partial occlusal rehabilitation;

3) TMJ dysfunction procedures solely for the treatment of bruxism is not a Benefit; and

4) Suture procedures (D7910, D7911 and D7912) are not a Benefit for the closure of surgical incisions.

**Orthodontic Exclusions and Limitations**

Orthodontic procedures are Benefits for Medically Necessary handicapping malocclusion, cleft palate and facial growth management cases for Members under the age of 19 and shall be prior authorized.

Medically necessary orthodontic treatment is limited to the following instances related to an identifiable medical condition. Initial orthodontic examination (D0140) called the Limited Oral Evaluation must be conducted. This examination includes completion and submission of the completed HLD Score Sheet with the Specialty Referral Request Form. The HLD Score Sheet is the preliminary measurement tool used in determining if the Member qualifies for medically necessary orthodontic services.

Orthodontic procedures are a Benefit only when the diagnostic casts verify a minimum score of 26 points on the Handicapping Labio-Lingual Deviation (HLD) Index California Modification Score Sheet Form, DC016 (06/09) or one of the six automatic qualifying conditions below exist or when there is written documentation of a craniofacial anomaly from a credentialed specialist on their professional letterhead.

Those immediate qualifying conditions are:

1) Cleft lip and or palate deformities.

2) Craniofacial Anomalies including the following:

   a) Crouzon's syndrome,

   b) Treacher-Collins syndrome,

   c) Pierre-Robin syndrome,

   d) Hemifacial atrophy, hemifacial hypertrophy and other severe craniofacial deformities which result in a physically handicapping malocclusion as determined by our dental consultants.

3) Deep impinging overbite, where the lower incisors are destroying the soft tissue of the palate and tissue laceration and/or clinical attachment loss are present. (Contact only does not constitute deep impinging overbite).

4) Crossbite of individual anterior teeth when clinical attachment loss and recession of the gingival margin are present (e.g., stripping of the labial gingival tissue on the lower incisors).

Treatment of bi-lateral posterior crossbite is not a benefit of the program.

5) Severe traumatic deviation must be justified by attaching a description of the condition.

6) Overjet greater than 9mm or mandibular protrusion (reverse overjet) greater than 3.5mm.

The remaining conditions must score 26 or more to qualify (based on the HLD Index).

**Excluded are the following conditions:**

1) Crowded dentitions (crooked teeth)

2) Excessive spacing between teeth

3) Temporomandibular joint (TMJ) conditions and/or having horizontal/vertical (overjet/overbite) discrepancies

4) Treatment in progress prior to the effective date of this coverage

5) Extractions required for orthodontic purposes

6) Surgical orthodontics or jaw repositioning

7) Myofunctional therapy

8) Macroglossia

9) Hormonal imbalances

10) Orthodontic retreatment when initial treatment was rendered under this plan or for changes in Orthodontic treatment necessitated by any kind of accident

11) Palatal expansion appliances

12) Services performed by outside laboratories

13) Replacement or repair of lost, stolen or broken appliances damaged due to the neglect of the Member.

**Dental or Medical Necessity Exclusion**

All services must be of Dental or Medical Necessity. The fact that a dentist or other plan Provider may prescribe, order, recommend, or approve a service or supply does not, in itself, determine Dental or Medical Necessity.

**Alternate Benefits Provision**

An alternate benefit provision allows a Benefit to be based on an alternate procedure, which is professionally acceptable and more cost effective. If dental standards indicate that a condition can be treated by a less costly alternative to the service proposed by the attending Dentist, the DPA will pay Benefits based upon the less costly service.

**Pediatric Dental Benefits Customer Services**

Questions about Services, providers, Benefits, how to use this Plan, or concerns regarding the quality of care or access to care that the Member has experienced should be directed to your Dental Customer Service at the phone number or address which appear below:

1-800-286-7401
Blue Shield of California
Dental Plan Administrator
425 Market Street, 15th Floor
San Francisco, CA 94105

Dental Customer Service can answer many questions over the telephone.

Note: Dental Benefit Providers has established a procedure for our Subscribers to request an expedited decision. A Subscriber, Physician, or representative of a Subscriber may request an expedited decision when the routine decision making process might seriously jeopardize the life or health of a Subscriber, or when the Subscriber is experiencing severe pain. Dental Benefit Providers shall make a decision and notify the Subscriber and Physician within 72 hours following the receipt of the request. If you would like additional information regarding the expedited decision process, or if you believe your particular situation qualifies for an expedited decision, please contact the Dental Customer Service Department at the number listed above.

**Pediatric Dental Benefits Grievance Process**

Members, a designated representative, or a provider on behalf of the Member, may contact the Dental Member Service Department by telephone, letter or online to request a review of an initial determination concerning a claim or service. Members may contact the Dental Member Service Department at the telephone number as noted below. If the telephone inquiry to the Dental Member Service Department does not resolve the question or issue to the Member's satisfaction, the Member may request a grievance at that time, which the

Dental Member Service Representative will initiate on the Member's behalf.

The Member, a designated representative, or a provider on behalf of the Member, may also initiate a grievance by submitting a letter or a completed "Grievance Form". The Member may request this Form from the Dental Member Service Department. If the Member wishes, the Dental Member Service staff will assist in completing the grievance form. Completed grievance forms must be mailed to the DPA at the address provided below. The Member may also submit the grievance to the Dental Member Service Department online by visiting http://www.blueshieldca.com.

1-800-286-7401
Blue Shield of California
Dental Plan Administrator
PO Box 30569
Salt Lake City, UT 84130-0569

The DPA will acknowledge receipt of a written grievance within 5 calendar days. Grievances are resolved within 30 days.

The grievance system allows Members to file grievances for at least 180 days following any incident or action that is the subject of the Member's dissatisfaction. See the previous Member Service section for information on the expedited decision process.

**Pediatric Dental Benefits Definitions –**

Whenever the following definitions are capitalized in this section, they will have the meaning stated below.

**Dental Allowable Amount** — the Allowance is:

1) The amount the DPA has determined is an appropriate payment for the Service(s) rendered in the provider's geographic area, based upon such factors as evaluation of the value of the Service(s) relative to the value of other Services, market considerations, and provider charge patterns; or
2) Such other amount as the Participating Dentist and the DPA have agreed will be accepted as payment for the Service(s) rendered; or
3) If an amount is not determined as described in either 1) or 2) above, the amount the DPA determines is appropriate considering the particular circumstances and the Services rendered.

**Billed Charges** — the prevailing rates of the Dental office.

**Dental Care Services** — Necessary treatment on or to the teeth or gums, including any appliance or device applied to the teeth or gums, and necessary dental supplies furnished incidental to Dental Care Services.

**Dental Center** – means a Dentist or a dental practice (with one or more Dentists) which has contracted with the DPA to provide dental care Benefits to Members and to diagnose, provide, refer, supervise, and coordinate the provision of all Benefits to Members in accordance with this Contract.

**Dental Necessity (Dentally Necessary)** — Benefits are provided only for Services that are Dentally Necessary as defined in this Section.

1) Services which are Dentally Necessary include only those which have been established as safe and effective and are furnished in accordance with generally accepted national and California dental standards which, as determined by the DPA, are:
   a) Consistent with the symptoms or diagnosis of the condition; and
   b) Not furnished primarily for the convenience of the Member, the attending Dentist or other provider; and
   c) Furnished in a setting appropriate for delivery of the Service (e.g., a dentist's office).
2) If there are two (2) or more Dentally Necessary Services that can be provided for the condition, Blue Shield will provide benefits based on the most cost-effective Service.

**Dental Plan Administrator** (DPA) — Blue Shield has contracted with a Dental Plan Administrator (DPA). A DPA is a dental care service plan licensed by the California Department of Managed Health Care, which contracts with Blue Shield to administer delivery of dental services through a network of Participating Dentists. A DPA also contracts with Blue Shield to serve as a claims administrator for the processing of claims received from Non-Participating Dentists.

**Dental Provider (Plan Provider)** – means a Dentist or other provider appropriately licensed to provide Dental Care Services who contracts with a Dental Center to provide Benefits to Plan Members in accordance with their Dental Services Contract.

**Dentist** — a duly licensed Doctor of Dental Surgery (DDS) or Doctor of Dental Medicine (DMD).

**Elective Dental Procedure** — any dental procedures which are unnecessary to the dental health of the Member, as determined by the DPA.

**Emergency Dental Care Services** — Services provided for an unexpected dental condition manifesting itself by acute symptoms of sufficient severity (including severe pain) that the absence of immediate medical attention could reasonably be expected to result in any of the following:

a) placing the Member's health in serious jeopardy;

b) serious impairment to bodily functions;

c) serious dysfunction of any bodily organ or part.

**Experimental or Investigational in Nature Dental Care Services** — any treatment, therapy, procedure, drug or drug usage, facility or facility usage, equipment or equipment usage, device or device usage, or supplies which are not recognized in accordance with generally accepted professional medical/dental standards as being safe and effective for use in the treatment of the illness, injury, or condition at issue. Services which require approval by the Federal government or any agency thereof, or by any State government agency, prior to use and where such approval has not been granted at the time the services or supplies were rendered, shall be considered Experimental or Investigational in Nature. Services or supplies which themselves are not approved or recognized in accordance with accepted professional medical/dental standards, but nevertheless are authorized by law or by a government agency for use in testing, trials, or other studies on human patients, shall be considered Experimental or Investigational in Nature.

**Maximum Plan Payment** — the maximum amount that the Member will be reimbursed for services obtained from a Non-Participating Dentist.

**Participating Dentist** — a Doctor of Dental Surgery or Doctor of Dental Medicine who has signed a service contract with the DPA to provide dental services to Members.

**Pedodontics** — Dental Care Services related to the diagnosis and treatment of conditions of the teeth and mouth in children.

**Prosthesis** — an artificial part, appliance, or device used to replace a missing part of the body.

**Prosthodontics** — Dental Care Services specifically related to necessary procedures for providing artificial replacements for missing natural teeth.

**Treatment in Progress** — Partially completed dental procedures including prepped teeth, root canals in process of treatment, and full and partial denture cases after final impressions have been taken.

## Dental Schedule and Limitations Table

The below schedule outlines the pediatric dental Benefits covered by this Plan along with limitations related to the listed dental procedure codes:

| Code | Description | Limitation |
|---|---|---|
| **Diagnostic Procedures (D0100-D0999)** | | |
| D0120 | Periodic oral evaluation - established patient | once every 6 months, per provider or after 6 months have elapsed following comprehensive oral evaluation (D0150), same provider. |
| D0140 | Limited oral evaluation – problem focused | once per Member per provider. |
| D0145 | Oral evaluation for a patient under three years of age and counseling with primary caregiver | |
| D0150 | Comprehensive oral evaluation – new or established patient | once per Member per provider for the initial evaluation. |
| D0160 | Detailed and extensive oral evaluation – problem focused, by report | once per Member per provider. |
| D0170 | Re-evaluation – limited, problem focused (established patient; not post- operative visit) | a Benefit for the ongoing symptomatic care of temporomandibular joint dysfunction:<br>a. up to 6 times in a 3 month period; and<br>b. up to a maximum of 12 in a 12 month period. |
| D0180 | Comprehensive periodontal evaluation – new or established patient | |
| D0210 | Intraoral – complete series of radiographic images | once per provider every 36 months. |
| D0220 | Intraoral – periapical first radiographic image | up to a maximum of 20 periapicals in a 12- month period by the same provider, in any combination of the following: intraoral- periapical first radiographic image (D0220) and intraoral- periapical each additional radiographic image (D0230). Periapicals taken as part of an intraoral-complete series of radiographic images (D0210) are not considered against the maximum of 20 periapicals in a 12 month period. |
| D0230 | Intraoral – periapical each additional radiographic image | up to a maximum of 20 periapicals in a 12 month period to the same provider, in any combination of the following: intraoral- periapical first radiographic image (D0220) and intraoral- periapical each additional radiographic image (D0230). Periapicals taken as part of an intraoral complete series of radiographic images (D0210) are not considered against the maximum of 20 periapical films in a 12 month period. |
| D0240 | Intraoral – occlusal radiographic image | up to a maximum of two in a 6 month period per provider. |
| D0250 | Extraoral - 2D projection radiographic image created using a stationary radiation source, and detector | once per date of service. |
| D0251 | Extraoral posterior dental radiographic image | up to a maximum of 4 on the same date of service. |
| D0270 | Bitewing – single radiographic image | once per date of service. Not a Benefit for a totally edentulous area. |

| Code | Description | Limitation |
|---|---|---|
| D0272 | Bitewings – 2 radiographic images | once every 6 months per provider.<br>Not a Benefit:<br>a. within 6 months of intraoral complete series of radiographic images (D0210), same provider; and<br>b. for a totally edentulous area. |
| D0273 | Bitewings – 3 radiographic images | |
| D0274 | Bitewings – 4 radiographic images | once every 6 months per provider.<br>Not a Benefit:<br>a. within 6 months of intraoral-complete series of radiographic images (D0210), same provider;<br>b. for Members under the age of 10; and<br>c. for a totally edentulous area. |
| D0277 | Vertical bitewings – 7 to 8 radiographic images | |
| D0290 | Posterior - anterior or lateral skull and facial bone survey radiographic image | limited to the survey of trauma or pathology; up to a maximum of 3 per date of service. |
| D0310 | Sialography | |
| D0320 | Temporomandibular joint arthrogram, including injection | limited to the survey of trauma or pathology, up to a maximum of 3 per date of service. |
| D0322 | Tomographic survey | up to twice in a 12 month period per provider. |
| D0330 | Panoramic radiographic image | once in a 36 month period per provider, except when documented as essential for a follow-up/ post-operative exam (such as after oral surgery). |
| D0340 | Cephalometric radiographic image | twice in a 12 month period per provider. |
| D0350 | Oral/Facial photographic images | up to a maximum of 4 per date of service. |
| D0460 | Pulp vitality tests | |
| D0470 | Diagnostic casts | once per provider unless special circumstances are documented (such as trauma or pathology which has affected the course of orthodontic treatment); for permanent dentition (unless over the age of 13 with primary teeth still present or has a cleft palate or craniofacial anomaly); and when provided by a certified orthodontist. |
| D0502 | Other oral pathology procedures, by report | must be provided by a certified oral pathologist. |
| D0999 | Unspecified diagnostic procedure, by report | |
| **Preventive Procedures (D1000-D1999)** | | |
| D1120 | Prophylaxis – child | once in a 6 month period. |
| D1206 | Topical application of fluoride varnish | once in a 6 month period. |
| D1208 | Topical application of fluoride varnish | once in a 6 month period. |
| D1310 | Nutritional counseling for control of dental disease | |
| D1320 | Tobacco counseling for the control and prevention of oral disease | |
| D1330 | Oral hygiene instructions | |
| D1351 | Sealant – per tooth | limited to the first, second and third permanent molars that occupy the second molar position; only on the occlusal surfaces that are free of decay and/or restorations; and once per tooth every 36 months per provider regardless of surfaces sealed. |

| Code | Description | Limitation |
|---|---|---|
| D1352 | Preventive resin restoration in a moderate to high caries risk patient – permanent tooth | limited to the for first, second and third permanent molars that occupy the second molar position; for an active cavitated lesion in a pit or fissure that does not cross the dentinoenamel junction (DEJ); and once per tooth every 36 months per provider regardless of surfaces sealed. |
| D1510 | Space maintainer-fixed – unilateral | once per quadrant per Member, for Members under the age of 18 and only to maintain the space for a single tooth. |
| D1515 | Space maintainer-fixed – bilateral | once per arch when there is a missing primary molar in both quadrants or when there are 2 missing primary molars in the same quadrant and for Members under the age of 18.<br>Not a Benefit:<br>a. when the permanent tooth is near eruption or is missing;<br>b. for upper and lower anterior teeth; and<br>c. for orthodontic appliances, tooth guidance appliances, minor tooth movement, or activating wires. |
| D1520 | Space maintainer-removable – unilateral | once per quadrant per Member, for Members under the age of 18 and only to maintain the space for a single tooth.<br>Not a Benefit:<br>a. when the permanent tooth is near eruption or is missing;<br>b. for upper and lower anterior teeth; and<br>c. for orthodontic appliances, tooth guidance appliances, minor tooth movement, or activating wires. |
| D1525 | Space maintainer-removable – bilateral | once per arch when there is a missing primary molar in both quadrants or when there are 2 missing primary molars in the same quadrant or for Members under the age of 18.<br>Not a Benefit:<br>a. when the permanent tooth is near eruption or is missing;<br>b. for upper and lower anterior teeth; and<br>c. for orthodontic appliances, tooth guidance appliances, minor tooth movement, or activating wires. |
| D1550 | Re-cementation of space maintainer | once per provider, per applicable quadrant or arch for Members under the age of 18. |
| D1555 | Removal of fixed space maintainer | not a Benefit to the original provider who placed the space maintainer. |
| **Restorative Procedures (D2000-D2999)** | | |
| D2140 | Amalgam – 1 surface, primary or permanent | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2150 | Amalgam – 2 surfaces, primary or permanent | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2160 | Amalgam – 3 surfaces, primary or permanent | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2161 | Amalgam – 4 or more surfaces, primary or permanent | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |

| Code | Description | Limitation |
|---|---|---|
| D2330 | Resin-based composite – 1 surface, anterior | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2331 | Resin-based composite – 2 surfaces, anterior | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2332 | Resin-based composite – 3 surfaces, anterior | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2335 | Resin-based composite – 4 or more surfaces or involving incisal angle (anterior) | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2390 | Resin-based composite crown, anterior | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2391 | Resin-based composite – 1 surface, posterior | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2392 | Resin-based composite – 2 surfaces, posterior | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2393 | Resin-based composite – 3 surfaces, posterior | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2394 | Resin-based composite – 4 or more surfaces, posterior | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. |
| D2710 | Crown – resin - based composite (indirect) | permanent anterior teeth and permanent posterior teeth (ages 13 or older):<br>once in a 5 year period and for any resin based composite crown that is indirectly fabricated.<br>Not a Benefit:<br>a. for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing removable partial denture with cast clasps or rests; and<br>b. for use as a temporary crown. |
| D2712 | Crown – 3/4 resin-based composite (indirect) | permanent anterior teeth and permanent posterior teeth (ages 13 or older):<br>once in a 5 year period and for any resin based composite crown that is indirectly fabricated.<br>Not a Benefit:<br>a. for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing removable partial denture with cast clasps or rests; and<br>b. for use as a temporary crown. |
| D2721 | Crown – resin with predominantly base metal | permanent anterior teeth and permanent posterior teeth (ages 13 or older):<br>once in a 5 year period.<br>Not a Benefit:<br>for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing removable partial denture with cast clasps or rests. |
| D2740 | Crown – porcelain/ceramic substrate | permanent anterior teeth and permanent posterior teeth (ages 13 or older):<br>once in a 5 year period.<br>Not a Benefit:<br>for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing |

| Code | Description | Limitation |
|---|---|---|
| | | removable partial denture with cast clasps or rests. |
| D2751 | Crown – porcelain fused to predominantly base metal | permanent anterior teeth and permanent posterior teeth (ages 13 or older):<br>once in a 5 year period.<br>Not a Benefit:<br>for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing removable partial denture with cast clasps or rests. |
| D2781 | Crown – 3/4 cast predominantly base metal | permanent anterior teeth and permanent posterior teeth (ages 13 or older):<br>once in a 5 year period.<br>Not a Benefit:<br>for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing removable partial denture with cast clasps or rests. |
| D2783 | Crown – 3/4 porcelain/ceramic | permanent anterior teeth and permanent posterior teeth (ages 13 or older):<br>once in a 5 year period.<br>Not a Benefit:<br>for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing removable partial denture with cast clasps or rests. |
| D2791 | Crown – full cast predominantly base metal | permanent anterior teeth and permanent posterior teeth (ages 13 or older):<br>once in a 5 year period; for permanent anterior teeth only; for Members 13 or older only.<br>Not a Benefit:<br>for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing removable partial denture with cast clasps or rests. |
| D2910 | Recement inlay, onlay, or partial coverage restoration | once in a 12 month period, per provider. |
| D2915 | Recement cast or prefabricated post and core | |
| D2920 | Recement crown | the original provider is responsible for all re- cementations within the first 12 months following the initial placement of prefabricated or laboratory processed crowns. Not a Benefit within 12 months of a previous re- cementation by the same provider. |
| D2929 | Prefabricated porcelain/ceramic crown – primary tooth | once in a 12 month period. |
| D2930 | Prefabricated stainless steel crown – primary tooth | once in a 12 month period. |
| D2931 | Prefabricated stainless steel crown – permanent tooth | once in a 36 month period. Not a Benefit for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position. |
| D2932 | Prefabricated resin crown | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. Not a Benefit for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position. |
| D2933 | Prefabricated stainless steel crown with resin window | once in a 12 month period for primary teeth and once in a 36 month period for permanent teeth. Not a Benefit for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position. |
| D2940 | Protective restoration | once per tooth in a 6 month period, per provider. |

| Code | Description | Limitation |
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| | | Not a Benefit:<br>a. when performed on the same date of service with a permanent restoration or crown, for same tooth; and<br>b. on root canal treated teeth. |
| D2950 | Core buildup, including any pins | |
| D2951 | Pin retention – per tooth, in addition to restoration | for permanent teeth only; when performed on the same date of service with an amalgam or composite; once per tooth regardless of the number of pins placed; for a posterior restoration when the destruction involves 3 or more connected surfaces and at least 1 cusp; or, for an anterior restoration when extensive coronal destruction involves the incisal angle. |
| D2952 | Post and core in addition to crown, indirectly fabricated | once per tooth regardless of number of posts placed and only in conjunction with allowable crowns (prefabricated or laboratory processed) on root canal treated permanent teeth. |
| D2953 | Each additional indirectly fabricated post – same tooth | |
| D2954 | Prefabricated post and core in addition to crown | once per tooth regardless of number of posts placed and only in conjunction with allowable crowns (prefabricated or laboratory processed) on root canal treated permanent teeth. |
| D2955 | Post removal | |
| D2957 | Each additional prefabricated post -same tooth | |
| D2970 | Temporary crown (fractured tooth) | once per tooth, per provider and for permanent teeth only.<br>Not a Benefit on the same date of service as:<br>a. palliative (emergency) treatment of dental pain- minor procedure (D9110); and<br>b. office visit for observation (during regularly scheduled hours) - no other services performed (D9430). |
| D2971 | Additional procedures to construct new crown under existing partial denture framework | |
| D2980 | Crown repair, necessitated by restorative material failure | limited to laboratory processed crowns on permanent teeth. Not a Benefit within 12 months of initial crown placement or previous repair for the same provider. |
| D2999 | Unspecified restorative procedure, by report | |
| **Endodontic Procedures (D3000-D3999)** | | |
| D3110 | Pulp cap – direct (excluding final restoration) | |
| D3120 | Pulp cap – indirect (excluding final restoration) | |
| D3220 | Therapeutic pulpotomy (excluding final restoration) – removal of pulp coronal to the dentinocemental junction application of medicament | once per primary tooth.<br>Not a Benefit:<br>a. for a primary tooth near exfoliation;<br>b. for a primary tooth with a necrotic pulp or a periapical lesion;<br>c. for a primary tooth that is non-restorable; and d. for a permanent tooth. |
| D3221 | Pulpal debridement, primary and permanent teeth | once per permanent tooth; over-retained primary teeth with no permanent successor. Not a Benefit on the same date of service with any additional services, same tooth. |

