



News Release

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Covered California Warns of Higher Health Insurance Costs if Congress Allows the American Rescue Plan to Expire

- *With Congress scheduled to recess at the end of July, and health insurance marketplaces finalizing their rates for the 2023 coverage year, timely action to decide on the future of the American Rescue Plan's benefits is critical.*
- *The law, which provides increased and expanded federal financial assistance and helped millions of Americans sign up for health insurance through the Affordable Care Act, is set to expire at the end of this year.*
- *An estimated 220,000 Californians could become uninsured, with premiums doubling for 1 million low-income consumers.*
- *Middle-income consumers would lose all federal financial help, and their premiums would increase by an average of \$272 per month if Congress does not act to extend the law.*

SACRAMENTO, Calif. — An updated Covered California analysis highlights how the expiration of the American Rescue Plan (ARP) would raise costs for enrollees, including doubling premiums on average for 1 million low-income