| Code | Description | Limitation |
|---|---|---|
| D3222 | Partial pulpotomy for apexogenesis – permanent tooth with incomplete root development | once per permanent tooth.<br>Not a Benefit:<br>a. for primary teeth;<br>b.for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing fixed partial denture or removable partial denture with cast clasps or rests; and<br>c. on the same date of service as any other endodontic procedures for the same tooth. |
| D3230 | Pulpal therapy (resorbable filling) – anterior, primary tooth (excluding final restoration) | once per primary tooth.<br>Not a Benefit:<br>a. for a primary tooth near exfoliation;<br>b. with a therapeutic pulpotomy (excluding final restoration) (D3220), same date of service, same tooth; and<br>c. with pulpal debridement, primary and permanent teeth (D3221), same date of service, same tooth. |
| D3240 | Pulpal therapy (resorbable filling) – posterior, primary tooth (excluding final restoration) | once per primary tooth.<br>Not a Benefit:<br>a. for a primary tooth near exfoliation;<br>b. with a therapeutic pulpotomy (excluding final restoration) (D3220), same date of service, same tooth; and<br>c. with pulpal debridement, primary and permanent teeth (D3221), same date of service, same tooth. |
| D3310 | Endodontic therapy, anterior tooth (excluding final restoration) | once per tooth for initial root canal therapy treatment. |
| D3320 | Endodontic therapy, bicuspid tooth (excluding final restoration) | once per tooth for initial root canal therapy treatment. |
| D3330 | Endodontic therapy, molar tooth (excluding final restoration) | once per tooth for initial root canal therapy treatment. Not a Benefit for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing fixed partial denture or removable partial denture with cast clasps or rests. |
| D3331 | Treatment of root canal obstruction; non-surgical access | |
| D3332 | Incomplete endodontic therapy; inoperable, unrestorable or fractured tooth | |
| D3333 | Internal root repair of perforation defects | |
| D3346 | Retreatment of previous root canal therapy – anterior | once per tooth after more than 12 months has elapsed from initial treatment. |
| D3347 | Retreatment of previous root canal therapy – bicuspid | once per tooth after more than 12 months has elapsed from initial treatment. |
| D3348 | Retreatment of previous root canal therapy – molar | once per tooth after more than 12 months has elapsed from initial treatment. Not a Benefit for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing fixed partial denture or removable partial denture with cast clasps or rests. |
| D3351 | Apexification/Recalcification/Pulpal regeneration - initial visit (apical closure/calcific repair of perforations, root resorption, pulp space disinfection etc.) | once per permanent tooth.<br>Not a Benefit:<br>a. for primary teeth; |

| Code | Description | Limitation |
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| | | b. for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing fixed partial denture or removable partial denture with cast clasps or rests; and<br>c. on the same date of service as any other endodontic procedures for the same tooth. |
| D3352 | Apexification/Recalcification/Pulpal regeneration – interim medication replacement | once per permanent tooth and only following apexification/ recalcification initial visit (apical closure/ calcific repair of perforations, root resorption, etc.) (D3351).<br>Not a Benefit:<br>a. for primary teeth;<br>b. for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing fixed partial denture or removable partial denture with cast clasps or rests; and<br>c. on the same date of service as any other endodontic procedures for the same tooth. |
| D3410 | Apicoectomy/Periradicular surgery – anterior | for permanent anterior teeth only; must be performed after more than 90 days from a root canal therapy has elapsed except when medical necessity is documented or after more than 24 months of a prior apicoectomy/periradicular surgery has elapsed. |
| D3421 | Apicoectomy/Periradicular surgery – bicuspid (first root) | for permanent bicuspid teeth only; must be performed after more than 90 days from a root canal therapy has elapsed except when medical necessity is documented, after more than 24 months of a prior apicoectomy/periradicular surgery has elapsed. Not a Benefit for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing fixed partial denture or removable partial denture with cast clasps or rests. |
| D3425 | Apicoectomy/Periradicular surgery – molar (first root) | for permanent 1st and 2nd molar teeth only; must be performed after more than 90 days from a root canal therapy has elapsed except when medical necessity is documented or after more than 24 months of a prior apicoectomy/periradicular surgery has elapsed. Not a Benefit for 3rd molars, unless the 3rd molar occupies the 1st or 2nd molar position or is an abutment for an existing fixed partial denture or removable partial denture with cast clasps or rests. |
| D3426 | Apicoectomy/Periradicular surgery – (each additional root) | for permanent teeth only; must be performed after more than 90 days from a root canal therapy has elapsed except when medical necessity is documented or after more than 24 months of a prior apicoectomy/periradicular surgery has elapsed. |
| D3430 | Retrograde filling – per root | |
| D3910 | Surgical procedure for isolation of tooth with rubber dam | |
| D3999 | Unspecified endodontic procedure, by report | |
| **Periodontal Procedures (D4000-D4999)** | | |
| D4210 | Gingivectomy or gingivoplasty – four or more contiguous teeth or tooth bounded spaces per quadrant | once per quadrant every 36 months and limited to Members age 13 or older. |

| Code | Description | Limitation |
|---|---|---|
| D4211 | Gingivectomy or gingivoplasty – one to three contiguous teeth or tooth bounded spaces per quadrant | once per quadrant every 36 months and limited to Members age 13 or older. |
| D4249 | Clinical crown lengthening – hard tissue | for Members age 13 or older. |
| D4260 | Osseous surgery (including flap entry and closure) – four or more contiguous teeth or tooth bounded spaces per quadrant | once per quadrant every 36 months and limited to Members age 13 or older. |
| D4261 | Osseous surgery (including flap entry and closure) – one to three contiguous teeth or tooth bounded spaces, per quadrant | once per quadrant every 36 months and limited to Members age 13 or older. |
| D4265 | Biologic materials to aid in soft and osseous tissue regeneration | for Members age 13 or older. |
| D4341 | Periodontal scaling and root planing – four or more teeth per quadrant | once per quadrant every 24 months and limited to Members age 13 or older. |
| D4342 | Periodontal scaling and root planing – one to three teeth, per quadrant | once per quadrant every 24 months and limited to Members age 13 or older. |
| D4355 | Full mouth debridement to enable comprehensive evaluation and diagnosis | for Members age 13 or older. |
| D4381 | Localized delivery of antimicrobial agents via a controlled release vehicle into diseased crevicular tissue, per tooth | for Members age 13 or older. |
| D4910 | Periodontal maintenance | once in a calendar quarter and only in the 24 month period following the last periodontal scaling and root planning (D4341-D4342). This procedure must be preceded by a periodontal scaling and root planning and will be a Benefit only after completion of all necessary scaling and root planning and only for Members residing in a Skilled Nursing Facility (SNF) or Intermediate Care Facility (ICF). Not a Benefit in the same calendar quarter as scaling and root planning. |
| D4920 | Unscheduled dressing change (by someone other than treating dentist) | once per Member per provider; for Members age 13 or older only; must be performed within 30 days of the date of service of gingivectomy or gingivoplasty (D4210 and D4211) and osseous surgery (D4260 and D4261). |
| D4999 | Unspecified periodontal procedure, by report | for Members age 13 or older. |
| **Prosthodontics (Removable) Procedures (D5000-D5899)** | | |
| D5110 | Complete denture – maxillary | once in a 5 year period from a previous complete, immediate or overdenture- complete denture. A laboratory reline (D5750) or chairside reline (D5730) is a Benefit 12 months after the date of service for this procedure. |
| D5120 | Complete denture – mandibular | once in a 5 year period from a previous complete, immediate or overdenture- complete denture. A laboratory reline (D5751) or chairside reline (D5731) is a Benefit 12 months after the date of service for this procedure. |
| D5130 | Immediate denture – maxillary | once per Member. Not a Benefit as a temporary denture. Subsequent complete dentures are not a Benefit within a 5 year period of an immediate denture. A laboratory reline (D5750) or chairside reline (D5730) is a |

| Code | Description | Limitation |
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| | | Benefit 6 months after the date of service for this procedure. |
| D5140 | Immediate denture – mandibular | once per Member. Not a Benefit as a temporary denture. Subsequent complete dentures are not a Benefit within a 5 year period of an immediate denture. |
| D5221 | Immediate maxillary partial denture – resin base (including any conventional clasps, rests and teeth) | once in a 5 year period and when replacing a permanent anterior tooth/ teeth and/or the arch lacks posterior balanced occlusion. Lack of posterior balanced occlusion is defined as follows:<br>a. 5 posterior permanent teeth are missing, (excluding 3rd molars), or<br>b. all 4 1st and 2nd permanent molars are missing, or<br>c. the 1st and 2nd permanent molars and 2nd bicuspid are missing on the same side.<br>Not a Benefit for replacing missing 3rd molars. Includes limited follow-up care only; does not include future rebasing / relining procedures(s). |
| D5222 | Immediate mandibular partial denture – resin base (including any conventional clasps, rests and teeth) | once in a 5 year period and when replacing a permanent anterior tooth/ teeth and/or the arch lacks posterior balanced occlusion. Lack of posterior balanced occlusion is defined as follows:<br>a. 5 posterior permanent teeth are missing, (excluding 3rd molars), or<br>b. all 4 1st and 2nd permanent molars are missing, or<br>c. the 1st and 2nd permanent molars and 2nd bicuspid are missing on the same side.<br>Not a Benefit for replacing missing 3rd molars. Includes limited follow-up care only; does not include future rebasing / relining procedures(s). |
| D5223 | Immediate maxillary partial denture – cast metal framework with resin denture bases (including any conventional clasps, rests and teeth) | once in a 5 year period and when opposing a full denture and the arch lacks posterior balanced occlusion. Lack of posterior balanced occlusion is defined as follows:<br>a. 5 posterior permanent teeth are missing, (excluding 3rd molars), or<br>b. all 4 1st and 2nd permanent molars are missing, or<br>c. the 1st and 2nd permanent molars and 2nd bicuspid are missing on the same side.<br>Not a Benefit for replacing missing 3rd molars. Includes limited follow-up care only; does not include future rebasing / relining procedures(s). |
| D5224 | Immediate mandibular partial denture – cast metal framework with resin denture bases (including any conventional clasps, rests and teeth) | once in a 5 year period and when opposing a full denture and the arch lacks posterior balanced occlusion. Lack of posterior balanced occlusion is defined as follows:<br>a. 5 posterior permanent teeth are missing, (excluding 3rd molars), or<br>b. all 4 1st and 2nd permanent molars are missing, or<br>c. the 1st and 2nd permanent molars and 2nd bicuspid are missing on the same side.<br>Not a Benefit for replacing missing 3rd molars. Includes limited follow-up care only; does not include future rebasing / relining procedures(s). |

| Code | Description | Limitation |
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| D5410 | Adjust complete denture – maxillary | once per date of service per provider and no more than twice in a 12 month period per provider.<br>Not a Benefit:<br>a. same date of service or within 6 months of the date of service of a complete denture- maxillary (D5110), immediate denture- maxillary (D5130)or overdenture-complete (D5860);<br>b. same date of service or within 6 months of the date of service of a reline complete maxillary denture (chairside) (D5730), reline complete maxillary denture (laboratory) (D5750) and tissue conditioning, maxillary (D5850); and<br>c. same date of service or within 6 months of the date of service of repair broken complete denture base (D5510) and replace missing or broken teeth complete denture (D5520). |
| D5411 | Adjust complete denture – mandibular | once per date of service per provider and no more than twice in a 12 month period per provider.<br>Not a Benefit:<br>a. same date of service or within 6 months of the date of service of a complete denture- mandibular (D5120), immediate denture- mandibular (D5140) or overdenture-complete (D5860);<br>b. same date of service or within 6 months of the date of service of a reline complete mandibular denture (chairside) (D5731), reline complete mandibular denture (laboratory) (D5751) and tissue conditioning, mandibular (D5851); and<br>c. same date of service or within 6 months of the date of service of repair broken complete denture base (D5510) and replace missing or broken teeth complete denture (D5520). |
| D5421 | Adjust partial denture – maxillary | once per date of service per provider and no more than twice in a 12 month period per provider.<br>Not a Benefit:<br>a. Same date of service or within 6 months of the date of service of a maxillary partial resin base (5211) or maxillary partial denture cast metal framework with resin denture bases (D5213);<br>b. same date of service or within 6 months of the date of service of a reline maxillary partial denture (chairside) (D5740), reline maxillary partial denture (laboratory) (D5760) and tissue conditioning, maxillary (D5850); and<br>c. same date of service or within 6 months of the date of service of repair resin denture base (D5610), repair cast framework (D5620), repair or replace broken clasp (D5630), replace broken teeth per tooth (D5640), add tooth to existing partial denture (D5650) and add clasp to existing partial denture (D5660). |
| D5422 | Adjust partial denture – mandibular | once per date of service per provider and no more than twice in a 12month period per provider.<br>Not a Benefit:<br>a. same date of service or within 6 months of the date |

| Code | Description | Limitation |
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| | | of service of a mandibular partial- resin base (D5212) or mandibular partial denture- cast metal framework with resin denture bases (D5214);<br>b. same date of service or within 6 months of the date of service of a reline mandibular partial denture (chairside) (D5741), reline mandibular partial denture (laboratory) (D5761) and tissue conditioning, mandibular (D5851); and<br>c. same date of service or within 6 months of the date of service of repair resin denture base (D5610), repair cast framework (D5620), repair or replace broken clasp (D5630), replace broken teeth per tooth (D5640), add tooth to existing partial denture (D5650) and add clasp to existing partial denture (D5660). |
| D5510 | Repair broken complete denture base | once per arch per date of service per provider and no more than twice in a 12 month period per provider. Not a Benefit on the same date of service as reline complete maxillary denture (chairside) (D5730), reline complete mandibular denture (chairside) (D5731), reline complete maxillary denture (laboratory) (D5750) and reline complete mandibular denture (laboratory) (D5751). |
| D5520 | Replace missing or broken teeth – complete denture (each tooth) | up to a maximum of 4, per arch, per date of service per provider and no more than twice per arch, in a 12 month period per provider. |
| D5610 | Repair resin denture base | once per arch, per date of service per provider; no more than twice per arch, in a 12 month period per provider; and for partial dentures only. Not a Benefit same date of service as reline maxillary partial denture (chairside) (D5740), reline mandibular partial denture (chairside) (D5741), reline maxillary partial denture (laboratory) (D5760) and reline mandibular partial denture (laboratory) (D5761). |
| D5620 | Repair cast framework | once per arch, per date of service per provider and no more than twice per arch, in a 12 month period per provider. |
| D5630 | Repair or replace broken clasp | up to a maximum of 3, per date of service per provider and no more than twice per arch, in a 12 month period per provider. |
| D5640 | Replace broken teeth – per tooth | up to a maximum of 4, per arch, per date of service per provider; no more than twice per arch, in a 12 month period per provider; and for partial dentures only. |
| D5650 | Add tooth to existing partial denture | once per tooth and up to a maximum of 3, per date of service per provider. Not a Benefit for adding 3rd molars. |
| D5660 | Add clasp to existing partial denture | up to a maximum of 3, per date of service per provider and no more than twice per arch, in a 12 month period per provider. |
| D5730 | Reline complete maxillary denture (chairside) | once in a 12 month period; 6 months after the date of service for an immediate denture-maxillary (D5130) or immediate overdenture- complete (D5860) that required extractions; 12 months after the date of service for a complete (remote) denture maxillary (D5110) or |

| Code | Description | Limitation |
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| | | overdenture (remote complete (D5860) that did not require extractions. Not a Benefit within 12 months of a reline complete maxillary denture (laboratory) (D5750). |
| D5731 | Reline complete mandibular denture (chairside) | once in a 12 month period; 6 months after the date of service for an immediate denture-mandibular (D5140) or immediate overdenture- complete (D5860) that required extractions; or 12 months after the date of service for a complete (remote) denture- mandibular (D5120) or overdenture (remote) complete (D5860) that did not require extractions. Not a Benefit within 12 months of a reline complete mandibular denture (laboratory) (D5751). |
| D5740 | Reline maxillary partial denture (chairside) | once in a 12 month period; 6 months after the date of service for maxillary partial denture-resin base (D5211) or maxillary partial denture- cast metal framework with resin denture bases (D5213) that required extractions; or 12 months after the date of service for maxillary partial denture- resin base (D5211) or maxillary partial denture cast metal framework with resin denture bases (D5213) that did not require extractions. Not a Benefit within 12 months of a reline maxillary partial denture (laboratory) (D5760). |
| D5741 | Reline mandibular partial denture (chairside) | once in a 12 month period; 6 months after the date of service for mandibular partial denture- resin base (D5212) or mandibular partial denture- cast metal framework with resin denture bases (D5214) that required extractions; or 12 months after the date of service for mandibular partial denture resin base (D5212) or mandibular partial denture cast metal framework with resin denture bases (D5214) that did not require extractions. Not a Benefit within 12 months of a reline mandibular partial denture (laboratory) (D5761). |
| D5750 | Reline complete maxillary denture (laboratory) | once in a 12 month period; 6 months after the date of service for an immediate denture- maxillary (D5130) or immediate overdenture- complete (D5860) that required extractions; or 12 months after the date of service for a complete (remote) denture- maxillary (D5110) or overdenture (remote) complete (D5860) that did not require extractions. Not a Benefit within 12 months of a reline complete maxillary denture (chairside) (D5730). |
| D5751 | Reline complete mandibular denture (laboratory) | once in a 12 month period; 6 months after the date of service for an immediate denture- mandibular (D5140) or immediate overdenture- complete (D5860) that required extractions; or 12 months after the date of service for a complete (remote) denture - mandibular (D5120) or overdenture (remote) complete (D5860) that did not require extractions. Not a Benefit within 12 months of a reline complete mandibular denture (chairside) (D5731). |

| Code | Description | Limitation |
|---|---|---|
| D5760 | Reline maxillary partial denture (laboratory) | once in a 12 month period and 6 months after the date of service for maxillary partial denture cast metal framework with resin denture bases (D5213) that required extractions, or 12 months after the date of service for maxillary partial denture cast metal framework with resin denture bases (D5213) that did not require extractions.<br>Not a Benefit:<br>a. within 12 months of a reline maxillary partial denture (chairside) (D5740); and<br>b. for maxillary partial denture resin base (D5211). |
| D5761 | Reline mandibular partial denture (laboratory) | once in a 12 month period; 6 months after the date of service for mandibular partial denture- cast metal framework with resin denture bases (D5214) that required extractions; or 12 months after the date of service for mandibular partial denture cast metal framework with resin denture bases (D5214) that did not require extractions.<br>Not a Benefit:<br>a. within 12 months of a reline mandibular partial denture (chairside) (D5741); and<br>b. for a mandibular partial denture resin base (D5212). |
| D5850 | Tissue conditioning, maxillary | twice per prosthesis in a 36 month period.<br>Not a Benefit:<br>a. same date of service as reline complete maxillary denture (chairside) (D5730), reline maxillary partial denture (chairside) (D5740), reline complete maxillary denture (laboratory) (D5750) and reline maxillary partial denture (laboratory) (D5760); and<br>b. same date of service as a prosthesis that did not require extractions. |
| D5851 | Tissue conditioning, mandibular | twice per prosthesis in a 36 month period.<br>Not a Benefit:<br>a. same date of service as reline complete mandibular denture (chairside) (D5731), reline mandibular partial denture (chairside) (D5741), reline complete mandibular denture (laboratory) (D5751) and reline mandibular partial denture (laboratory) (D5761); and<br>b. same date of service as a prosthesis that did not require extractions. |
| D5860 | Overdenture – complete, by report | once in a 5 year period. |
| D5862 | Precision attachment, by report | |
| D5899 | Unspecified removable prosthodontic procedure, by report | |
| **Maxillofacial Prosthetics Procedures (D5900-D5999)** | | |
| D5911 | Facial moulage (sectional) | |
| D5912 | Facial moulage (complete) | |
| D5913 | Nasal prosthesis | |
| D5914 | Auricular prosthesis | |
| D5915 | Orbital prosthesis | |
| D5916 | Ocular prosthesis | not a Benefit on the same date of service as ocular prosthesis, interim (D5923). |

| Code | Description | Limitation |
|---|---|---|
| D5919 | Facial prosthesis | |
| D5922 | Nasal septal prosthesis | |
| D5923 | Ocular prosthesis, interim | not a Benefit on the same date of service as ocular prosthesis, interim (D5923). |
| D5924 | Cranial prosthesis | |
| D5925 | Facial augmentation implant prosthesis | |
| D5926 | Nasal prosthesis, replacement | |
| D5927 | Auricular prosthesis, replacement | |
| D5928 | Orbital prosthesis, replacement | |
| D5929 | Facial prosthesis, replacement | |
| D5931 | Obturator prosthesis, surgical | not a Benefit on the same date of service as obturator prosthesis, definitive (D5932) and obturator prosthesis, interim (D5936). |
| D5932 | Obturator prosthesis, definitive | not a Benefit on the same date of service as obturator prosthesis, surgical (D5931) and obturator prosthesis, interim (D5936). |
| D5933 | Obturator prosthesis, modification | twice in a 12 month period.<br>Not a Benefit on the same date of service as obturator prosthesis, surgical (D5931), obturator prosthesis, definitive (D5932) and obturator prosthesis, interim (D5936). |
| D5934 | Mandibular resection prosthesis with guide flange | |
| D5935 | Mandibular resection prosthesis without guide flange | |
| D5936 | Obturator prosthesis, interim | not a Benefit on the same date of service as obturator prosthesis, surgical (D5931) and obturator prosthesis, definitive (D5932). |
| D5937 | Trismus appliance (not for TMD treatment) | |
| D5951 | Feeding aid | for Members under the age of 18 only. |
| D5952 | Speech aid prosthesis, pediatric | for Members under the age of 18 only. |
| D5953 | Speech aid prosthesis, adult | for Members under the age of 18 only. |
| D5954 | Palatal augmentation prosthesis | |
| D5955 | Palatal lift prosthesis, definitive | not a Benefit on the same date of service as palatal lift prosthesis, interim (D5958). |
| D5958 | Palatal lift prosthesis, interim | not a Benefit on the same date of service with palatal lift prosthesis, definitive (D5955). |
| D5959 | Palatal lift prosthesis, modification | twice in a 12 month period.<br>Not a Benefit on the same date of service as palatal lift prosthesis, definitive (D5955) and palatal lift prosthesis, interim (D5958). |
| D5960 | Speech aid prosthesis, modification | twice in a 12 month period.<br>not a Benefit on the same date of service as speech aid prosthesis, pediatric (D5952) and speech aid prosthesis, adult (D5953). |
| D5982 | Surgical stent | |
| D5983 | Radiation carrier | |
| D5984 | Radiation shield | |
| D5985 | Radiation cone locator | |
| D5986 | Fluoride gel carrier | a Benefit only in conjunction with radiation therapy directed at the teeth, jaws or salivary glands. |
| D5987 | Commissure splint | |

| Code | Description | Limitation |
|---|---|---|
| D5988 | Surgical splint | |
| D5991 | Topical Medicament Carrier | |
| D5999 | Unspecified maxillofacial prosthesis, by report | |
| **Implant Service Procedures (D6000-D6199)** | | |
| D6010 | Surgical placement of implant body: endosteal implant | |
| D6040 | Surgical placement: eposteal implant | |
| D6050 | Surgical placement: transosteal implant | |
| D6055 | Connecting bar – implant supported or abutment supported | |
| D6056 | Prefabricated abutment – includes modification and placement | |
| D6057 | Custom fabricated abutment – includes placement | |
| D6058 | Abutment supported porcelain/ceramic crown | |
| D6059 | Abutment supported porcelain fused to metal crown (high noble metal) | |
| D6060 | Abutment supported porcelain fused to metal crown (predominantly base metal) | |
| D6061 | Abutment supported porcelain fused to metal crown (noble metal) | |
| D6062 | Abutment supported cast metal crown (high noble metal) | |
| D6063 | Abutment supported cast metal crown (predominantly base metal) | |
| D6064 | Abutment supported cast metal crown (noble metal) | |
| D6065 | Implant supported porcelain/ceramic crown | |
| D6066 | Implant supported porcelain fused to metal crown (titanium, titanium alloy, high noble metal) | |
| D6067 | Implant supported metal crown (titanium, titanium alloy, high noble metal) | |
| D6068 | Abutment supported retainer for porcelain/ceramic FPD | |
| D6069 | Abutment supported retainer for porcelain fused to metal FPD (high noble metal) | |
| D6070 | Abutment supported retainer for porcelain fused to metal FPD (predominantly base metal) | |
| D6071 | Abutment supported retainer for porcelain fused to metal FPD (noble metal) | |
| D6072 | Abutment supported retainer for cast metal FPD (high noble metal) | |
| D6073 | Abutment supported retainer for cast metal FPD (predominantly base metal) | |
| D6074 | Abutment supported retainer for cast metal FPD (noble metal) | |
| D6075 | Implant supported retainer for ceramic FPD | |
| D6076 | Implant supported retainer for porcelain fused to metal FPD (titanium, titanium alloy, or high noble | |

| Code | Description | Limitation |
|---|---|---|
| | metal) | |
| D6077 | Implant supported retainer for cast metal FPD (titanium, titanium alloy, or high noble metal) | |
| D6080 | Implant maintenance procedures, including removal of prosthesis, cleansing of prosthesis and abutments and reinsertion of prosthesis | |
| D6090 | Repair implant supported prosthesis, by report | |
| D6091 | Replacement of semi-precision or precision attachment (male or female component) of implant/abutment supported prosthesis, per attachment | |
| D6092 | Recement implant/abutment supported crown | not a Benefit within 12 months of a previous recementation by the same provider. |
| D6093 | Recement implant/abutment supported fixed partial denture | not a Benefit within 12 months of a previous recementation by the same provider. |
| D6094 | Abutment supported crown (titanium) | |
| D6095 | Repair implant abutment, by report | |
| D6100 | Implant removal, by report | |
| D6110 | Implant/abutment supported removable denture for edentulous arch – maxillary | |
| D6111 | Implant/abutment supported removable denture for edentulous arch – mandibular | |
| D6112 | Implant/abutment supported removable denture for partially edentulous arch – maxillary | |
| D6113 | Implant/abutment supported removable denture for partially edentulous arch – mandibular | |
| D6114 | Implant/abutment supported fixed denture for edentulous arch – maxillary | |
| D6115 | Implant/abutment supported fixed denture for edentulous arch – mandibular | |
| D6116 | Implant/abutment supported fixed denture for partially edentulous arch – maxillary | |
| D6117 | Implant/abutment supported fixed denture for partially edentulous arch – mandibular | |
| D6190 | Radiographic/Surgical implant index, by report | |
| D6194 | Abutment supported retainer crown for FPD (titanium) | |
| D6199 | Unspecified implant procedure, by report | |
| **Fixed Prosthodontic Procedures (D6200-D6999)** | | |
| D6211 | Pontic – Cast Predominately Base Metal | once in a 5 year period; only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214); and only when billed on the same date of service with fixed partial denture retainers (abutments) (D6721, D6740, D6751, D6781, D6783 and D6791).<br>Not a Benefit for Members under the age of 13. |

| Code | Description | Limitation |
|---|---|---|
| D6241 | Pontic – porcelain fused to predominantly base metal | once in a 5 year period; only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214); and only when billed on the same date of service with fixed partial denture retainers (abutments) (D6721, D6740, D6751, D6781, D6783 and D6791). Not a Benefit for Members under the age of 13. |
| D6245 | Pontic – porcelain/ceramic | once in a 5 year period; only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214); and only when billed on the same date of service with fixed partial denture retainers (abutments) (D6721, D6740, D6751, D6781, D6783 and D6791).<br>Not a Benefit for Members under the age of 13. |
| D6251 | Pontic – resin with predominantly base metal | once in a 5 year period; only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214); and only when billed on the same date of service with fixed partial denture retainers (abutments) (D6721, D6740, D6751, D6781, D6783 and D6791).<br>Not a Benefit for Members under the age of 13. |
| D6721 | Crown – resin with predominantly base metal | once in a 5 year period and only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214).<br>Not a Benefit for Members under the age of 13. |
| D6740 | Crown – porcelain/ceramic | once in a 5 year period and only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214).<br>Not a Benefit for Members under the age of 13. |
| D6751 | Crown – porcelain fused to predominantly base metal | once in a 5 year period and only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214).<br>Not a Benefit for Members under the age of 13. |
| D6781 | Crown – 3/4 cast predominantly base metal | once in a 5 year period and only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214).<br>Not a Benefit for Members under the age of 13. |
| D6783 | Crown – 3/4 porcelain/ceramic | once in a 5 year period and only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214).<br>Not a Benefit for Members under the age of 13. |
| D6791 | Crown – full cast predominantly base metal | once in a 5 year period and only when the criteria are met for a resin partial denture or cast partial denture (D5211, D5212, D5213 and D5214).<br>Not a Benefit for Members under the age of 13. |
| D6930 | Recement fixed partial denture | The original provider is responsible for all re- cementations within the first 12 months following the initial placement of a fixed partial denture. Not a Benefit within 12 months of a previous re- cementation by the same provider. |
| D6980 | Fixed partial denture repair, necessitated by restorative material failure | not a Benefit within 12 months of initial placement or previous repair, same provider. |
| D6999 | Unspecified fixed prosthodontic procedure, by report | |

| Code | Description | Limitation |
|---|---|---|
| **Oral and Maxillofacial Surgery Procedures (D7000-D7999)** | | |
| D7111 | Extraction, coronal remnants – deciduous tooth | not a Benefit for asymptomatic teeth. |
| D7140 | Extraction, erupted tooth or exposed root (elevation and/or forceps removal) | not a Benefit when removed by the same provider who performed the initial tooth extraction. |
| D7210 | Surgical removal of erupted tooth requiring removal of bone and/or sectioning of tooth, and including elevation of mucoperiosteal flap if indicated | a Benefit when the removal of any erupted tooth requires the elevation of a mucoperiosteal flap and the removal of substantial alveolar bone or sectioning of the tooth. |
| D7220 | Removal of impacted tooth – soft tissue | a Benefit when the major portion or the entire occlusal surface is covered by mucogingival soft tissue. |
| D7230 | Removal of impacted tooth – partially bony | a Benefit when the removal of any impacted tooth requires the elevation of a mucoperiosteal flap and the removal of substantial alveolar bone. One of the proximal heights of contour of the crown shall be covered by bone. |
| D7240 | Removal of impacted tooth – completely bony | a Benefit when the removal of any impacted tooth requires the elevation of a mucoperiosteal flap and the removal of substantial alveolar bone covering most or all of the crown. |
| D7241 | Removal of impacted tooth – completely bony, with unusual surgical complications | a Benefit when the removal of any impacted tooth requires the elevation of a mucoperiosteal flap and the removal of substantial alveolar bone covering most or all of the crown. Difficulty or complication shall be due to factors such as nerve dissection or aberrant tooth position. |
| D7250 | Surgical removal of residual tooth roots (cutting procedure) | a Benefit when the root is completely covered by alveolar bone. Not a Benefit to the same provider who performed the initial tooth extraction. |
| D7260 | Oroantral fistula closure | a Benefit for the excision of a fistulous tract between the maxillary sinus and oral cavity. |
| D7261 | Primary closure of a sinus perforation | a Benefit in the absence of a fistulous tract requiring the repair or immediate closure of the oroantral or oralnasal communication, subsequent to the removal of a tooth. |
| D7270 | Tooth reimplantation and/or stabilization of accidentally evulsed or displaced tooth | once per arch regardless of the number of teeth involved and for permanent anterior teeth only. |
| D7280 | Surgical access of an unerupted tooth | not a Benefit: a. for Members age 21 or older, or b. for 3rd molars. |
| D7283 | Placement of device to facilitate eruption of impacted tooth | only for Members in active orthodontic treatment.<br>Not a Benefit:<br>a. for Members age 21 years or older; and<br>b. for 3rd molars unless the 3rd molar occupies the 1st or 2nd molar position. |
| D7285 | Biopsy of oral tissue – hard (bone, tooth) | for the removal of the specimen only and once per arch, per date of service regardless of the areas involved.<br>Not a Benefit with an apicoectomy/ periradicular surgery (D3410-D3426), an extraction (D7111-D7250) and an excision of any soft tissues or intraosseous lesions (D7410-D7461) in the same area or region on the same date of service. |

| Code | Description | Limitation |
|---|---|---|
| D7286 | Biopsy of oral tissue – soft | for the removal of the specimen only and up to a maximum of 3 per date of service.<br>Not a Benefit with an apicoectomy/ periradicular surgery (D3410-D3426), an extraction (D7111-D7250) and an excision of any soft tissues or intraosseous |
| D7290 | Surgical repositioning of teeth | for permanent teeth only; once per arch; and only for Members in active orthodontic treatment. |
| D7291 | Transseptal fiberotomy/supra crestal fiberotomy, by report | once per arch and only for Members in active orthodontic treatment. |
| D7310 | Alveoloplasty in conjunction with extractions – four or more teeth or tooth spaces, per quadrant | a Benefit on the same date of service with 2 or more extractions (D7140-D7250) in the same quadrant.<br>Not a Benefit when only one tooth is extracted in the same quadrant on the same date of service. |
| D7311 | Alveoplasty in conjunction with extractions – one to three teeth or tooth spaces, per quadrant | |
| D7320 | Alveoloplasty not in conjunction with extractions – four or more teeth or tooth spaces, per quadrant | a Benefit regardless of the number of teeth or tooth spaces. |
| D7321 | Alveoplasty not in conjunction with extractions – one to three teeth or tooth spaces, per quadrant | |
| D7340 | Vestibuloplasty – ridge extension (secondary epithelialization) | once in a 5 year period per arch. |
| D7350 | Vestibuloplasty – ridge extension (including soft tissue grafts, muscle reattachment, revision of soft tissue attachment and management of hypertrophied and hyperplastic tissue) | once per arch.<br>Not a Benefit:<br>a. on the same date of service with a vestibuloplasty – ridge extension (D7340) same arch; and<br>b. on the same date of service with extractions (D7111- D7250) same arch. |
| D7410 | Excision of benign lesion up to 1.25 cm | |
| D7411 | Excision of benign lesion greater than 1.25 cm | |
| D7412 | Excision of benign lesion, complicated | a Benefit when there is extensive undermining with advancement or rotational flap closure. |
| D7413 | Excision of malignant lesion up to 1.25 cm | |
| D7414 | Excision of malignant lesion greater than 1.25 cm | |
| D7415 | Excision of malignant lesion, complicated | a Benefit when there is extensive undermining with advancement or rotational flap closure. |
| D7440 | Excision of malignant tumor – lesion diameter up to 1.25 cm | |
| D7441 | Excision of malignant tumor – lesion diameter greater than 1.25 cm | |
| D7450 | Removal of benign odontogenic cyst or tumor – lesion diameter up to 1.25 cm | |
| D7451 | Removal of benign odontogenic cyst or tumor – lesion diameter greater than 1.25 cm | |
| D7460 | Removal of benign nonodontogenic cyst or tumor – lesion diameter up to 1.25 cm | |

| Code | Description | Limitation |
|---|---|---|
| D7461 | Removal of benign nonodontogenic cyst or tumor – lesion diameter greater than 1.25 cm | |
| D7465 | Destruction of lesion(s) by physical or chemical method, by report | |
| D7471 | Removal of lateral exostosis (maxilla or mandible) | once per quadrant and for the removal of buccal or facial exostosis only. |
| D7472 | Removal of torus palatinus | once in the Member's lifetime. |
| D7473 | Removal of torus mandibularis | once per quadrant. |
| D7485 | Surgical reduction of osseous tuberosity | once per quadrant. |
| D7490 | Radical resection of maxilla or mandible | |
| D7510 | Incision and drainage of abscess – intraoral soft tissue | once per quadrant, same date of service. |
| D7511 | Incision and drainage of abscess – intraoral soft tissue - complicated (includes drainage of multiple fascial spaces) | once per quadrant, same date of service. |
| D7520 | Incision and drainage of abscess – extraoral soft tissue | |
| D7521 | Incision and drainage of abscess – extraoral soft tissue - complicated (includes drainage of multiple fascial spaces) | |
| D7530 | Removal of foreign body from mucosa, skin, or subcutaneous alveolar tissue | once per date of service.<br>Not a Benefit when associated with the removal of a tumor, cyst (D7440- D7461) or tooth (D7111-D7250). |
| D7540 | Removal of reaction producing foreign bodies, musculoskeletal system | once per date of service.<br>Not a Benefit when associated with the removal of a tumor, cyst (D7440- D7461) or tooth (D7111-D7250). |
| D7550 | Partial ostectomy/sequestrectomy for removal of non-vital bone | once per quadrant per date of service and only for the removal of loose or sloughed off dead bone caused by infection or reduced blood supply.<br>Not a Benefit within 30 days of an associated extraction (D7111-D7250). |
| D7560 | Maxillary sinusotomy for removal of tooth fragment or foreign body | not a Benefit when a tooth fragment or foreign body is retrieved from the tooth socket. |
| D7610 | Maxilla – open reduction (teeth immobilized, if present) | |
| D7620 | Maxilla – closed reduction (teeth immobilized, if present) | |
| D7630 | Mandible – open reduction (teeth immobilized, if present) | |
| D7640 | Mandible – closed reduction (teeth immobilized, if present) | |
| D7650 | Malar and/or zygomatic arch – open reduction | |
| D7660 | Malar and/or zygomatic arch – closed reduction | |
| D7670 | Alveolus – closed reduction, may include stabilization of teeth | |
| D7671 | Alveolus – open reduction, may include stabilization of teeth | |
| D7680 | Facial bones – complicated reduction with fixation and multiple surgical approaches | for the treatment of simple fractures only. |
| D7710 | Maxilla – open reduction | |

| Code | Description | Limitation |
|---|---|---|
| D7720 | Maxilla – closed reduction | |
| D7730 | Mandible – open reduction | |
| D7740 | Mandible – closed reduction | |
| D7750 | Malar and/or zygomatic arch – open reduction | |
| D7760 | Malar and/or zygomatic arch – closed reduction | |
| D7770 | Alveolus – open reduction stabilization of teeth | |
| D7771 | Alveolus, closed reduction stabilization of teeth | |
| D7780 | Facial bones – complicated reduction with fixation and multiple surgical approaches | for the treatment of compound fractures only. |
| D7810 | Open reduction of dislocation | |
| D7820 | Closed reduction of dislocation | |
| D7830 | Manipulation under anesthesia | |
| D7840 | Condylectomy | |
| D7850 | Surgical discectomy, with/without implant | |
| D7852 | Disc repair | |
| D7854 | Synovectomy | |
| D7856 | Myotomy | |
| D7858 | Joint reconstruction | |
| D7860 | Arthrostomy | |
| D7865 | Arthroplasty | |
| D7870 | Arthrocentesis | |
| D7871 | Non-arthroscopic lysis and lavage | |
| D7872 | Arthroscopy – diagnosis, with or without biopsy | |
| D7873 | Arthroscopy – surgical: lavage and lysis of adhesions | |
| D7874 | Arthroscopy – surgical: disc repositioning and stabilization | |
| D7875 | Arthroscopy – surgical: synovectomy | |
| D7876 | Arthroscopy – surgical: discectomy | |
| D7877 | Arthroscopy – surgical: debridement | |
| D7880 | Occlusal orthotic device, by report | not a Benefit for the treatment of bruxism. |
| D7899 | Unspecified TMD therapy, by report | not a Benefit for procedures such as acupuncture, acupressure, biofeedback and hypnosis. |
| D7910 | Suture of recent small wounds up to 5 cm | not a Benefit for the closure of surgical incisions. |
| D7911 | Complicated suture – up to 5 cm | not a Benefit for the closure of surgical incisions. |
| D7912 | Complicated suture – greater than 5 cm | not a Benefit for the closure of surgical incisions. |
| D7920 | Skin graft (identify defect covered, location and type of graft) | not a Benefit for periodontal grafting. |
| D7940 | Osteoplasty – for orthognathic deformities | |
| D7941 | Osteotomy – mandibular rami | |
| D7943 | Osteotomy – mandibular rami with bone graft; includes obtaining the graft | |
| D7944 | Osteotomy – segmented or subapical | |
| D7945 | Osteotomy – body of mandible | |
| D7946 | LeFort I (maxilla – total) | |
| D7947 | LeFort I (maxilla – segmented) | |

| Code | Description | Limitation |
|---|---|---|
| D7948 | LeFort II or LeFort III (osteoplasty of facial bones for midface hypoplasia or retrusion) – without bone graft | |
| D7949 | LeFort II or LeFort III – with bone graft | |
| D7950 | Osseous, osteoperiosteal, or cartilage graft of mandible or facial bones – autogenous or nonautogenous, by report | not a Benefit for periodontal grafting. |
| D7951 | Sinus augmentation with bone or bone substitutes via a lateral open approach | only for Members with authorized implant services. |
| D7952 | Sinus augmentation with bone or bone substitute via a vertical approach | only for Members with authorized implant services. |
| D7955 | Repair of maxillofacial soft and/or hard tissue defect | not a Benefit for periodontal grafting. |
| D7960 | Frenulectomy also known as frenectomy or frenotomy – separate procedure not incidental to another procedure | once per arch per date of service and only when the permanent incisors and cuspids have erupted. |
| D7963 | Frenuloplasty | once per arch per date of service and only when the permanent incisors and cuspids have erupted.<br>Not a Benefit for drug induced hyperplasia or where removal of tissue requires extensive gingival recontouring. |
| D7970 | Excision of hyperplastic tissue – per arch | once per arch per date of service. |
| D7971 | Excision of pericoronal gingiva | |
| D7972 | Surgical reduction of fibrous tuberosity | once per quadrant per date of service. |
| D7980 | Sialolithotomy | |
| D7981 | Excision of salivary gland, by report | |
| D7982 | Sialodochoplasty | |
| D7983 | Closure of salivary fistula | |
| D7990 | Emergency tracheotomy | |
| D7991 | Coronoidectomy | |
| D7995 | Synthetic graft – mandible or facial bones, by report | not a Benefit for periodontal grafting. |
| D7997 | Appliance removal (not by dentist who placed appliance), includes removal of archbar | once per arch per date of service and for the removal of appliances related to surgical procedures only.<br>Not a Benefit for the removal of orthodontic appliances and space maintainers. |
| D7999 | Unspecified oral surgery procedure, by report | |
| **Orthodontics Procedures (D8000-D8999)** | | |
| D8080 | Comprehensive orthodontic treatment of the adolescent dentition Handicapping malocclusion | once per Member per phase of treatment; for handicapping malocclusion, cleft palate and facial growth management cases; and for permanent dentition (unless the Member is age 13 or older with primary teeth still present or has a cleft palate or craniofacial anomaly). |
| D8080 | Comprehensive orthodontic treatment of the adolescent dentition cleft palate | for permanent dentition (unless the Member is age 13 or older with primary teeth still present or has a cleft palate or craniofacial anomaly); once per Member per phase of treatment. |
| D8080 | Comprehensive orthodontic treatment of the adolescent dentition facial growth management | for permanent dentition (unless the Member is age 13 or older with primary teeth still present or has a cleft palate or craniofacial anomaly); once per Member per phase of treatment. |
| D8210 | Removable appliance therapy | once per Member and for Members ages 6 through 12. |

| Code | Description | Limitation |
|---|---|---|
| D8220 | Fixed appliance therapy | once per Member and for Members ages 6 through 12. |
| D8660 | Pre-orthodontic treatment visit | once every 3 months for a maximum of 6 and must be done prior to comprehensive orthodontic treatment of the adolescent dentition (D8080) for the initial treatment phase for facial growth management cases regardless of how many dentition phases are required. |
| D8670 | Periodic orthodontic treatment visit (as part of contract) Handicapping malocclusion | once per calendar quarter and for permanent dentition (unless the Member is age 13 or older with primary teeth still present or has a cleft palate or craniofacial anomaly). |
| D8670 | Periodic orthodontic treatment visit (as part of contract) cleft palate – primary dentition | up to a maximum of 4 quarterly visits. (2 additional quarterly visits shall be authorized when documentation and photographs justify the medical necessity). |
| D8670 | Periodic orthodontic treatment visit (as part of contract) cleft palate – mixed dentition | up to a maximum of 5 quarterly visits. (3 additional quarterly visits shall be authorized when documentation and photographs justify the medical necessity). |
| D8670 | Periodic orthodontic treatment visit (as part of contract) cleft palate – permanent dentition | up to a maximum of 10 quarterly visits. (5 additional quarterly visits shall be authorized when documentation and photographs justify the medical necessity) |
| D8670 | Periodic orthodontic treatment visit (as part of contract) facial growth management – primary dentition | up to a maximum of 4 quarterly visits. (2 additional quarterly visits shall be authorized when documentation and photographs justify the medical necessity). |
| D8670 | Periodic orthodontic treatment visit (as part of contract) facial growth management – mixed dentition | up to a maximum of 5 quarterly visits. (3 additional quarterly visits shall be authorized when documentation and photographs justify the medical necessity). |
| D8670 | Periodic orthodontic treatment visit (as part of contract) facial growth management – permanent dentition | up to a maximum of 8 quarterly visits. (4 additional quarterly visits shall be authorized when documentation and photographs justify the medical necessity). |
| D8680 | Orthodontic retention (removal of appliances, construction and placement of retainer(s)) | once per arch for each authorized phase of orthodontic treatment and for permanent dentition (unless the Member is age 13 or older with primary teeth still present or has a cleft palate or craniofacial anomaly). Not a Benefit until the active phase of orthodontic treatment (D8670) is completed. If fewer than the authorized number of periodic orthodontic treatment visit(s) (D8670) are necessary because the active phase of treatment has been completed early, then this shall be documented on the claim for orthodontic retention (D8680). |
| D8691 | Repair of orthodontic appliance | once per appliance.<br>Not a Benefit to the original provider for the replacement and/or repair of brackets, bands, or arch wires. |
| D8692 | Replacement of lost or broken retainer | once per arch and only within 24 months following the date of service of orthodontic retention (D8680). |
| D8693 | Rebonding or recementing: and/or repair, as required, of fixed retainers | once per provider. |
| D8999 | Unspecified orthodontic procedure, by report | |
| **Adjunctive Services Procedures (D9000-D9999)** | | |
| D9110 | Palliative (emergency) treatment of dental pain – minor procedure | once per date of service per provider regardless of the number of teeth and/or areas treated.<br>Not a Benefit when any other treatment is performed on the same date of service, except when radiographs/ |

| Code | Description | Limitation |
|---|---|---|
| | | photographs are needed of the affected area to diagnose and document the emergency condition. |
| D9120 | Fixed partial denture sectioning | a Benefit when at least one of the abutment teeth is to be retained. |
| D9210 | Local anesthesia not in conjunction with operative or surgical procedures | once per date of service per provider and only for use in order to perform a differential diagnosis or as a therapeutic injection to eliminate or control a disease or abnormal state.<br>Not a Benefit when any other treatment is performed on the same date of service, except when radiographs/ photographs are needed of the affected area to diagnose and document the emergency condition. |
| D9211 | Regional block anesthesia | |
| D9212 | Trigeminal division block anesthesia | |
| D9215 | Local anesthesia in conjunction with operative or surgical procedures | |
| D9220 | Deep sedation/general anesthesia – first 30 minutes | deleted CDT code in 2016. |
| D9221 | Deep sedation/general anesthesia – each additional 15 minutes | deleted CDT code in 2016– replaced with D9223. |
| D9223 | Deep sedation/general anesthesia - each 15 minute increment | |
| D9230 | Inhalation of nitrous oxide/anxiolysis analgesia | for uncooperative Members under the age of 13, or for Members age 13 or older when documentation specifically identifies the physical, behavioral, developmental or emotional condition that prohibits the Member from responding to the provider's attempts to perform treatment.<br>Not a Benefit:<br>a. on the same date of service as deep sedation/general anesthesia (D9220 and D9221), intravenous conscious sedation/ analgesia (D9241 and D9242) or non- intravenous conscious sedation (D9248); and<br>b. when all associated procedures on the same date of service by the same provider are denied. |
| D9241 | Intravenous conscious sedation/analgesia – first 30 minutes | deleted CDT code in 2016. |
| D9242 | Intravenous conscious sedation/analgesia – each additional 15 minutes | deleted CDT code in 2016– replaced with D9243. |
| D9243 | intravenous moderate (conscious) sedation/analgesia - each 15 minute increment | not a Benefit:<br>a. on the same date of service as deep sedation/general anesthesia (D9220 and D9221), analgesia, anxiolysis, inhalation of nitrous oxide (D9230) or non- intravenous conscious sedation (D9248); and<br>b. when all associated procedures on the same date of service by the same provider are denied. |
| D9248 | Non-intravenous conscious sedation | once per date of service; for uncooperative Members under the age of 13, or for Members age 13 or older when documentation specifically identifies the physical, behavioral, developmental or emotional condition that prohibits the Member from responding to the provider's attempts to perform treatment; for oral, |

| Code | Description | Limitation |
|---|---|---|
| | | patch, intramuscular or subcutaneous routes of administration.<br>Not a Benefit:<br>a. on the same date of service as deep sedation/general anesthesia (D9220 and D9221), analgesia, anxiolysis, inhalation of nitrous oxide (D9230) or intravenous conscious sedation/ analgesia (D9241 and D9242); and<br>b. when all associated procedures on the same date of service by the same provider are denied. |
| D9310 | Consultation diagnostic service provided by dentist or physician other than requesting dentist or physician | |
| D9410 | House/Extended care facility call | once per Member per date of service and only in conjunction with procedures that are payable. |
| D9420 | Hospital or ambulatory surgical center call | a Benefit for each hour or fraction thereof as documented on the operative report. |
| D9430 | Office visit for observation (during regularly scheduled hours) – no other services performed | once per date of service per provider.<br>Not a Benefit:<br>a. when procedures other than necessary radiographs and/or photographs are provided on the same date of service; and<br>b. for visits to Members residing in a house/ extended care facility. |
| D9440 | Office visit – after regularly scheduled hours | once per date of service per provider and only with treatment that is a Benefit. |
| D9610 | Therapeutic parenteral drug, single administration | up to a maximum of 4 injections per date of service.<br>Not a Benefit:<br>a. for the administration of an analgesic or sedative when used in conjunction with deep sedation/general anesthesia (D9220 and D9221), analgesia, anxiolysis, inhalation of nitrous oxide (D9230), intravenous conscious sedation/ analgesia (D9241 and D9242) or non-intravenous conscious sedation (D9248); and<br>b. when all associated procedures on the same date of service by the same provider are denied. |
| D9612 | Therapeutic parenteral drug, two or more administrations, different medications | |
| D9910 | Application of desensitizing medicament | once in a 12 month period per provider and for permanent teeth only. |
| D9930 | Treatment of complications (post-surgical) – unusual circumstances, by report | once per date of service per provider; for the treatment of a dry socket or excessive bleeding within 30 days of the date of service of an extraction; and for the removal of bony fragments within 30 days of the date of service of an extraction.<br>Not a Benefit:<br>a. for the removal of bony fragments on the same date of service as an extraction; and<br>b. for routine post- operative visits. |
| D9950 | Occlusion analysis – mounted case | once in a 12 month period; for Members age 13 and older only; for diagnosed TMJ dysfunction only; and for permanent dentition.<br>Not a Benefit for bruxism only. |

| Code | Description | Limitation |
|---|---|---|
| D9951 | Occlusal adjustment – limited | once in a 12 month period per quadrant per provider; for Members age 13 and older; and for natural teeth only.<br>Not a Benefit within 30 days following definitive restorative, endodontic, removable and fixed prosthodontic treatment in the same or opposing quadrant. |
| D9952 | Occlusal adjustment – complete | once in a 12 month period following occlusion analysis- mounted case (D9950); for Members age 13 and older; for diagnosed TMJ dysfunction only; and for permanent dentition. |
| D9999 | Unspecified adjunctive procedure, by report | |

## Pediatric Vision Benefits

Blue Shield covers pediatric vision Benefits for individuals up to 19 years of age. Blue Shield's pediatric vision Benefits are administered by a contracted Vision Plan Administrator (VPA). The VPA is a vision care service plan licensed by the California Department of Managed Health Care, which contracts with Blue Shield to administer delivery of eyewear and eye exams covered under this pediatric vision Benefit. The VPA also contracts with Blue Shield to serve as a claims administrator for the processing of claims for Covered Services received from Non-Participating Providers.

**Principal Benefits and Coverages for Pediatric Vision Benefits**

Blue Shield will pay for Covered Services rendered by Participating Providers as indicated in the Summary of Benefits. For Covered Services rendered by Non-Participating Providers, Blue Shield will pay up to the Allowable Amount as shown in the Summary of Benefits. Members will be responsible for all charges in excess of those amounts.

The following is a complete list of Covered Services provided under this pediatric vision Benefit:

1) One comprehensive eye examination in a Calendar Year. A comprehensive examination represents a level of service in which a general evaluation of the complete visual system is made. The comprehensive services constitute a single service entity but need not be performed at one session. The service includes history, general medical observation, external and ophthalmoscopic examination, gross visual fields and basic sensorimotor examination. It often includes, as indicated: biomicroscopy, examination for cycloplegia or mydriasis, tonometry, and, usually, a determination of the refractive state unless known, or unless the condition of the media precludes this or it is otherwise contraindicated, as in the presence of trauma or severe inflammation.
2) One of the following in a Calendar Year:
   a) One pair of spectacle lenses,
   b) Elective Contact Lenses (for cosmetic reasons or for convenience), or
   c) Non-Elective (Medically Necessary) Contact Lenses, which are lenses following cataract surgery, or when contact lenses are the only means to correct visual acuity to 20/40 for keratoconus, 20/60 for anisometropia, or for certain conditions of myopia (12 or more diopters), hyperopia (7 or more diopters) astigmatism (over 3 diopters), or other conditions as listed in the definition of Non-Elective Contact Lenses.

   A report from the provider and prior authorization from the contracted VPA is required.
3) One frame in a Calendar Year.
4) The need for Low Vision Testing is triggered during a comprehensive eye exam. This exam may only be obtained from Participating Providers and only once in a consecutive five Calendar Year period. Participating Providers specializing in low vision care may prescribe optical devices, such as high-power spectacles, magnifiers and telescopes, to maximize the remaining usable vision. One aid per Calendar Year is covered. A report from the provider conducting the initial examination and prior authorization from the VPA is required for both the exam and any prescribed device. Low vision is a bilateral impairment to vision that is so significant that it cannot be corrected with ordinary eyeglasses, contact lenses, or intraocular lens implants. Although reduced central or reading vision is common, low vision may also result from decreased peripheral vision, a reduction or loss of color vision, or the eye's inability to properly adjust to light, contrast, or glare. It can be measured in terms of visual acuity of 20/70 to 20/200.

5) One diabetic management referral per calendar year to a Blue Shield disease management program. The contracted VPA will notify Blue Shield's disease management program subsequent to the annual comprehensive eye exam, when the Member is known to have or be at risk for diabetes.

**Important Information about Pediatric Vision Benefits**

Pediatric vision services are covered when provided by a vision provider and when necessary and customary as determined by the standards of generally accepted vision practice. Coverage for these services is subject to any conditions or limitations set forth in the Benefit descriptions above, and to all terms, conditions, limitations and exclusions listed in this Evidence of Coverage.

Payments for pediatric vision services are based on Blue Shield's Allowable Amount and are subject to any applicable Deductibles, Copayments, Coinsurance and Benefit maximums as specified in the Summary of Benefits. Vision providers do not receive financial incentives or bonuses from Blue Shield or the VPA.

**Exclusions for Pediatric Vision Benefits**

Unless exemptions are specifically made elsewhere in this Evidence of Coverage, these pediatric vision Benefits exclude the following:

1) orthoptics or vision training, subnormal vision aids or non-prescription lenses for glasses when no prescription change is indicated;
2) replacement or repair of lost or broken lenses or frames, except as provided under this Evidence of Coverage;
3) any eye examination required by the employer as a condition of employment;
4) medical or surgical treatment of the eyes (see the *Ambulatory Surgery Center Benefits*, *Hospital Benefits (Facility Services)* and *Professional Benefits* sections of the Evidence of Coverage);
5) contact lenses, except as specifically provided in the Summary of Benefits;

See the Principal Limitations, Exceptions, Exclu*sions and Reductions* section of this Evidence of Coverage for complete information on Plan general exclusions, limitations, exceptions and reductions.

**Payment of Benefits for Pediatric Vision Benefits**

Prior to service, the Subscriber should review his or her Benefit information for coverage details. The Subscriber may identify a Participating Provider by calling the VPA's Customer Service Department at 1-877-601-9083 or online at www.blueshieldca.com. When an appointment is made with a Participating Provider, the Subscriber should identify the Member as a Blue Shield/VPA Member.

The Participating Provider will submit a claim for Covered Services online or by claim form obtained from the VPA after services have been received. The VPA will make payment on behalf of Blue Shield directly to the Participating Provider. Participating Providers have agreed to accept Blue Shield's payment as payment in full except as noted in the Summary of Benefits.

When services are provided by a Non-Participating Provider, a Vision Service Report (claim form C-4669-61) should be submitted to the VPA. This form may be obtained at www.blueshieldca.com and must be completed in full and submitted with all related receipts to:

Blue Shield of California
Vision Plan Administrator
P O Box 25208
Santa Ana, CA 92799-5208

Information regarding the Member's Non-Participating Provider Benefits is available in the Summary of Benefits or by calling Blue Shield / VPA Customer Service at 1-877-601-9083.

When the Member receives Covered Services from a Non-Participating Provider, the Subscriber or the provider may submit a claim for payment after services have been received. The VPA will make payment directly to the Subscriber. The Subscriber is responsible for any applicable Deductible, Copayment and Coinsurance amounts and for amounts billed in excess of the Allowable

Amount. The Subscriber is also responsible for making payment to the Non-Participating Provider.

A listing of Participating Providers may be obtained by calling the VPA at the telephone number listed in the Customer Service section of this Evidence of Coverage.

**Choice of Providers for Pediatric Vision Benefits**

Members may select any licensed ophthalmologist, optometrist, or optician to provide Covered Services under this pediatric vision Benefit, including providers outside of California. However, Members will usually pay more for services from a Non-Participating Provider. A list of Participating Providers in the Member's local area can be obtained by contacting the VPA at 1-877-601-9083.

The Member should contact Member Services if the Member needs assistance locating a provider in the Member's Service Area. The Plan will review and consider a Member's request for services that cannot be reasonably obtained in network. If a Member's request for services from a Non-Participating Provider is approved at an in-network benefit level, the Plan will pay for Covered Services at a Participating Provider level.

The Subscriber may also obtain a list of Participating Providers online at www.blueshieldca.com.

**Time and Payment of Claims**

Claims will be paid promptly upon receipt of written proof and determination that Benefits are payable.

**Payment of Claims**

Participating Providers will submit a claim for Covered Services on line or by claim form obtained from the VPA and are paid directly by Blue Shield of California.

If the Member receives services from a Non-Participating Provider, payment will be made directly to the Subscriber, and the Member is responsible for payment to the Non-Participating Provider.

**Eligibility Requirements for Pediatric Vision Benefits**

The Member must be actively enrolled in this health plan and must be under the age of 19.

**Customer Service for Pediatric Vision Benefits**

For questions about these pediatric vision Benefits, information about pediatric vision providers, pediatric vision services, or to discuss concerns regarding the quality of care or access to care experienced, the Subscriber may contact:

Blue Shield of California
Vision Plan Administrator
Customer Service Department
P. O. Box 25208
Santa Ana, CA 92799-5208

The Subscriber may also contact the VPA at the following telephone numbers:

1-714-619-4660 or
1-877-601-9083

The VPA has established a procedure for Subscribers to request an expedited authorization decision. A Subscriber, Member, Physician, or representative of a Member may request an expedited decision when the routine decision making process might seriously jeopardize the life or health of a Member, or when the Member is experiencing severe pain. The VPA shall make a decision and notify the Subscriber and Physician as soon as possible to accommodate the Member's condition, not to exceed 72 hours following the receipt of the request. For additional information regarding the expedited decision process, or if the Subscriber believes a particular situation qualifies for an expedited decision, please contact the VPA Customer Service Department at the number listed above.

**Grievance Process for Pediatric Vision Benefits**

Subscribers, a designated representative, or a provider on behalf of the Subscriber, may contact the Vision Customer Service Department by telephone, letter or online to request a review of an initial determination concerning a claim for services. Subscribers may contact the Vision Customer Service Department at the telephone number noted below. If the telephone inquiry to the Vision Customer Service Department does not resolve the

question or issue to the Subscriber's satisfaction, the Subscriber may request a grievance at that time, which the Vision Customer Service Representative will initiate on the Subscriber's behalf.

The Subscriber, a designated representative, or a provider on behalf of the Subscriber, may also initiate a grievance by submitting a letter or a completed "Grievance Form". The Subscriber may request this Form from the Vision Customer Service Department. If the Subscriber wishes, the Vision Customer Service staff will assist in completing the grievance form. Completed grievance forms should be mailed to the Vision Plan Administrator at the address provided below. The Subscriber may also submit the grievance to the Vision Customer Service Department online at www.blueshieldca.com.

1-877-601-9083
Vision Plan Administrator
P. O. Box 25208
Santa Ana, CA 92799-5208

The Vision Plan Administrator will acknowledge receipt of a written grievance within five (5) calendar days. Grievances are resolved within 30 days.

The grievance system allows Subscribers to file grievances for at least 180 days following any incident or action that is the subject of the Subscriber's dissatisfaction. See the previous Customer Service section for information on the expedited decision process.

**Definitions for Pediatric Vision Benefits**

**Elective Contact Lenses** — prescription lenses that are chosen for cosmetic or convenience purposes. Elective Contact Lenses are not medically necessary.

**Non-Elective (Medically Necessary) Contact Lenses** — lenses following cataract surgery, or when contact lenses are the only means to correct visual acuity to 20/40 for keratoconus or 20/60 for anisometropia, or for certain conditions of myopia (12 or more diopters), hyperopia (7 or more diopters) or astigmatism (over 3 diopters).

Contact lenses may also be medically necessary in the treatment of the following conditions: keratoconus, pathological myopia, aphakia, anisometropia, aniseikonia, aniridia, corneal disorders, post-traumatic disorders and irregular astigmatism.

**Prescription Change** – any of the following:

1) change in prescription of 0.50 diopter or more; or
2) shift in axis of astigmatism of 15 degrees; or
3) difference in vertical prism greater than 1 prism diopter; or
4) change in lens type (for example contact lenses to glasses or single vision lenses to bifocal lenses).

**Vision Plan Administrator (VPA)** – Blue Shield contracts with the Vision Plan Administrator (VPA) to administer delivery of eyewear and eye exams covered under this Benefit through a network of Participating Providers.

**VPA Participating Provider –** For purposes of this pediatric vision Benefit, participating provider refers to a provider that has contracted with the VPA to provide vision services to Blue Shield Members.

# Principal Limitations, Exceptions, Exclusions and Reductions

## General Exclusions and Limitations

No Benefits are provided for the following:

1) routine physical examinations, except as specifically listed under Preventive Health Benefits, or for immunizations and vaccinations by any mode of administration (oral, injection or otherwise) solely for the purpose of travel, or for examinations required for licensure, employment, insurance or on court order or required for parole or probation;
2) hospitalization primarily for X-ray, laboratory or any other outpatient diagnostic studies or for medical observation;
3) routine foot care items and services that are not Medically Necessary, including callus, corn paring or excision and toenail trimming except as may be provided through a Partici-

pating Hospice Agency; treatment (other than surgery) of chronic conditions of the foot (e.g., weak or fallen arches); flat or pronated foot; pain or cramp of the foot; special footwear required for foot disfigurement (e.g., non-custom made or over-the-counter shoe inserts or arch supports), except as specifically listed under *Orthotics Benefits* and *Diabetes Care Benefits;* bunions; muscle trauma due to exertion; or any type of massage procedure on the foot;

4) services for or incident to hospitalization or confinement in a pain management center to treat or cure chronic pain, except as may be provided through a Participating Hospice Agency or through a palliative care program offered by Blue Shield;

5) home services, hospitalization or confinement in a health facility primarily for rest, Custodial, Maintenance, or domiciliary Care, except as provided under *Hospice Program Benefits;*

6) services in connection with private duty nursing, except as provided under *Home Health Care Benefits, Home Infusion/Home Injectable Therapy Benefits,* and except as provided through a Participating Hospice Agency;

7) prescription and non-prescription food and nutritional supplements, except as provided under *Home Infusion/Home Injectable Therapy Benefits, PKU-Related Formulas and Special Food Products Benefits,* or as provided through a Participating Hospice Agency;

8) hearing aids;

9) eye exams and refractions, lenses and frames for eyeglasses, lens options and treatments and contact lenses for Members 19 years of age and over, and video-assisted visual aids or video magnification equipment for any purpose;

10) surgery to correct refractive error (such as but not limited to radial keratotomy, refractive keratoplasty);

11) any type of communicator, voice enhancer, voice prosthesis, electronic voice producing machine, or any other language assistive devices, except as specifically listed under *Prosthetic Appliances Benefits;*

12) for dental care or services incident to the treatment, prevention, or relief of pain or dysfunction of the Temporomandibular Joint and/or muscles of mastication, except as specifically provided under the *Medical Treatment of the Teeth, Gums, Jaw Joints or Jaw Bones Benefits* and *Hospital Benefits (Facility Services);*

13) for or incident to services and supplies for treatment of the teeth and gums (except for tumors, preparation of the Member's jaw for radiation therapy to treat cancer in the head or neck, and dental and orthodontic services that are an integral part of Reconstructive Surgery for cleft palate procedures) and associated periodontal structures, including but not limited to diagnostic, preventive, orthodontic and other services such as dental cleaning, tooth whitening, X-rays, imaging, laboratory services, topical fluoride treatment except when used with radiation therapy to the oral cavity, fillings, and root canal treatment; treatment of periodontal disease or periodontal surgery for inflammatory conditions; tooth extraction; dental implants, braces, crowns, dental orthoses and prostheses; except as specifically provided under *Medical Treatment of the Teeth, Gums, Jaw Joints or Jaw Bones Benefits, Pediatric Dental Benefits* and *Hospital Benefits (Facility Services);*

14) Cosmetic Surgery except for the Medically Necessary treatment of resulting complications (e.g., infections or hemorrhages);

15) Reconstructive Surgery where there is another more appropriate covered surgical procedure or when the proposed reconstructive surgery offers only a minimal improvement in the ap-

pearance of the Member. This exclusion shall not apply to breast reconstruction when performed subsequent to a mastectomy, including surgery on either breast to achieve or restore symmetry;

16) sexual dysfunctions and sexual inadequacies, except as provided for treatment of organically based conditions;

17) for or incident to the treatment of Infertility, including the cause of Infertility, or any form of assisted reproductive technology, including but not limited to reversal of surgical sterilization, or any resulting complications, except for Medically Necessary treatment of medical complications;

18) any services related to assisted reproductive technology, including but not limited to the harvesting or stimulation of the human ovum, in vitro fertilization, Gamete Intrafallopian Transfer (GIFT) procedure, artificial insemination (including related medications, laboratory, and radiology services), services or medications to treat low sperm count, or services incident to or resulting from procedures for a surrogate mother who is otherwise not eligible for covered pregnancy and maternity care under a Blue Shield health plan;

19) services incident to bariatric surgery services, except as specifically provided under *Bariatric Surgery Benefits;*

20) home testing devices and monitoring equipment except as specifically provided in the *Durable Medical Equipment Benefits;*

21) genetic testing except as described in the *Outpatient X-ray, Imaging, Pathology and Laboratory Benefits* and *Pregnancy and Maternity Care Benefits;*

22) mammographies, Pap Tests or other FDA (Food and Drug Administration) approved cervical cancer screening tests, family planning and consultation services, colorectal cancer screenings, Annual Health Appraisal Exams by Non-Participating Providers;

23) services performed in a Hospital by house officers, residents, interns, and others in training;

24) services performed by a Close Relative or by a person who ordinarily resides in the Member's home;

25) services provided by an individual or entity that is not appropriately licensed or certified by the state to provide health care services, or is not operating within the scope of such license or certification, except for services received under the Behavioral Health Treatment benefit under Mental Health, Behavioral Health, and Substance Use Disorder Benefits;

26) massage therapy that is not Physical Therapy or a component of a multiple-modality rehabilitation treatment plan;

27) for or incident to vocational, educational, recreational, art, dance, music or reading therapy; weight control programs; exercise programs; nutritional counseling except as specifically provided for under Diabetes Care Benefits. This exclusion shall not apply to Medically Necessary services which Blue Shield is required by law to cover for Severe Mental Illnesses or Serious Emotional Disturbances of a Child;

28) learning disabilities or behavioral problems or social skills training/therapy, or for testing for intelligence or learning disabilities. This exclusion shall not apply to Medically Necessary services which Blue Shield is required by law to cover for Severe Mental Illnesses or Serious Emotional Disturbances of a Child;

29) services which are Experimental or Investigational in nature, except for services for Members who have been accepted into an approved clinical trial as provided under Clinical Trial for Treatment of Cancer or Life-Threatening Condition Benefits;

30) drugs, medicines, supplements, tests, vaccines, devices, radioactive materials and any other services which cannot be lawfully marketed without approval of the U.S. Food and

Drug Administration (the FDA) except as otherwise stated; however, drugs and medicines which have received FDA approval for marketing for one or more uses will not be denied on the basis that they are being prescribed for an off-label use if the conditions set forth in California Health & Safety Code, Section 1367.21 have been met;

31) non-prescription (over-the-counter) medical equipment or supplies such as oxygen saturation monitors, prophylactic knee braces and bath chairs that can be purchased without a licensed provider's prescription order, even if a licensed provider writes a prescription order for a non-prescription item, except as specifically provided under *Preventive Health Benefits, Home Health Care Benefits, Home Infusion /Home Injectable Therapy Benefits, Hospice Program Benefits, Diabetes Care Benefits, Durable Medical Equipment Benefits,* and *Prosthetic Appliances Benefits;*

32) patient convenience items such as telephone, television, guest trays, and personal hygiene items;

33) disposable supplies for home use, such as bandages, gauze, tape, antiseptics, dressings, Ace-type bandages, and diapers, underpads and other incontinence supplies, except as specifically provided under the *Durable Medical Equipment Benefits, Home Health Care, Hospice Program Benefits,* or the *Outpatient Prescription Drug Benefits;*

34) services for which the Member is not legally obligated to pay, or for services for which no charge is made;

35) services incident to any injury or disease arising out of, or in the course of, any employment for salary, wage or profit if such injury or disease is covered by any worker's compensation law, occupational disease law or similar legislation. However, if Blue Shield provides payment for such services, it will be entitled to establish a lien upon such other benefits up to the amount paid by Blue Shield for the treatment of such injury or disease;

36) Drug's dispensed by a Physician or Physician's office for outpatient use; and

37) services not specifically listed as a Benefit.

See the *Grievance Process* section for information on filing a grievance, your right to seek assistance from the Department of Managed Health Care, and your right to independent medical review.

## Medical Necessity Exclusion

The Benefits of this health plan are provided only for services that are Medically Necessary. Because a Physician or other provider may prescribe, order, recommend, or approve a service or supply does not, in itself, make it Medically Necessary even though it is not specifically listed as an exclusion or limitation. Blue Shield reserves the right to review all claims to determine if a service or supply is Medically Necessary and may use the services of Physician consultants, peer review committees of professional societies or Hospitals, and other consultants to evaluate claims.

## Limitation for Duplicate Coverage

### Medicare Eligible Members

1) Blue Shield will provide Benefits before Medicare in the following situations:
   a) When the Member is eligible for Medicare due to age, if the subscriber is actively working for a group that employs 20 or more employees (as defined by Medicare Secondary Payer laws).
   b) When the Member is eligible for Medicare due to disability, if the subscriber is covered by a group that employs 100 or more employees (as defined by Medicare Secondary Payer laws).
   c) When the Member is eligible for Medicare solely due to end stage renal disease during the first 30 months that you are eligible to receive benefits for end-stage renal disease from Medicare.
2) Blue Shield will provide Benefits after Medicare in the following situations:
   a) When the Member is eligible for Medicare due to age, if the subscriber is actively

working for a group that employs less than 20 employees (as defined by Medicare Secondary Payer laws).

b) When the Member is eligible for Medicare due to disability, if the subscriber is covered by a group that employs less than 100 employees (as defined by Medicare Secondary Payer laws).

c) When the Member is eligible for Medicare solely due to end stage renal disease after the first 30 months that you are eligible to receive benefits for end-stage renal disease from Medicare.

d) When the Member is retired and age 65 years or older.

When Blue Shield provides Benefits after Medicare, the combined benefits from Medicare and the Blue Shield group plan may be lower but will not exceed the Medicare allowed amount. The Blue Shield group plan Deductible and copayments will be waived.

**Medi-Cal Eligible Members**

Medi-Cal always provides benefits last.

**Qualified Veterans**

If the Member is a qualified veteran Blue Shield will pay the reasonable value or Blue Shield's Allowable Amount for Covered Services provided at a Veterans Administration facility for a condition that is not related to military service. If the Member is a qualified veteran who is not on active duty, Blue Shield will pay the reasonable value or Blue Shield's Allowable Amount for Covered Services provided at a Department of Defense facility, even if provided for conditions related to military service.

**Members Covered by Another Government Agency**

If the Member is entitled to benefits under any other federal or state governmental agency, or by any municipality, county or other political subdivision, the combined benefits from that coverage and this Blue Shield group Plan will equal, but not exceed, what Blue Shield would have paid if the Member was not eligible to receive benefits under that coverage (based on the reasonable value or Blue Shield's Allowable Amount).

Contact Customer Service if you have any questions about how Blue Shield coordinates your group Plan Benefits in the above situations.

## Exception for Other Coverage

Participating Providers may seek reimbursement from other third party payers for the balance of their reasonable charges for services rendered under this Plan.

## Claims Review

Blue Shield reserves the right to review all claims to determine if any exclusions or other limitations apply. Blue Shield may use the services of Physician consultants, peer review committees of professional societies or Hospitals, and other consultants to evaluate claims.

## Reductions – Third Party Liability

If another person or entity, through an act or omission, causes a Member to suffer an injury or illness, and if Blue Shield paid Benefits for that injury or illness, the Member must agree to the provisions listed below. In addition, if the Member is injured and no other person is responsible but the Member receives (or is entitled to) a recovery from another source, and if Blue Shield paid Benefits for that injury, the Member must agree to the following provisions.

1) All recoveries the Member or his or her representatives obtain (whether by lawsuit, settlement, insurance or otherwise), no matter how described or designated, must be used to reimburse Blue Shield in full for Benefits Blue Shield paid. Blue Shield's share of any recovery extends only to the amount of Benefits it has paid or will pay the Member or the Member's representatives. For purposes of this provision, Member's representatives include, if applicable, the Member's heirs, administrators, legal representatives, parents (if the Member is a minor), successors or assignees. This is Blue Shield's right of recovery.

2) Blue Shield is entitled under its right of recovery to be reimbursed for its Benefit payments

even if the Member is not "made whole" for all of his or her damages in the recoveries that the Member receives. Blue Shield's right of recovery is not subject to reduction for attorney's fees and costs under the "common fund" or any other doctrine.

3) Blue Shield will not reduce its share of any recovery unless, in the exercise of Blue Shield's discretion, Blue Shield agrees in writing to a reduction (1) because the Member does not receive the full amount of damages that the Member claimed or (2) because the Member had to pay attorneys' fees.

4) The Member must cooperate in doing what is reasonably necessary to assist Blue Shield with its right of recovery. The Member must not take any action that may prejudice Blue Shield's right of recovery.

If the Member does seek damages for his or her illness or injury, the Member must tell Blue Shield promptly that the Member has made a claim against another party for a condition that Blue Shield has paid or may pay Benefits for, the Member must seek recovery of Blue Shield's Benefit payments and liabilities, and the Member must tell us about any recoveries the Member obtains, whether in or out of court. Blue Shield may seek a first priority lien on the proceeds of the Member's claim in order to reimburse Blue Shield to the full amount of Benefits Blue Shield has paid or will pay. The amount Blue Shield seeks as restitution, reimbursement or other available remedy will be calculated in accordance with California Civil Code Section 3040.

Blue Shield may request that the Member sign a reimbursement agreement consistent with this provision.

Further, if the Member receives services from a Participating Hospital for such injuries or illness, the Hospital has the right to collect from the Member the difference between the amount paid by Blue Shield and the Hospital's reasonable and necessary charges for such services when payment or reimbursement is received by the Member for medical expenses. The Hospital's right to collect shall be in accordance with California Civil Code Section 3045.1.

IF THIS PLAN IS PART OF AN EMPLOYEE WELFARE BENEFIT PLAN SUBJECT TO THE EMPLOYEE RETIREMENT INCOME SECURITY ACT OF 1974 ("ERISA"), THE MEMBER IS ALSO REQUIRED TO DO THE FOLLOWING:

1) Ensure that any recovery is kept separate from and not comingled with any other funds or the Member's general assets and agree in writing that the portion of any recovery required to satisfy the lien or other right of recovery of Blue Shield is held in trust for the sole benefit of Blue Shield until such time it is conveyed to Blue Shield;

2) Direct any legal counsel retained by the Member or any other person acting on behalf of the Member to hold that portion of the recovery to which Blue Shield is entitled in trust for the sole benefit of Blue Shield and to comply with and facilitate the reimbursement to Blue Shield of the monies owed.

## Coordination of Benefits

Coordination of Benefits is utilized when a Member is covered by more than one group health plan. Payments for allowable expenses will be coordinated between the two plans up to the maximum benefit amount payable by each plan separately. Coordination of Benefits ensures that benefits paid by multiple group health plans do not exceed 100% of allowable expenses. The coordination of benefits rules also provide consistency in determining which group health plan is primary and avoid delays in benefit payments. Blue Shield follows the rules for Coordination of Benefits as outlined in the California Code of Regulations, Title 28, Section 1300.67.13 to determine the order of benefit payments between two group health plans. The following is a summary of those rules.

1) When a plan does not have a coordination of benefits provision, that plan will always provide its benefits first. Otherwise, the plan covering the Member as an employee will provide its benefits before the plan covering the Member as a Dependent.

2) Coverage for dependent children:

a) When the parents are not divorced or separated, the plan of the parent whose date of birth (month and day) occurs earlier in the year is primary.

b) When the parents are divorced and the specific terms of the court decree state that one of the parents is responsible for the health care expenses of the child, the plan of the responsible parent is primary.

c) When the parents are divorced or separated, there is no court decree, and the parent with custody has not remarried, the plan of the custodial parent is primary.

d) When the parents are divorced or separated, there is no court decree, and the parent with custody has remarried, the order of payment is as follows:

   i. The plan of the custodial parent

   ii. The plan of the stepparent

   iii. The plan of the non-custodial parent.

3) If the above rules do not apply, the plan which has covered the Member for the longer period of time is the primary plan. There may be exceptions for laid-off or retired employees.

4) When Blue Shield is the primary plan, Benefits will be provided without considering the other group health plan. When Blue Shield is the secondary plan and there is a dispute as to which plan is primary, or the primary plan has not paid within a reasonable period of time, Blue Shield will provide Benefits as if it were the primary plan.

5) Anytime Blue Shield makes payments over the amount they should have paid as the primary or secondary plan, Blue Shield reserves the right to recover the excess payments from the other plan or any person to whom such payments were made.

These Coordination of Benefits rules do not apply to the programs included in the *Limitation for Duplicate Coverage* section.

# Conditions of Coverage

## Eligibility and Enrollment

To enroll and continue enrollment, a Subscriber must be an eligible Employee and meet all of the eligibility requirements for coverage established by CCSB. To learn about the eligibility requirements for this health plan, please contact CCSB or the Subscriber's Employer. Eligibility determinations made by CCSB can be appealed.

An Employee or the Employee's Dependents may enroll when newly qualified as an eligible Employee or during the Employer's annual Open Enrollment Period. Under certain circumstances, an Employee and Dependents may qualify for a Special Enrollment Period. Other than the initial opportunity to enroll, the Employer's annual Open Enrollment period, or a Special Enrollment Period, an Employee or Dependent may not enroll in the health program offered by the Employer through CCSB.

Please see the definition of Late Enrollee and Special Enrollment Period in the *Definitions* section for details on these rights. For additional information on enrollment periods, please contact CCSB or Blue Shield.

Dependent children of the Subscriber, spouse, or his or her Domestic Partner, including children adopted or placed for adoption, will be eligible immediately after birth, adoption or the placement of adoption for a period of 31 days. In order to have coverage continue beyond the first 31 days, an application must be received by CCSB within 60 days from the date of birth, adoption or placement for adoption. If both partners in a marriage or Domestic Partnership are eligible Employees and Subscribers, children may be eligible and may be enrolled as a Dependent of either parent, but not both. Please contact CCSB to determine what evidence needs to be provided to enroll a child.

Enrolled disabled Dependent children who would normally lose their eligibility under this health plan solely because of age, may be eligible for coverage if they continue to meet the definition of Dependent. See the *Definitions* section.

Because eligibility to enroll in this Plan is based on the Employer's participation in CCSB, coverage under this Plan will terminate when the employer ceases to be an Eligible Employer. Employees will receive notice of this termination from CCSB before it becomes effective, and, at that time, will be provided with information about other potential sources of coverage, including access to individual coverage through Covered California.

Subject to the requirements described under the Continuation of Group Coverage provision in this Evidence of Coverage, if applicable, an Employee and his or her Dependents will be eligible to continue group coverage under this health plan when coverage would otherwise terminate.

## Effective Date of Coverage

Blue Shield will notify the eligible Employee of the effective date of coverage for the Employee and his or her Dependents. Coverage starts at 12:01 a.m. Pacific Time on the effective date.

Dependents may be enrolled within 31 days of the Employee's eligibility date to have the same effective date of coverage as the Employee. If the Employee or Dependent is considered a Late Enrollee, coverage will become effective the earlier of 12 months from the date a written request for coverage is made or at the Employer's next Open Enrollment Period. CCSB will not consider applications for earlier effective dates unless the Employee or Dependent qualifies for a Special Enrollment Period.

In general, if the Employee or Dependents are Late Enrollees who qualify for a Special Enrollment Period, and the premium payment is delivered or postmarked within the first 15 days of the month, coverage will be effective on the first day of the month after receipt of payment. If the premium payment is delivered or postmarked after the 15th of the month, coverage will be effective on the first day of the second month after receipt of payment.

However, if the Late Enrollee qualifies for a Special Enrollment Period as a result of a birth, adoption, foster care, guardianship, marriage or Domestic Partnership and enrollment is requested by the Employee within 60 days of the event, the effective date of enrollment will be as follows:

1) For the case of a birth, adoption, placement for adoption, placement in foster care, or guardianship, the coverage shall be effective on the date of birth, adoption, placement for adoption, placement in foster care or court order of guardianship. If requested by the Subscriber, coverage shall be effective on the first day of the month following the date of birth, adoption, placement for adoption, placement in foster care or court order of guardianship.
2) For marriage or Domestic Partnership the coverage shall be effective on the date of the establishment of marriage or domestic partnership.

## Premiums (Dues)

The monthly Premiums for a Subscriber and any enrolled Dependents are stated in the Contract. CCSB will provide information regarding when the Premiums are due and when payments must be made for coverage to remain in effect.

All Premiums required for coverage for the Subscriber and Dependents will be paid by the Employer to CCSB, and CCSB will forward the Premiums to Blue Shield. Any amount the Subscriber must contribute is set by the Employer. The Employer's rates will remain the same during the Contract's term; the term is the 12-month period beginning with the Eligible Employer's effective date of coverage. The Employer will receive notice of changes in Premiums at least 60 days prior to the change. The Employer will notify the Subscriber immediately.

A Subscriber's contribution may change during the contract term (1) if the Employer changes the amount it requires its Employees to pay for coverage; (2) if the Subscriber adds or removes a Dependent from coverage; (3) if a Subscriber moves to a different geographic rating region, or (4) if a Subscriber joins the Plan at a time other than during the annual Open Enrollment Period. Please check with CCSB or the Employer on when these contribution changes will take effect.

## Grace Period

After payment of the first Premium, the Contractholder is entitled to a grace period of 30 days for

the payment of any Premiums due. During this grace period, the Contract will remain in force. However, the Contractholder will be liable for payment of Premiums accruing during the period the Contract continues in force.

## Plan Changes

The Benefits and terms of this health plan, including but not limited to, Covered Services, Deductible, Copayment, Coinsurance and annual Out-of-Pocket Maximum amounts, are subject to change at any time. Blue Shield will provide at least 60 days written notice of any such change.

Benefits for services or supplies furnished on or after the effective date of any change in Benefits will be provided based on the change.

## Renewal of the Group Health Service Contract

This Contract has a 12-month term beginning with the eligible Employer's effective date of coverage. So long as the Employer continues to participate in CCSB, Employees and Dependents will have an annual Open Enrollment period of 30 days before the end of the term to make changes to their coverage. The Employer will give notice of the annual Open Enrollment period.

Blue Shield will offer to renew the Employer's Group Health Service Contract except in the following instances:

1) non-payment of Premium;
2) fraud, misrepresentations or omissions;
3) failure to comply with Blue Shield's applicable eligibility, participation or contribution rules;
4) termination of plan type by Blue Shield;
5) Employer relocates outside of California;
6) Employer is an association and association membership ceases; or
7) Employer is no longer eligible to purchase this coverage through CCSB.

## Termination of Benefits (Cancellation and Rescission of Coverage)

Except as specifically provided under the Extension of Benefits provision, and, if applicable, the Continuation of Group Coverage provision, there is no right to receive Benefits of this health plan following termination of a Member's coverage.

### Cancellation at Member Request

The Member can cancel his or her coverage, including as a result of the Member obtaining other minimum essential coverage, with 14 days' notice to CCSB or Blue Shield. If coverage is terminated at a Member's request, coverage will end at 11:59 p.m. Pacific Time on (a) the cancellation date specified by the Member if the Member gave 14 days' notice; (b) 14 days after the cancellation is requested, if the Member gave less than 14 days' notice; or (c) a date Blue Shield specifies if the Member gave less than 14 days' notice and the Member requested an earlier termination effective date. If the Member is newly eligible for Medi-Cal, Children's Health Insurance Program (CHIP) or the Basic Health Plan (if a Basic Health Plan is operating in the service area of Covered California), the last day of coverage is the day before such coverage begins.

### Cancellation of Member's Enrollment by CCSB or Blue Shield

CCSB or Blue Shield may cancel a Member's coverage in this health plan in the following circumstances:

1) The Member is no longer eligible for coverage in this health plan.
2) Non-payment of Premiums by the Employer for coverage of the Member.
3) Termination or decertification of this health plan.
4) The Subscriber changes from one health plan to another during the annual Open Enrollment Period or during a Special Enrollment Period.

Blue Shield may cancel the Subscriber and any Dependent's coverage for cause for the following conduct; cancellation is effective immediately

upon giving written notice to the Subscriber and Employer:

1) Providing false or misleading material information on the enrollment application or otherwise to CCSB, Employer or Blue Shield; see the Cancellation/Rescission for Fraud or Intentional Misrepresentations of Material Fact provision;
2) Permitting use of a Member identification card by someone other than the Subscriber or Dependents to obtain Covered Services; or
3) Obtaining or attempting to obtain Covered Services under the Group Health Service Contract by means of false, materially misleading, or fraudulent information, acts or omissions.

If the Employer does not meet the applicable eligibility, participation and contribution requirements of the Contract, Blue Shield will cancel this coverage after 30 days' written notice to the Employer.

Any Premiums paid to Blue Shield for a period extending beyond the cancellation date will be refunded to the Employer. The Employer will be responsible to Blue Shield for unpaid Premiums prior to the date of cancellation.

Blue Shield will honor all claims for Covered Services provided prior to the effective date of cancellation.

See the *Cancellation/Rescission for Fraud or Intentional Misrepresentations of Material Fact* section.

**Cancellation By The Employer**

This health plan may be cancelled by the Employer at any time provided written notice is given to the CCSB, all Employees and Blue Shield to become effective upon receipt, or on a later date as may be specified by the notice.

**Cancellation for Employer's Non-Payment of Premiums**

Blue Shield or the CCSB may cancel this health plan for non-payment of Premiums. If the Employer fails to pay the required Premiums when due, coverage will terminate pursuant to the rules established by the CCSB. The Employer will be liable for all Premiums accrued while this coverage continues in force including those accrued during the grace period. Blue Shield will mail the Employer a Cancellation Notice (or Notice Confirming Termination of Coverage). The Employer must provide enrolled Employees with a copy of the Notice Confirming Termination of Coverage.

**Cancellation/Rescission for Fraud or Intentional Misrepresentations of Material Fact**

Blue Shield may cancel or rescind the Contract for fraud or intentional misrepresentation of material fact by the Employer, or with respect to coverage of Employees or Dependents, for fraud or intentional misrepresentation of material fact by the Employee, Dependent, or their representative. A rescission voids the Contract retroactively as if it was never effective; Blue Shield will provide written notice to the Employer prior to any rescission.

In the event the contract is rescinded or cancelled, either by Blue Shield or the Employer, it is the Employer's responsibility to notify each enrolled Employee of the rescission or cancellation. Cancellations are effective on receipt or on such later date as specified in the cancellation notice.

If a Member is hospitalized or undergoing treatment for an ongoing condition and the Contract is cancelled for any reason, including non-payment of Premium, no Benefits will be provided unless the Member obtains an Extension of Benefits. (See the *Extension of Benefits* section for more information.)

**Date Coverage Ends**

Coverage for a Subscriber and all of his or her Dependents ends at 11:59 p.m. Pacific Time on the earliest of these dates: (1) the date the Employer Group Health Service Contract is discontinued, (2) the last day of the month in which the Subscriber's employment terminates, unless a different date has been agreed to between Blue Shield and the Employer, (3) the date as indicated in the Notice Confirming Termination of Coverage that is sent to the Employer (see Cancellation for Non-Payment of Premiums), or (4) the last day of the month following the month in which notice is sent by the CCSB that the Subscriber and Dependents are ineligible for coverage in the CCSB except as provided below.

Even if a Subscriber remains covered, his Dependents' coverage may end if a Dependent become ineligible. A Dependent spouse becomes ineligible following legal separation from the Subscriber, entry of a final decree of divorce, annulment or dissolution of marriage from the Subscriber; coverage ends on the last day of the month in which the Dependent spouse became ineligible. A Dependent Domestic Partner becomes ineligible upon termination of the domestic partnership; coverage ends on the last day of the month in which the Domestic Partner becomes ineligible. A Dependent child who reaches age 26 becomes ineligible unless the Dependent child is disabled and qualifies for continued coverage as described in the definition of Dependent. Coverage ends on the last day of the month in which the Dependent child becomes ineligible.

In addition, if a written application for the addition of a newborn or a child placed for adoption is not submitted to and received by Blue Shield within the 60 days following that Dependent's birth or placement for adoption, Benefits under this health plan for that child will end on the 31st day after the birth or placement for adoption at 11:59 p.m. Pacific Time.

If the Subscriber ceases work because of retirement, disability, leave of absence, temporary layoff, or termination, he or she should contact the Employer or contact CCSB for information on options for continued group coverage or individual options.

If the Employer is subject to the California Family Rights Act of 1991 and/or the federal Family & Medical Leave Act of 1993, and the approved leave of absence is for family leave under the terms of such Act(s), a Subscriber's payment of Premiums will keep coverage in force for such period of time as specified in such Act(s). The Employer is solely responsible for notifying their Employee of the availability and duration of family leaves.

**Reinstatement**

If the Subscriber had been making contributions toward coverage for the Subscriber and Dependents and voluntarily cancelled such coverage, he or she should contact the Employer regarding reinstatement options. If reinstatement is not an option, the Subscriber may have a right to re-enroll if the Subscriber or Dependents qualify for a Special Enrollment Period (see Special Enrollment Periods in the *Definitions* section). The Subscriber or Dependents may also enroll during the annual Open Enrollment Period. Enrollment resulting from a Special Enrollment Period or annual Open Enrollment Period is not reinstatement and may result in a gap in coverage.

## Extension of Benefits

If a Member becomes Totally Disabled while validly covered under this health plan and continues to be Totally Disabled on the date the Contract terminates, Blue Shield will extend Benefits, subject to all limitations and restrictions, for Covered Services and supplies directly related to the condition, illness or injury causing such Total Disability until the first to occur of the following: (1) twelve months from the date coverage terminated; (2) the date the covered Member is no longer Totally Disabled; or (3) the date on which a replacement carrier provides coverage to the Member.

No extension will be granted unless Blue Shield receives written certification of such Total Disability from a Doctor of Medicine within 90 days of the date on which coverage was terminated, and thereafter at such reasonable intervals as determined by Blue Shield.

## Group Continuation Coverage

Please examine group continuation coverage options carefully before declining this coverage.

A Member can continue his or her coverage under this group health plan when the Subscriber's Employer is subject to either Title X of the Consolidated Omnibus Budget Reconciliation Act (COBRA) as amended or the California Continuation Benefits Replacement Act (Cal-COBRA). The Subscriber's Employer should be contacted for more information.

In accordance with the Consolidated Omnibus Budget Reconciliation Act (COBRA) as amended and the California Continuation Benefits Replacement Act (Cal-COBRA), a Member may elect to continue group coverage under this Plan if the Member would otherwise lose coverage because

of a Qualifying Event that occurs while the Contractholder is subject to the continuation of group coverage provisions of COBRA or Cal-COBRA. The benefits under the group continuation of coverage will be identical to the benefits that would be provided to the Member if the Qualifying Event had not occurred (including any changes in such coverage).

A Member will not be entitled to benefits under Cal-COBRA if at the time of the qualifying event such Member is entitled to benefits under Title XVIII of the Social Security Act ("Medicare") or is covered under another group health plan. Under COBRA, a Member is entitled to benefits if at the time of the qualifying event such Member is entitled to Medicare or has coverage under another group health plan. However, if Medicare entitlement or coverage under another group health plan arises after COBRA coverage begins, it will cease.

**Qualifying Event**

A Qualifying Event is defined as a loss of coverage as a result of any one of the following occurrences.

1) With respect to the Subscriber:
   a) the termination of employment (other than by reason of gross misconduct); or
   b) the reduction of hours of employment to less than the number of hours required for eligibility.
2) With respect to the Dependent spouse or Dependent Domestic Partner and Dependent children (children born to or placed for adoption with the Subscriber or Domestic Partner during a COBRA or Cal-COBRA continuation period may be immediately added as Dependents, provided the Contractholder is properly notified of the birth or placement for adoption, and such children are enrolled within 30 days of the birth or placement for adoption):
   a) the death of the Subscriber;
   b) the termination of the Subscriber's employment (other than by reason of such Subscriber's gross misconduct);
   c) the reduction of the Subscriber's hours of employment to less than the number of hours required for eligibility;
   d) the divorce or legal separation of the Subscriber from the Dependent spouse or termination of the domestic partnership;
   e) the Subscriber's entitlement to benefits under Title XVIII of the Social Security Act ("Medicare"); or
   f) a Dependent child's loss of Dependent status under this Plan.

   Domestic Partners and Dependent children of Domestic Partners cannot elect COBRA on their own, and are only eligible for COBRA if the Subscriber elects to enroll. Domestic Partners and Dependent children of Domestic Partners may elect to enroll in Cal-COBRA on their own.
3) For COBRA only, with respect to a Subscriber who is covered as a retiree, that retiree's Dependent spouse and Dependent children, the Employer's filing for reorganization under Title XI, United States Code, commencing on or after July 1, 1986.
4) With respect to any of the above, such other Qualifying Event as may be added to Title X of COBRA or the California Continuation Benefits Replacement Act (Cal-COBRA).

**Notification of a Qualifying Event**

1) With respect to COBRA enrollees:

   The Member is responsible for notifying the Employer of divorce, legal separation, or a child's loss of Dependent status under this Plan, within 60 days of the date of the later of the Qualifying Event or the date on which coverage would otherwise terminate under this Plan because of a Qualifying Event.

   The Employer is responsible for notifying its COBRA administrator (or plan administrator if the Employer does not have a COBRA administrator) of the Subscriber's death, termination, or reduction of hours of employment, the Subscriber's Medicare entitlement or the Employer's filing for reorganization under Title XI, United States Code.

When the COBRA administrator is notified that a Qualifying Event has occurred, the COBRA administrator will, within 14 days, provide written notice to the Member by first class mail of the Member's right to continue group coverage under this Plan. The Member must then notify the COBRA administrator within 60 days of the later of (1) the date of the notice of the Member's right to continue group coverage or (2) the date coverage terminates due to the Qualifying Event.

If the Member does not notify the COBRA administrator within 60 days, the Member's coverage will terminate on the date the Member would have lost coverage because of the Qualifying Event.

2) With respect to Cal-COBRA enrollees:

The Member is responsible for notifying Blue Shield in writing of the Subscriber's death or Medicare entitlement, of divorce, legal separation, termination of a domestic partnership or a child's loss of Dependent status under this Plan. Such notice must be given within 60 days of the date of the later of the Qualifying Event or the date on which coverage would otherwise terminate under this Plan because of a Qualifying Event. Failure to provide such notice within 60 days will disqualify the Member from receiving continuation coverage under Cal-COBRA.

The Employer is responsible for notifying Blue Shield in writing of the Subscriber's termination or reduction of hours of employment within 30 days of the Qualifying Event.

When Blue Shield is notified that a Qualifying Event has occurred, Blue Shield will, within 14 days, provide written notice to the Member by first class mail of his or her right to continue group coverage under this Plan. The Member must then give Blue Shield notice in writing of the Member's election of continuation coverage within 60 days of the later of (1) the date of the notice of the Member's right to continue group coverage or (2) the date coverage terminates due to the Qualifying Event. The written election notice must be delivered to Blue Shield by first-class mail or other reliable means.

If the Member does not notify Blue Shield within 60 days, the Member's coverage will terminate on the date the Member would have lost coverage because of the Qualifying Event.

If this Plan replaces a previous group plan that was in effect with the Employer, and the Member had elected Cal-COBRA continuation coverage under the previous plan, the Member may choose to continue to be covered by this Plan for the balance of the period that the Member could have continued to be covered under the previous plan, provided that the Member notify Blue Shield within 30 days of receiving notice of the termination of the previous group plan.

**Duration and Extension of Group Continuation Coverage**

Cal-COBRA enrollees will be eligible to continue Cal-COBRA coverage under this Plan for up to a maximum of 36 months regardless of the type of Qualifying Event.

COBRA enrollees who reach the 18-month or 29-month maximum available under COBRA, may elect to continue coverage under Cal-COBRA for a maximum period of 36 months from the date the Member's continuation coverage began under COBRA. If elected, the Cal-COBRA coverage will begin after the COBRA coverage ends.

Note: COBRA enrollees must exhaust all the COBRA coverage to which they are entitled before they can become eligible to continue coverage under Cal-COBRA.

In no event will continuation of group coverage under COBRA, Cal-COBRA or a combination of COBRA and Cal-COBRA be extended for more than 3 years from the date the Qualifying Event has occurred which originally entitled the Member to continue group coverage under this Plan.

Note: Domestic Partners and Dependent children of Domestic Partners cannot elect COBRA on their own, and are only eligible for COBRA if the Subscriber elects to enroll. Domestic Partners and De-

pendent children of Domestic Partners may elect to enroll in Cal-COBRA on their own.

**Notification Requirements**

The Employer or its COBRA administrator is responsible for notifying COBRA enrollees of their right to possibly continue coverage under Cal-COBRA at least 90 calendar days before their COBRA coverage will end. The COBRA enrollee should contact Blue Shield for more information about continuation of coverage under Cal-COBRA. If the enrollee is eligible and chooses to continue coverage under Cal-COBRA, the enrollee must notify Blue Shield of their Cal-COBRA election at least 30 days before COBRA termination.

**Payment of Premiums or Dues**

Premiums for the Member continuing coverage shall be 102 percent of the applicable group Premium rate if the Member is a COBRA enrollee, or 110 percent of the applicable group Premium rate if the Member is a Cal-COBRA enrollee, except for the Member who is eligible to continue group coverage to 29 months because of a Social Security disability determination, in which case, the Premiums for months 19 through 29 shall be 150 percent of the applicable group Premium rate.

Note: For COBRA enrollees who are eligible to extend group coverage under COBRA to 29 months because of a Social Security disability determination, Premiums for Cal-COBRA coverage shall be 110 percent of the applicable group Premium rate for months 30 through 36.

If the Member is enrolled in COBRA and is contributing to the cost of coverage, the Employer shall be responsible for collecting and submitting all Premium contributions to Blue Shield in the manner and for the period established under this Plan.

Cal-COBRA enrollees must submit Premiums directly to Blue Shield. The initial Premiums must be paid within 45 days of the date the Member provided written notification to Blue Shield of the election to continue coverage and be sent to Blue Shield by first-class mail or other reliable means. The Premium payment must equal an amount sufficient to pay any required amounts that are due. Failure to submit the correct amount within the 45-day period will disqualify the Member from continuation coverage.

**Effective Date of the Continuation of Coverage**

The continuation of coverage will begin on the date the Member's coverage under this Plan would otherwise terminate due to the occurrence of a Qualifying Event and it will continue for up to the applicable period, provided that coverage is timely elected and so long as Premiums are timely paid.

**Termination of Group Continuation Coverage**

The continuation of group coverage will cease if any one of the following events occurs prior to the expiration of the applicable period of continuation of group coverage:

1) discontinuance of this group health service contract (if the Employer continues to provide any group benefit plan for employees, the Member may be able to continue coverage with another plan);
2) failure to timely and fully pay the amount of required Premiums to the COBRA administrator or the Employer or to Blue Shield as applicable. Coverage will end as of the end of the period for which Premiums were paid;
3) the Member becomes covered under another group health plan;
4) the Member becomes entitled to Medicare;
5) the Member commits fraud or deception in the use of the services of this Plan.

Continuation of group coverage in accordance with COBRA or Cal-COBRA will not be terminated except as described in this provision. In no event will coverage extend beyond 36 months.

**Continuation of Group Coverage for Members on Military Leave**

Continuation of group coverage is available for Members on military leave if the Member's Employer is subject to the Uniformed Services Employment and Re-employment Rights Act (USERRA). Members who are planning to enter the Armed Forces should contact their Employer for information about their rights under the (USERRA). Employers are responsible to ensure compliance with this act and other state and fed-

eral laws regarding leaves of absence including the California Family Rights Act, the Family and Medical Leave Act, Labor Code requirements for Medical Disability.

## General Provisions

### Liability of Subscribers in the Event of Non-Payment by Blue Shield

In accordance with Blue Shield's established policies, and by statute, every contract between Blue Shield and its Participating Providers stipulates that the Subscriber shall not be responsible to the Participating Provider for compensation for any services to the extent that they are provided in the Member's group contract. Participating Providers have agreed to accept the Blue Shield's payment as payment-in-full for Covered Services, except for Deductibles, Copayments and Coinsurance amounts in excess of specified Benefit maximums, or as provided under the *Exception for Other Coverage* and *Reductions-Third Party Liability* sections.

If services are provided by a Non-Participating Provider, the Member is responsible for all amounts Blue Shield does not pay.

When a Benefit specifies a Benefit maximum and that Benefit maximum has been reached, the Member is responsible for any charges above the Benefit maximums.

### Right of Recovery

Whenever payment on a claim has been made in error, Blue Shield will have the right to recover such payment from the Subscriber or Member or, if applicable, the provider or another health benefit plan, in accordance with applicable laws and regulations. Blue Shield reserves the right to deduct or offset any amounts paid in error from any pending or future claim to the extent permitted by law. Circumstances that might result in payment of a claim in error include, but are not limited to, payment of benefits in excess of the benefits provided by the health plan, payment of amounts that are the responsibility of the Subscriber or Member (deductibles, copayments, coinsurance or similar charges), payment of amounts that are the responsibility of another payor, payments made after termination of the Subscriber or Member's eligibility, or payments on fraudulent claims.

### No Maximum Aggregate Payment Amount

There is no maximum limit on the aggregate payments by Blue Shield for Covered Services provided under the Contract and this health plan.

### No Annual Dollar Limit On Essential Health Benefits

This health plan contains no annual dollar limits on essential health benefits as defined by federal law.

### Independent Contractors

Providers are neither agents nor employees of Blue Shield but are independent contractors. In no instance shall Blue Shield be liable for the negligence, wrongful acts, or omissions of any person receiving or providing services, including any Physician, Hospital, or other provider or their employees.

### Non-Assignability

Coverage or any Benefits of this Plan may not be assigned without the written consent of Blue Shield. Possession of a Blue Shield ID card confers no right to Covered Services or other Benefits of this Plan. To be entitled to services, the Member must be a Subscriber who has been accepted by the Employer and enrolled by Blue Shield and who has maintained enrollment under the terms of this Contract.

Participating Providers are paid directly by Blue Shield. The Member or the provider of service may not request that payment be made directly to any other party.

If the Member receives services from a Non-Participating Provider, payment will be made directly to the Subscriber, and the Subscriber is responsible for payment to the Non-Participating Provider. The Member or the provider of service may not request that the payment be made directly to the provider of service.

## Plan Interpretation

Blue Shield shall have the power and authority to construe and interpret the provisions of this Plan, to determine the Benefits of this Plan and determine eligibility to receive Benefits under this Plan. Blue Shield shall exercise this authority for the benefit of all Members entitled to receive Benefits under this Plan.

## Public Policy Participation Procedure

This procedure enables Members to participate in establishing the public policy of Blue Shield. It is not to be used as a substitute for the grievance procedure, complaints, inquiries or requests for information.

Public policy means acts performed by a plan or its employees and staff to assure the comfort, dignity, and convenience of patients who rely on the plan's facilities to provide health care services to them, their families, and the public (California Health and Safety Code, §1369).

At least one third of the Board of Directors of Blue Shield is comprised of Subscribers who are not employees, providers, subcontractors or group contract brokers and who do not have financial interests in Blue Shield. The names of the members of the Board of Directors may be obtained from:

Sr. Manager, Regulatory Filings
Blue Shield of California
50 Beale Street
San Francisco, CA 94105
Phone: 1-415-229-5065

Please follow the following procedure:

1) Recommendations, suggestions or comments should be submitted in writing to the Sr. Manager, Regulatory Filings, at the above address, who will acknowledge receipt of your letter.

2) Please include name, address, phone number, Subscriber number, and group number with each communication.

3) The public policy issue should be stated so that it will be readily understood. Submit all relevant information and reasons for the policy issue with your letter.

4) Public policy issues will be heard at least quarterly as agenda items for meetings of the Board of Directors. Minutes of Board meetings will reflect decisions on public policy issues that were considered. Members who have initiated a public policy issue will be furnished with the appropriate extracts of the minutes within 10 business days after the minutes have been approved.

## Confidentiality of Personal and Health Information

Blue Shield protects the privacy of individually identifiable personal information, including Protected Health Information. Individually identifiable personal information includes health, financial, and/or demographic information - such as name, address, and social security number. Blue Shield will not disclose this information without authorization, except as permitted or required by law.

A STATEMENT DESCRIBING BLUE SHIELD'S POLICIES AND PROCEDURES FOR PRESERVING THE CONFIDENTIALITY OF MEDICAL RECORDS IS AVAILABLE AND WILL BE FURNISHED TO YOU UPON REQUEST.

Blue Shield's "Notice of Privacy Practices" can be obtained either by calling Customer Service at the number listed in the back of this Evidence of Coverage, or by accessing Blue Shield's internet site at www.blueshieldca.com and printing a copy.

Members who are concerned that Blue Shield may have violated their privacy rights, or who disagree with a decision Blue Shield made about access to their individually identifiable personal information, may contact Blue Shield at:

**Correspondence Address:**

Blue Shield of California Privacy Office
P.O. Box 272540
Chico, CA 95927-2540

## Access to Information

Blue Shield may need information from medical providers, from other carriers or other entities, or from the Member, in order to administer the Ben-

efits and eligibility provisions of this Contract. By enrolling in this health plan, each Member agrees that any provider or entity can disclose to Blue Shield that information that is reasonably needed by Blue Shield. Members also agree to assist Blue Shield in obtaining this information, if needed, (including signing any necessary authorizations) and to cooperate by providing Blue Shield with information in the Member's possession.

Failure to assist Blue Shield in obtaining necessary information or refusal to provide information reasonably needed may result in the delay or denial of Benefits until the necessary information is received. Any information received for this purpose by Blue Shield will be maintained as confidential and will not be disclosed without consent, except as otherwise permitted by law.

## Grievance Process

Blue Shield has established a grievance procedure for receiving, resolving and tracking Members' grievances with Blue Shield.

### Medical Services

The Member, a designated representative, or a provider on behalf of the Member, may contact the Customer Service Department by telephone, letter, or online to request a review of an initial determination concerning a claim or service. Members may contact Blue Shield at the telephone number as noted on the back page of this Evidence of Coverage. If the telephone inquiry to Customer Service does not resolve the question or issue to the Member's satisfaction, the Member may request a grievance at that time, which the Customer Service Representative will initiate on the Member's behalf.

The Member, a designated representative, or a provider on behalf of the Member may also initiate a grievance by submitting a letter or a completed "Grievance Form". The Member may request this Form from Customer Service. The completed form should be submitted to Customer Service Appeals and Grievance, P.O. Box 5588, El Dorado Hills, CA 95762-0011. The Member may also submit the grievance online by visiting www.blueshieldca.com.

**For all grievances except denial of coverage for a Non-Formulary Drug:** Blue Shield will acknowledge receipt of a grievance within five calendar days. Grievances are resolved within 30 days.

Members can request an expedited decision when the routine decision making process might seriously jeopardize the life or health of a Member, or when the Member is experiencing severe pain. Blue Shield shall make a decision and notify the Member and Physician as soon as possible to accommodate the Member's condition not to exceed 72 hours following the receipt of the request. An expedited decision may involve admissions, continued stay, or other healthcare services. For additional information regarding the expedited decision process, or to request an expedited decision be made for a particular issue, please contact Customer Service

**For grievances due to denial of coverage for a Non-Formulary Drug:** If Blue Shield denies an exception request for coverage of a Non-Formulary Drug, the Member, representative, or the Provider may submit a grievance requesting an external exception request review. Blue Shield will ensure a decision within 72 hours in routine circumstances or 24 hours in exigent circumstances. For additional information, please contact Customer Service.

**For all grievances:** The grievance system allows Subscribers to file grievances within 180 days following any incident or action that is the subject of the Member's dissatisfaction.

### Mental Health, Behavioral Health, and Substance Use Disorder Services

Members, a designated representative, or a provider on behalf of the Member may contact the MHSA by telephone, letter, or online to request a review of an initial determination concerning a claim or service. Members may contact the MHSA at the telephone number provided below. If the telephone inquiry to the MHSA's Customer Service Department does not resolve the question or issue to the Member's satisfaction, the Member may submit a grievance at that time, which the

Customer Service Representative will initiate on the Member's behalf.

The Member, a designated representative, or a provider on behalf of the Member may also initiate a grievance by submitting a letter or a completed "Grievance Form". The Member may request this Form from the MHSA's Customer Service Department. If the Member wishes, the MHSA's Customer Service staff will assist in completing the Grievance Form. Completed Grievance Forms should be mailed to the MHSA at the address provided below. The Member may also submit the grievance to the MHSA online by visiting www.blueshieldca.com.

1-877-263-9952
Blue Shield of California
Mental Health Service Administrator
P.O. Box 719002
San Diego, CA 92171-9002

The MHSA will acknowledge receipt of a grievance within five calendar days. Grievances are resolved within 30 days. The grievance system allows Subscribers to file grievances for at least 180 days following any incident or action that is the subject of the Member's dissatisfaction. See the previous *Customer Service* section for information on the expedited decision process.

If the grievance involves an MHSA Non-Participating Provider, the Member should contact the Blue Shield Customer Service Department as shown on the back page of this Evidence of Coverage.

Members can request an expedited decision when the routine decision making process might seriously jeopardize the life or health of a Member, or when the Member is experiencing severe pain. The MHSA shall make a decision and notify the Member and Physician as soon as possible to accommodate the Member's condition not to exceed 72 hours following the receipt of the request. An expedited decision may involve admissions, continued stay, or other healthcare services. For additional information regarding the expedited decision process, or to request an expedited decision be made for a particular issue, please contact the MHSA at the number listed above.

PLEASE NOTE: If your Employer's health plan is governed by the Employee Retirement Income Security Act ("ERISA"), you may have the right to bring a civil action under Section 502(a) of ERISA if all required reviews of your claim have been completed and your claim has not been approved. Additionally, you and your employer health benefit plan may have other voluntary alternative dispute resolution options, such as mediation.

## External Independent Medical Review

For grievances involving claims or services for which coverage was denied by Blue Shield or by a contracting provider in whole or in part on the grounds that the service is not Medically Necessary or is experimental/investigational (including the external review available under the Friedman-Knowles Experimental Treatment Act of 1996),

Members may choose to make a request to the Department of Managed Health Care to have the matter submitted to an independent agency for external review in accordance with California law. Members normally must first submit a grievance to Blue Shield and wait for at least 30 days before requesting external review; however, if the matter would qualify for an expedited decision as described above or involves a determination that the requested service is experimental/investigational, a Member may immediately request an external review following receipt of notice of denial. A Member may initiate this review by completing an application for external review, a copy of which can be obtained by contacting Customer Service.

The Department of Managed Health Care will review the application and, if the request qualifies for external review, will select an external review agency and have the Member's records submitted to a qualified specialist for an independent determination of whether the care is Medically Necessary. Members may choose to submit additional records to the external review agency for review. There is no cost to the Member for this external review. The Member and the Member's physician will receive copies of the opinions of the external review agency. The decision of the external review agency is binding on Blue Shield; if the external reviewer determines that the service is Medically Necessary, Blue Shield will promptly arrange for

the service to be provided or the claim in dispute to be paid.

This external review process is in addition to any other procedures or remedies available and is completely voluntary; Members are not obligated to request external review. However, failure to participate in external review may cause the Member to give up any statutory right to pursue legal action against Blue Shield regarding the disputed service. For more information regarding the external review process, or to request an application form, please contact Customer Service.

### Department of Managed Health Care Review

The California Department of Managed Health Care is responsible for regulating health care service plans. If you have a grievance against your health plan, you should first telephone your health plan at **1-855-258-3744** and use your health plan's grievance process before contacting the Department. Utilizing this grievance procedure does not prohibit any potential legal rights or remedies that may be available to you. If you need help with a grievance involving an emergency, a grievance that has not been satisfactorily resolved by your health plan, or a grievance that has remained unresolved for more than 30 days, you may call the Department for assistance.

You may also be eligible for an Independent Medical Review (IMR). If you are eligible for IMR, the IMR process will provide an impartial review of medical decisions made by a health plan related to the Medical Necessity of a proposed service or treatment, coverage decisions for treatments that are experimental or investigational in nature, and payment disputes for emergency or urgent medical services.

The Department also has a toll-free telephone number **(1-888-466-2219)** and a TDD line **(711)** for the hearing and speech impaired. The Department's Internet Web site, **(http://www.dmhc.ca.gov)**, has complaint forms, IMR application forms, and instructions online.

In the event that Blue Shield should cancel or refuse to renew the enrollment for you or your Dependents and you feel that such action was due to reasons of health or utilization of benefits, you or your Dependents may request a review by the Department of Managed Health Care Director.

## Customer Service

For questions about services, providers, Benefits, how to use this Plan, or concerns regarding the quality of care or access to care, contact Blue Shield's Customer Service Department. Customer Service can answer many questions over the telephone. Contact Information is provided on the last page of this Evidence of Coverage.

For all Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services Blue Shield has contracted with a Mental Health Service Administrator (MHSA). The MHSA should be contacted for questions about Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services, MHSA Participating Providers, or Mental Health, Behavioral Health, and Substance Use Disorder Benefits. Members may contact the MHSA at the telephone number or address which appear below:

1-877-263-9952
Blue Shield of California
Mental Health Service Administrator
P.O. Box 719002
San Diego, CA 92171-9002

## Definitions

When the following terms are capitalized in this Evidence of Coverage, they will have the meaning set forth below:

**Accidental Injury** — a definite trauma, resulting from a sudden, unexpected and unplanned event, occurring by chance, and caused by an independent, external source.

**Activities of Daily Living (ADL)** — mobility skills required for independence in normal, everyday living. Recreational, leisure, or sports activities are not considered ADL.

**Allowable Amount (Allowance)** — the total amount Blue Shield allows for Covered Service(s) rendered, or the provider's billed charge for those Covered Services, whichever is less. The Allow-

able Amount, unless specified for a particular service elsewhere in this Evidence of Coverage, is:

1) For a Participating Provider: the amount that the provider and Blue Shield have agreed by contract will be accepted as payment in full for the Covered Service(s) rendered.
2) For a Non-Participating Provider who provides Emergency Services, anywhere within or outside of the United States:
   a) Physicians and Hospitals – the amount is the Reasonable and Customary Charge; or
   b) All other providers – the amount is the provider's billed charge for Covered Services, unless the provider and the local Blue Cross and/or Blue Shield plan have agreed upon some other amount.
3) For a Non-Participating Provider in California (including an Other Provider), who provides services (other than Emergency Services): the amount Blue Shield would have allowed for a Participating Provider performing the same service in the same geographical area; or
   a) Non-Participating dialysis center – for services prior authorized by Blue Shield, the amount is the Reasonable and Customary Charge.
4) For a provider outside of California (within or outside of the United States), that has a contract with the local Blue Cross and/or Blue Shield plan: the amount that the provider and the local Blue Cross and/or Blue Shield plan have agreed by contract will be accepted as payment in full for the Covered Service(s) rendered.
5) For a Non-Participating Provider outside of California (within or outside of the United States) that does not contract with a local Blue Cross and/or Blue Shield plan, who provides services (other than Emergency Services): the amount that the local Blue Cross and/or Blue Shield plan would have allowed for a non-participating provider performing the same services. Or, if the local Blue Cross and/or Blue Shield plan has no non-participating provider allowance, the Allowable Amount is the amount for a Non-Participating Provider in California.

**Alternate Care Services Provider** — refers to a supplier of Durable Medical Equipment, or a certified orthotist, prosthetist, or prosthetist-orthotist.

**Ambulatory Surgery Center** — an outpatient surgery facility providing outpatient services which:

1) is either licensed by the state of California as an ambulatory surgery center, or is a licensed facility accredited by an ambulatory surgery center accrediting body; and
2) provides services as a free-standing ambulatory surgery center, which is licensed separately and bills separately from a Hospital, and is not otherwise affiliated with a Hospital.

**Anticancer Medications** — Drugs used to kill or slow the growth of cancerous cells.

**Bariatric Surgery Services Provider** — a Participating Hospital, Ambulatory Surgery Center, or a Physician that has been designated by Blue Shield to provide bariatric surgery services to Members who are residents of designated counties in California (described in the Covered Services section of this Evidence of Coverage).

**Behavioral Health Treatment** — professional services and treatment programs, including applied behavior analysis and evidence-based intervention programs, which develop or restore, to the maximum extent practicable, the functioning of an individual with pervasive developmental disorder or autism.

**Benefits (Covered Services)** — those Medically Necessary services and supplies which a Member is entitled to receive pursuant to the Group Health Service Contract.

**Blue Shield of California** — a California not-for-profit corporation, licensed as a health care service plan, and referred to throughout this Evidence of Coverage, as Blue Shield.

**Brand Drugs** — Drugs which are FDA-approved after a new drug application and/or registered under a brand or trade name by its manufacturer.

**CCSB** — Covered California for Small Business ("CCSB") operated by Covered California where an Eligible Employer can provide its employees and their Dependents with access to one or more health plans.

**Calendar Year** — the 12-month consecutive period beginning on January 1 and ending on December 31 of the same calendar year.

**Close Relative** — the spouse, Domestic Partner, children, brothers, sisters, or parents of a Member.

**Coinsurance** — the percentage amount that a Member is required to pay for Covered Services after meeting any applicable Deductible.

**Copayment** — the specific dollar amount that a Member is required to pay for Covered Services after meeting any applicable Deductible.

**Cosmetic Surgery** — surgery that is performed to alter or reshape normal structures of the body to improve appearance.

**Covered Services (Benefits)** — those Medically Necessary services and supplies which a Member is entitled to receive pursuant to the terms of the Group Health Service Contract.

**Creditable Coverage —**

1) Any individual or group policy, contract or program, that is written or administered by a disability insurer, health care service plan, fraternal benefits society, self-insured employer plan, or any other entity, in this state or elsewhere, and that arranges or provides medical, hospital, and surgical coverage not designed to supplement other private or governmental plans. The term includes continuation or conversion coverage, but does not include accident only, credit, coverage for onsite medical clinics, disability income, Medicare supplement, long-term care insurance, dental, vision, coverage issued as a supplement to liability insurance, insurance arising out of a workers' compensation or similar law, automobile medical payment insurance, or insurance under which benefits are payable with or without regard to fault and that is statutorily required to be contained in any liability insurance policy or equivalent self-insurance.
2) The Medicare Program pursuant to Title XVIII of the Social Security Act.
3) The Medicaid Program pursuant to Title XIX of the Social Security Act (referred to as Medi-Cal in California).
4) Any other publicly sponsored program of medical, hospital or surgical care, provided in this state or elsewhere.
5) The Civilian Health and Medical Program of the Uniformed Services (CHAMPUS) pursuant to 10 U.S.C. Chapter 55, Section 1071, et seq.
6) A medical care program of the Indian Health Service or of a tribal organization.
7) A state health benefits high risk pool.
8) The Federal Employees Health Benefits Program, which is a health plan offered under 5 U.S.C. Chapter 89, Section 8901 et seq.
9) A public health plan as defined by the Health Insurance Portability and Accountability Act of 1996 pursuant to Section 2701(c)(1)(I) of the Public Health Service Act, and amended by Public Law 104-191.
10) A health benefit plan under Section 5(e) of the Peace Corps Act, pursuant to 22 U.S.C. 2504(e).
11) Any other creditable coverage as defined by subsection (c) of Section 2704 of Title XXVII of the federal Public Health Service Act (42 U.S.C. Sec 300gg-3(c)).

**Custodial Care or Maintenance Care** — care furnished in the home primarily for supervisory care or supportive services, or in a facility primarily to provide room and board (which may or may not include nursing care, training in personal hygiene and other forms of self-care and/or supervisory care by a Doctor of Medicine) or care furnished to a person who is mentally or physically disabled, and

1) who is not under specific medical, surgical, or psychiatric treatment to reduce the disability to the extent necessary to enable the individual to live outside an institution providing such care; or

2) when, despite such treatment, there is no reasonable likelihood that the disability will be so reduced.

**Deductible** — the Calendar Year amount which the Member must pay for specific Covered Services before Blue Shield pays for Covered Services pursuant to the Group Health Service Contract.

**Dependent** — the spouse or Domestic Partner, or child, of an eligible Employee, who is determined to be eligible and who is not independently covered as an eligible Employee or Subscriber.

1) A Dependent spouse is an individual who is legally married to the Subscriber, and who is not legally separated from the Subscriber.

2) A Dependent Domestic Partner is an individual is meets the definition of Domestic Partner as defined in this Agreement.

3) A Dependent child is a child of, adopted by, or in legal guardianship of the Subscriber, spouse, or Domestic Partner, and who is not covered as a Subscriber. A child includes any stepchild, child placed for adoption, or any other child for whom the Subscriber, spouse, or Domestic Partner has been appointed as a non-temporary legal guardian by a court of appropriate legal jurisdiction. A child is an individual less than 26 years of age (or less than 18 years of age if the child has been enrolled as a result of a court-ordered non-temporary legal guardianship. A child does not include any children of a Dependent child (i.e., grandchildren of the Subscriber, spouse, or Domestic Partner), unless the Subscriber, spouse, or Domestic Partner has adopted or is the legal guardian of the grandchild.

4) If coverage for a Dependent child would be terminated because of the attainment of age 26, and the Dependent child is disabled and incapable of self-sustaining employment, Benefits for such Dependent child will be continued upon the following conditions:

   a) the child must be chiefly dependent upon the Subscriber, spouse, or Domestic Partner for support and maintenance;

   b) the Subscriber, spouse, or Domestic Partner must submit to Blue Shield a Physician's written certification of disability within 60 days from the date of the Employer's or Blue Shield's request; and

   c) thereafter, certification of continuing disability and dependency from a Physician must be submitted to Blue Shield on the following schedule:

      i. within 24 months after the month when the Dependent child's coverage would otherwise have been terminated; and

      ii. annually thereafter on the same month when certification was made in accordance with item (1) above. In no event will coverage be continued beyond the date when the Dependent child becomes ineligible for coverage for any reason other than attained age.

**Doctor of Medicine** — a licensed Medical Doctor (M.D.) or Doctor of Osteopathic Medicine (D.O.).

**Domestic Partner** — an individual who is personally related to the Subscriber by a registered domestic partnership.

Both persons must have filed a Declaration of Domestic Partnership with the California Secretary of State. California state registration is limited to same sex domestic partners and only those opposite sex partners where one partner is at least 62 and eligible for Social Security based on age. The domestic partnership is deemed created on the date the Declaration of Domestic Partnership is filed with the California Secretary of State.

**Drugs** — Drugs are:

1) FDA-approved medications that require a prescription either by California or Federal law;

2) Insulin, and disposable hypodermic insulin needles and syringes;

3) Pen delivery systems for the administration of insulin, as Medically Necessary;

4) Diabetic testing supplies (including lancets, lancet puncture devices, blood and urine testing strips, and test tablets);

5) Over-the-counter (OTC) drugs with a United States Preventive Services Task Force (USPSTF) rating of A or B;
6) Contraceptive drugs and devices, including:
   - diaphragms,
   - cervical caps,
   - contraceptive rings,
   - contraceptive patches,
   - oral contraceptives,
   - emergency contraceptives, and
   - female OTC contraceptive products when ordered by a Physician or Health Care Provider;
7) Inhalers and inhaler spacers for the management and treatment of asthma.

**Emergency Services** — services provided for an unexpected medical condition, including a psychiatric emergency medical condition, manifesting itself by acute symptoms of sufficient severity (including severe pain) that the absence of immediate medical attention could reasonably be expected to result in any of the following:

1) placing the Member's health (or, with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy;
2) serious impairment to bodily functions;
3) serious dysfunction of any bodily organ or part.

Emergency Services means the following with respect to an emergency medical condition:

1) A medical screening examination that is within the capability of the emergency department of a hospital, including ancillary services routinely available to the emergency department to evaluate the emergency medical condition, and
2) Such further medical examination and treatment, to the extent they are within the capabilities of the staff and facilities available at the hospital, to stabilize the Member.

'Stabilize' means to provide medical treatment of the condition as may be necessary to assure, with reasonable medical probability, that no material deterioration of the condition is likely to result from or occur during the transfer of the individual from a facility, or, with respect to a pregnant woman who is having contractions, when there is inadequate time to safely transfer her to another hospital before delivery (or the transfer may pose a threat to the health or safety of the woman or unborn child), "Stabilize" means to deliver (including the placenta).

"Post-Stabilization Care" means Medically Necessary services received after the treating physician determines the emergency medical condition is stabilized.

**Employee** — an individual employed by an employer who has been deemed eligible by CCSB and who has been offered health insurance coverage by such Eligible Employer through CCSB.

**Employer (Contractholder)** — a small employer that has been deemed eligible by CCSB and elects to make, at a minimum, all full-time employees of such employer eligible for one or more health plans in the small group market offered through CCSB.

**Experimental or Investigational in Nature** — any treatment, therapy, procedure, drug or drug usage, facility or facility usage, equipment or equipment usage, device or device usage, or supplies which are not recognized in accordance with generally accepted professional medical standards as being safe and effective for use in the treatment of the illness, injury, or condition at issue. Services which require approval by the Federal government or any agency thereof, or by any State government agency, prior to use and where such approval has not been granted at the time the services or supplies were rendered, shall be considered experimental or investigational in nature. Services or supplies which themselves are not approved or recognized in accordance with accepted professional medical standards, but nevertheless are authorized by law or by a government agency for use in testing, trials, or other studies on human patients, shall be considered experimental or investigational in nature.

**Family** — the Subscriber and all enrolled Dependents.

**Formulary** —— A list of preferred Generic and Brand Drugs maintained by Blue Shield's Pharmacy & Therapeutics Committee. It is designed to assist Physicians and Health Care Providers in prescribing Drugs that are Medically Necessary and cost-effective. The Formulary is updated periodically.

**Generic Drugs** — Drugs that are approved by the Food and Drug Administration (FDA) or other authorized government agency as a therapeutic equivalent (i.e. contain the same active ingredient(s)) to the Brand Drug.

**Group Health Service Contract (Contract)** — the contract for health coverage between Blue Shield and the Employer (Contractholder) that establishes the Benefits that Subscribers and Dependents are entitled to receive.

**Habilitative Services (Habilitation Services)** — Health care services and devices that help a person keep, learn, or improve skills and functioning for daily living. Examples include therapy for a child who is not walking or talking at the expected age. These services may include physical and occupational therapy, speech-language pathology, and other services for people with disabilities in a variety of inpatient or outpatient settings, or both.

**Health Care Provider** — An appropriately licensed or certified independent practitioner including: licensed vocational nurse; registered nurse; nurse practitioner; physician assistant; psychiatric/mental health registered nurse; registered dietician; certified nurse midwife; licensed midwife; occupational therapist; acupuncturist; registered respiratory therapist; speech therapist or pathologist; physical therapist; pharmacist; naturopath; podiatrist; chiropractor; optometrist; nurse anesthetist (CRNA); clinical nurse specialist; optician; audiologist; hearing aid supplier; licensed clinical social worker; psychologist; marriage and family therapist; board certified behavior analyst (BCBA), licensed professional clinical counselor (LPCC); massage therapist.

**Hemophilia Infusion Provider** — a provider that furnishes blood factor replacement products and services for in-home treatment of blood disorders such as hemophilia.

Note: A Participating home infusion agency may not be a Participating Hemophilia Infusion Provider if it does not have an agreement with Blue Shield to furnish blood factor replacement products and services.

**Home Health Aide** — an individual who has successfully completed a state-approved training program, is employed by a home health agency or Hospice program, and provides personal care services in the patient's home.

**Hospice or Hospice Agency** — an entity which provides hospice services to persons with a Terminal Disease or Illness and holds a license as a hospice pursuant to California Health and Safety Code Section 1747, or a home health agency licensed pursuant to California Health and Safety Code Sections 1726 and 1747.1 which has Medicare certification.

**Hospital** — an entity which is:

1) a licensed institution primarily engaged in providing medical, diagnostic and surgical facilities for the care and treatment of sick and injured persons on an inpatient basis, under the supervision of an organized medical staff, and which provides 24-hour a day nursing service by registered nurses;
2) a psychiatric hospital accredited by the Joint Commission on Accreditation of Healthcare Organizations; or
3) a psychiatric health care facility as defined in Section 1250.2 of the California Health and Safety Code.

A facility which is principally a rest home, nursing home, or home for the aged, is not included in this definition.

**Infertility** — the Member is actively trying to conceive and has:

1) the presence of a demonstrated condition recognized by a licensed Doctor of Medicine as a cause of not being able to conceive;
2) for women age 35 and less, failure to achieve a successful pregnancy (live birth) - after 12

months or more of regular unprotected intercourse;

3) for women over age 35, failure to achieve a successful pregnancy (live birth) after six months or more of regular unprotected intercourse;

4) failure to achieve a successful pregnancy (live birth) - after six cycles of artificial insemination supervised by a physician. (The initial six cycles are not a benefit of this Plan); or

5) three or more pregnancy losses.

**Intensive Outpatient Program** — an outpatient mental Health, behavioral health or substance use disorder treatment program utilized when a patient's condition requires structure, monitoring, and medical/psychological intervention at least three hours per day, three times per week.

**Late Enrollee** — an eligible Employee or Dependent who has declined enrollment in this coverage at the time of the initial enrollment period, and who subsequently requests enrollment for coverage. An eligible Employee or Dependent who is a Late Enrollee may qualify for a Special Enrollment Period. If the eligible Employee or Dependent does not qualify for a Special Enrollment Period, the Late Enrollee may only enroll during the annual Open Enrollment period.

**Medical Necessity (Medically Necessary)** —

Benefits are provided only for services that are Medically Necessary.

1) Services that are Medically Necessary include only those which have been established as safe and effective, are furnished under generally accepted professional standards to treat illness, injury or medical condition, and which, as determined by Blue Shield, are:

   a) consistent with Blue Shield medical policy;

   b) consistent with the symptoms or diagnosis;

   c) not furnished primarily for the convenience of the patient, the attending Physician or other provider; and

   d) furnished at the most appropriate level which can be provided safely and effectively to the patient.

2) If there are two or more Medically Necessary services that may be provided for the illness, injury or medical condition, Blue Shield will provide Benefits based on the most cost-effective service.

3) Hospital inpatient services which are Medically Necessary include only those services which satisfy the above requirements, require the acute bed-patient (overnight) setting, and which could not have been provided in the Physician's office, the outpatient department of a Hospital, or in another lesser facility without adversely affecting the patient's condition or the quality of medical care rendered. Inpatient services that are not Medically Necessary include hospitalization:

   a) for diagnostic studies that could have been provided on an outpatient basis;

   b) for medical observation or evaluation;

   c) for personal comfort;

   d) in a pain management center to treat or cure chronic pain; and

   e) for inpatient Rehabilitation that can be provided on an outpatient basis.

4) Blue Shield reserves the right to review all claims to determine whether services are Medically Necessary, and may use the services of Physician consultants, peer review committees of professional societies or Hospitals, and other consultants.

**Member** — an individual who is enrolled and maintains coverage in a health plan through CCSB as either an eligible Employee or an eligible Employee's Dependent.

**Mental Health Condition** — mental disorders listed in the Fourth Edition of the Diagnostic & Statistical Manual of Mental Disorders (DSM), including Severe Mental Illnesses and Serious Emotional Disturbances of a Child.

**Mental Health Service Administrator (MHSA)** — The MHSA is a specialized health care service

plan licensed by the California Department of Managed Health Care. Blue Shield contracts with the MHSA to underwrite and deliver Blue Shield's Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services through a separate network of MHSA Participating Providers.

**Mental Health Services** — services provided to treat a Mental Health Condition.

**MHSA Non-Participating Provider** — a provider who does not have an agreement in effect with the MHSA for the provision of Mental Health Services, Behavioral Health Treatment or Substance Use Disorder Services to members of this Plan.

**MHSA Participating Provider** — a provider who has an agreement in effect with the MHSA for the provision of Mental Health Services, Behavioral Health Treatment, or Substance Use Disorder Services to members of this Plan..

**Network Specialty Pharmacy** — select Participating Pharmacies contracted by Blue Shield to provide covered Specialty Drugs.

**Non-Participating or Non-Preferred (Non-Participating Provider or Non-Preferred Provider)** — refers to any provider who has not contracted with Blue Shield to accept Blue Shield's payment, plus any applicable Member Deductible, Copayment, Coinsurance, or amounts in excess of specified Benefit maximums, as payment in full for Covered Services provided to Members of this Plan.

This definition does not apply to providers of Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services, which is defined separately under the MHSA Non-Participating Provider definition.

**Non-Participating Pharmacy** — a pharmacy which does not participate in the Blue Shield Pharmacy Network. These pharmacies are not contracted to provide services to Blue Shield Members.

**Non-Preferred Drugs** — Drugs determined by Blue Shield's Pharmacy and Therapeutics Committee as products that do not have a clear advantage over Formulary Drug alternatives. Benefits may be provided for Non-Preferred Drugs and are always subject to the Non-Preferred Copayment or Coinsurance.

**Non-Routine Outpatient Mental Health Services and Behavioral Health Treatment** — Outpatient Facility and professional services for Behavioral Health Treatment and the diagnosis and treatment of Mental Health Conditions, including, but not limited to the following:

1) Partial Hospitalization
2) Intensive Outpatient Program
3) Electroconvulsive Therapy
4) Transcranial Magnetic Stimulation
5) Behavioral Health Treatment
6) Psychological Testing.

These services may also be provided in the office, home or other non-institutional setting.

**Occupational Therapy** — treatment under the direction of a Doctor of Medicine and provided by a certified occupational therapist or other appropriately licensed Health Care Provider, utilizing arts, crafts, or specific training in daily living skills, to improve and maintain a patient's ability to function.

**Open Enrollment Period** — the period each year established by the Employer during which an eligible Employee or Dependent may enroll or change coverage in this health plan through CCSB.

**Orthosis (Orthotics)** — an orthopedic appliance or apparatus used to support, align, prevent or correct deformities, or to improve the function of movable body parts.

**Other Providers —**

1) Independent Practitioners — licensed vocational nurses; licensed practical nurses; registered nurses; licensed nurse practitioners, licensed psychiatric nurses; registered dieticians and other nutrition advisors; certified nurse midwives; licensed occupational therapists; licensed acupuncturists; certified respiratory therapists; enterostomal therapists; licensed speech and language therapists or pathologists;

applied behavior analysis therapists, dental technicians; and lab technicians.

2) Healthcare Organizations — nurses registry; licensed mental health, freestanding public health, rehabilitation, and outpatient clinics not MD-owned; portable X-ray companies; independent laboratories; blood banks; speech and hearing centers; dental laboratories; dental supply companies; nursing homes; ambulance companies; Easter Seal Society; American Cancer Society, and Catholic Charities.

**Out-of-Pocket Maximum** — the highest Deductible, Copayment and Coinsurance amount an individual or Family is required to pay for designated Covered Services each year as indicated in the Summary of Benefits. Charges for services that are not covered, charges in excess of the Allowable Amount or contracted rate, do not accrue to the Calendar Year Out-of-Pocket Maximum.

**Outpatient Facility** — a licensed facility which provides medical and/or surgical services on an outpatient basis. The term does not include a Physician's office or a Hospital.

**Outpatient Substance Use Disorder Services** — Outpatient Facility and professional services for the diagnosis and treatment of Substance Use Disorder Conditions, including, but not limited to the following:

1) Professional (Physician) office visits
2) Partial Hospitalization
3) Intensive Outpatient Program
4) Office-Based Opioid Detoxification and/or Maintenance Therapy.

These services may also be provided in the office, home or other non-institutional setting.

**Partial Hospitalization Program (Day Treatment)** — an outpatient treatment program that may be free-standing or Hospital-based and provides services at least five hours per day, four days per week. Patients may be admitted directly to this level of care, or transferred from inpatient care following stabilization.

**Participating or Preferred (Participating Provider or Preferred Provider)** — refers to a provider who has contracted with Blue Shield to accept Blue Shield's payment, plus any applicable Member Deductible, Copayment, Coinsurance, or amounts in excess of specified Benefit maximums, as payment in full for Covered Services provided to Members of this Plan.

This definition does not apply to providers of Mental Health Services, Behavioral Health Treatment, and Substance Use Disorder Services, which is defined separately under the MHSA Participating Provider definition.

**Participating Pharmacy** — a pharmacy which has agreed to a contracted rate for covered Drugs for Blue Shield Members. These pharmacies participate in the Blue Shield Pharmacy Network.

**Period of Care** — the timeframe the Participating Provider certifies or recertifies that the Member requires and remains eligible for Hospice care, even if the Member lives longer than one year. A Period of Care begins the first day the Member receives Hospice services and ends when the certified timeframe has elapsed.

**Physical Therapy** — treatment provided by a physical therapist, occupational therapist, or other appropriately licensed Health Care Provider. Treatment utilizes physical agents and therapeutic procedures, such as ultrasound, heat, range of motion testing, and massage, to improve a patient's musculoskeletal, neuromuscular and respiratory systems.

**Physician** — a licensed Doctor of Medicine, clinical psychologist, research psychoanalyst, dentist, licensed clinical social worker, optometrist, chiropractor, podiatrist, audiologist, registered physical therapist, or licensed marriage and family therapist.

**Plan —** this Blue Shield PPO Plan.

**Preferred Drugs —** Drugs listed on Blue Shield's Formulary and determined by Blue Shield's Pharmacy and Therapeutics Committee as products that have a clear advantage over Non-Formulary Drug alternatives.

**Premium (Dues)** — the monthly prepayment made to Blue Shield on behalf of each Member by

the Contractholder for coverage under the Group Health Service Contract.

**Preventive Health Services** — mean those primary preventive medical Covered Services, including related laboratory services, for early detection of disease as specifically described in the *Preventive Health Benefits* section of this Evidence of Coverage.

**Prosthesis(es) (Prosthetics)** — an artificial part, appliance or device used to replace a missing part of the body.

**Psychological Testing** — testing to diagnose a Mental Health Condition when referred by an MHSA Participating Provider.

**Reasonable and Customary Charge —**

1) In California: The lower of: (a) the provider's billed charge, or (b) the amount determined by Blue Shield to be the reasonable and customary value for the services rendered by a Non-Participating Provider based on statistical information that is updated at least annually and considers many factors including, but not limited to, the provider's training and experience, and the geographic area where the services are rendered.
2) Outside of California: The lower of: (a) the provider's billed charge, or (b) the amount, if any, established by the laws of the state to be paid for Emergency Services.

**Reconstructive Surgery** — surgery to correct or repair abnormal structures of the body caused by congenital defects, developmental abnormalities, trauma, infection, tumors, or disease to do either of the following: (1) to improve function; or (2) to create a normal appearance to the extent possible; dental and orthodontic services that are an integral part of surgery for cleft palate procedures.

**Rehabilitation** — inpatient or outpatient care furnished to an individual disabled by injury or illness, including Severe Mental Illness and Severe Emotional Disturbances of a Child, in order to restore an individual's ability to function to the maximum extent practical. Rehabilitation services may consist of Physical Therapy, Occupational Therapy, and/or Respiratory Therapy.

**Residential Care**— Mental Health Services, Behavioral Health Treatment or Substance Use Disorder Services provided in a facility or a free-standing residential treatment center that provides overnight/extended-stay services for Members who do not require acute inpatient care.

**Respiratory Therapy** — treatment, under the direction of a Doctor of Medicine and provided by a certified respiratory therapist, or other appropriately licensed or certified Health Care Provider to preserve or improve a patient's pulmonary function.

**Routine Outpatient Mental Health Services and Behavioral Health Treatment** — professional office visits for Behavioral Health Treatment and the diagnosis and treatment of Mental Health Conditions, including the individual, family or group setting.

**Serious Emotional Disturbances of a Child** — refers to individuals who are minors under the age of 18 years who:

1) have one or more mental disorders in the most recent edition of the Diagnostic and Statistical manual of Mental Disorders (other than a primary substance use disorder or developmental disorder), that results in behavior inappropriate for the child's age according to expected developmental norms; and
2) meet the criteria in paragraph (2) of subdivision (a) of Section 5600.3 of the Welfare and Institutions Code. This section states that members of this population shall meet one or more of the following criteria:
    a) As a result of the mental disorder the child has substantial impairment in at least two of the following areas: self-care, school functioning, family relationships, or ability to function in the community: and either of the following has occurred: the child is at risk of removal from home or has already been removed from the home or the mental disorder and impairments have been present for more than 6 months or are likely to continue for more than one year without treatment;

b) The child displays one of the following: psychotic features, risk of suicide or risk of violence due to a mental disorder.

**Severe Mental Illnesses** — conditions with the following diagnoses: schizophrenia, schizo affective disorder, bipolar disorder (manic depressive illness), major depressive disorders, panic disorder, obsessive-compulsive disorder, pervasive developmental disorder or autism, anorexia nervosa, bulimia nervosa.

**Skilled Nursing** — services performed by a licensed nurse (either a registered nurse or a licensed vocational nurse).

**Skilled Nursing Facility** — a facility with a valid license issued by the California Department of Public Health as a Skilled Nursing Facility or any similar institution licensed under the laws of any other state, territory, or foreign country. Also included is a Skilled Nursing unit within a Hospital.

**Special Enrollment Period** — a period during which an individual who experiences certain qualifying events may enroll in, or change enrollment in, this health plan through CCSB outside of the initial and annual Open Enrollment Periods. An eligible Employee or an Employee's Dependent has a 60-day Special Enrollment Period if any of the following occurs:

1) An Employee or Dependent loses minimum essential coverage for a reason other than failure to pay Premiums on a timely basis.

2) An Employee or Dependent has lost or will lose coverage under another employer health benefit plan as a result of (a) termination of his or her employment; (b) termination of employment of the individual through whom he or she was covered as a Dependent; (c) change in his or her employment status or of the individual through whom he or she was covered as a Dependent, (d) termination of the other plan's coverage, (e) exhaustion of COBRA or Cal-COBRA continuation coverage, (f) cessation of an Employer's contribution toward his or her coverage, (g) death of the individual through whom he or she was covered as a Dependent, or (h) legal separation, divorce or termination of a Domestic Partnership.

3) A Dependent is mandated to be covered as a Dependent pursuant to a valid state or federal court order. The health benefit plan shall enroll such a Dependent child within 60 days of presentation of a court order by the district attorney, or upon presentation of a court order or request by a custodial party, as described in Section 3751.5 of the Family Code.

4) An Employee or Dependent who was eligible for coverage under the Healthy Families Program or Medi-Cal has lost coverage as a result of the loss of such eligibility.

5) An Employee or Dependent who becomes eligible for the Healthy Families Program or the Medi-Cal premium assistance program and requests enrollment within 60 days of the notice of eligibility for these premium assistance programs.

6) An Employee who declined coverage, or an Employee enrolled in this Plan, subsequently acquires Dependents through marriage, establishment of Domestic Partnership, birth, adoption, placement for adoption or placement in foster care.

7) An Employee's or Dependent's enrollment or non-enrollment in a health plan is unintentional, inadvertent, or erroneous and is the result of the error, misrepresentation, or inaction of an officer, employee, or agent of CCSB, HHS, or any of their instrumentalities as evaluated and determined by Covered California. In such cases, Covered California may take such action as may be necessary to correct or eliminate the effects of such error, misrepresentation, or inaction.

8) An Employee or Dependent adequately demonstrates to CCSB or Covered California that the health plan in which he or she is enrolled substantially violated a material provision of its contract in relation to the Employee or Dependent.

9) An Employee or Dependent gains access to new health plans as a result of a permanent move.

10) An Employee or Dependent demonstrates to CCSB, in accordance with guidelines issued by

HHS, that the individual meets other exceptional circumstances as Covered California may provide.

11) An Employee or Dependent has been released from incarceration.

12) An Employee or Dependent was receiving services from a contracting provider under another health benefit plan, as defined in Section 1399.845 of the Health & Safety Code or Section 10965 of the Insurance Code, for one of the conditions described in California Health & Safety Code Section 1373.96(c) and that provider is no longer participating in the health benefit plan.

13) An Employee or Dependent is a member of the reserve forces of the United States military returning from active duty or a member of the California National Guard returning from active duty service under Title 32 of the United States Code.

14) An Employee or Dependent is a member of an Indian tribe which is recognized as eligible for the special programs and services provided by the United States to Indians because of their status as Indians, as described in Title 25 of the United States Code Section 1603.

15) An Employee or Dependent qualifies for continuation coverage as a result of a qualifying event, as described in the Group Continuation Coverage section of this Evidence of Coverage.

**Special Food Products** — a food product which is both of the following:

1) Prescribed by a physician or nurse practitioner for the treatment of phenylketonuria (PKU) and is consistent with the recommendations and best practices of qualified health professionals with expertise germane to, and experience in the treatment and care of, phenylketonuria (PKU). It does not include a food that is naturally low in protein, but may include a food product that is specially formulated to have less than one gram of protein per serving;

2) Used in place of normal food products, such as grocery store foods, used by the general population.

**Specialist** — Specialists include physicians with a specialty as follows: allergy, anesthesiology, dermatology, cardiology and other internal medicine specialists, neonatology, neurology, oncology, ophthalmology, orthopedics, pathology, psychiatry, radiology, any surgical specialty, otolaryngology, urology, and other designated as appropriate.

**Specialty Drugs** — Drugs requiring coordination of care, close monitoring, or extensive patient training for self-administration that cannot be met by a retail pharmacy and are available exclusively through a Network Specialty Pharmacy. Specialty Drugs may also require special handling or manufacturing processes (such as biotechnology), restriction to certain Physicians or pharmacies, or reporting of certain clinical events to the FDA. Specialty Drugs are generally high cost.

**Speech Therapy** — treatment, under the direction of a Doctor of Medicine and provided by a licensed speech pathologist, speech therapist, or other appropriately licensed or certified Health Care Provider to improve or retrain a patient's vocal skills which have been impaired by diagnosed illness or injury.

**Subacute Care** — Skilled Nursing or skilled rehabilitation provided in a Hospital or Skilled Nursing Facility to patients who require skilled care such as nursing services, physical, occupational or speech therapy, a coordinated program of multiple therapies or who have medical needs that require daily Registered Nurse monitoring. A facility which is primarily a rest home, convalescent facility or home for the aged is not included.

**Subscriber** — an eligible Employee who is enrolled and maintains coverage under the Group Health Service Contract.

**Substance Use Disorder Condition** — drug or alcohol abuse or dependence.

**Substance Use Disorder Services** — services provided to treat a Substance Use Disorder Condition.

**Terminal Disease or Terminal Illness (Terminally Ill)** — a medical condition resulting in a life expectancy of one year or less, if the disease follows its natural course.

**Total Disability (or Totally Disabled) —**

1) in the case of an Employee, or Member otherwise eligible for coverage as an Employee, a disability which prevents the individual from working with reasonable continuity in the individual's customary employment or in any other employment in which the individual reasonably might be expected to engage, in view of the individual's station in life and physical and mental capacity;

2) in the case of a Dependent, a disability which prevents the individual from engaging with normal or reasonable continuity in the individual's customary activities or in those in which the individual otherwise reasonably might be expected to engage, in view of the individual's station in life and physical and mental capacity.

# Notice of the Availability of Language Assistance Services

**No Cost Language Services.** You can get an interpreter. You can get documents read to you and some sent to you in your language. For help, call us at the number listed on your ID card or 1-866-346-7198. English

**Servicios de idiomas sin costo.** Puede obtener un intérprete. Le pueden leer documentos y que le envíen algunos en español. Para obtener ayuda, llámenos al número que figura en su tarjeta de identificación o al 1-866-346-7198. Spanish

**免費語言服務**：您可獲得口譯員服務。可以用中文把文件唸給您聽，有些文件有中文的版本，也可以把這些文件寄給您。欲取得協助，請致電您的保險卡所列的電話號碼，或撥打1-866-346-7198與我們聯絡。Chinese

**Các Dịch Vụ Trợ Giúp Ngôn Ngữ Miễn Phí.** Quý vị có thể được nhận dịch vụ thông dịch. Quý vị có thể được người khác đọc giúp các tài liệu và nhận một số tài liệu bằng tiếng Việt. Để được giúp đỡ, hãy gọi cho chúng tôi tại số điện thoại ghi trên thẻ hội viên của quý vị hoặc 1-866-346-7198. Vietnamese

**무료 통역 서비스**. 귀하는 한국어 통역 서비스를 받으실 수 있으며 한국어로 서류를 낭독해주는 서비스를 받으실 수 있습니다. 도움이 필요하신 분은 귀하의 ID 카드에 나와있는 안내 전화: 1-866-346-7198 번으로 문의해 주십시오. Korean

**Walang Gastos na mga Serbisyo sa Wika.** Makakakuha ka ng interpreter o tagasalin at maipababasa mo sa Tagalog ang mga dokumento. Para makakuha ng tulong, tawagan kami sa numerong nakalista sa iyong ID card o sa 1-866-346-7198. Tagalog

**Անվճար Լեզվական Ծառայություններ:** Դուք կարող եք թարգման ձեռք բերել և փաստաթղթերը ընթերցել տալ ձեզ համար հայերեն լեզվով: Օգնության համար մեզ զանգահարեք ձեր ինքնության (ID) տոմսի վրա նշված կամ 1-866-346-7198 համարով: Armenian

**Бесплатные услуги перевода**. Вы можете воспользоваться услугами переводчика, и ваши документы прочтут для вас на русском языке. Если вам требуется помощь, звоните нам по номеру, указанному на вашей идентификационной карте, или 1-866-346-7198. Russian

**無料の言語サービス** 日本語で通訳をご提供し、書類をお読みします。サービスをご希望の方は、IDカード記載の番号または1-866-346-7198までお問い合わせください。Japanese

**خدمات مجانی مربوط به زبان.** میتوانید از خدمات یک مترجم شفاهی استفاده کنید و بگوئید مدارک به زبان فارسی برایتان خوانده شوند. برای دریافت کمک، با ما از طریق شماره تلفنی که روی کارت شناسائی شما قید شده است و با این شماره 1-866-346-7198 تماس بگیرید. Persian

**ਮੁਫ਼ਤ ਭਾਸ਼ਾ ਸੇਵਾਵਾਂ**: ਤੁਸੀਂ ਦੁਭਾਸ਼ੀਏ ਦੀਆਂ ਸੇਵਾਵਾਂ ਹਾਸਲ ਕਰ ਸਕਦੇ ਹੋ ਅਤੇ ਦਸਤਾਵੇਜ਼ਾਂ ਨੂੰ ਪੰਜਾਬੀ ਵਿੱਚ ਸੁਣ ਸਕਦੇ ਹੋ। ਕੁਝ ਦਸਤਾਵੇਜ਼ ਤੁਹਾਨੂੰ ਪੰਜਾਬੀ ਵਿੱਚ ਭੇਜੇ ਜਾ ਸਕਦੇ ਹਨ। ਮਦਦ ਲਈ, ਤੁਹਾਡੇ ਆਈਡੀ (ID) ਕਾਰਡ 'ਤੇ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਜਾਂ 1-866-346-7198 'ਤੇ ਸਾਨੂੰ ਫ਼ੋਨ ਕਰੋ। Punjabi

**សេវាកម្មភាសាឥតគិតថ្លៃ ។** អ្នកអាចទទួលបានអ្នកបកប្រែភាសា និងអានឯកសារជូនអ្នកជា ភាសាខ្មែរ ។ សម្រាប់ជំនួយ សូមទូរស័ព្ទមកយើងខ្ញុំតាមលេខដែលមានបង្ហាញលើប័ណ្ណសំគាល់ខ្លួនរបស់អ្នក ឬលេខ 1-866-346-7198 ។ Khmer

**خدمات ترجمة بدون تكلفة.** يمكنك الحصول على مترجم وقراءة الوثائق لك باللغة العربية. للحصول على المساعدة، اتصل بنا على الرقم المبين على بطاقة عضويتك أو على الرقم 1-866-346-7198. Arabic

**Cov Kev Pab Txhais Lus Tsis Them Nqi**. Koj yuav thov tau kom muaj neeg los txhais lus rau koj thiab kom neeg nyeem cov ntawv ua lus Hmoob. Yog xav tau kev pab, hu rau peb ntawm tus xov tooj nyob hauv koj daim yuaj ID los sis 1-866-346-7198. Hmong

## Contacting Blue Shield of California

**For information, including information about claims submission:**

Members may call Customer Service toll free at 1-855-258-3744.

The hearing impaired may call Customer Service through Blue Shield's toll-free TTY number at 711.

**For prior authorization:**

Please call the Customer Service telephone number listed above.

**For prior authorization of Benefits Management Program radiological services:**

Please call 1-888-642-2583.

**For prior authorization of inpatient Mental Health, Behavioral Health, and Substance Use Disorder Services:**

Please contact the Mental Health Service Administrator at 1-877-263-9952.

Please refer to the *Benefits Management Program* section of this Evidence of Coverage for additional information on prior authorization.

**Please direct correspondence to:**

Blue Shield of California
P.O. Box 272540
Chico, CA 95927-2540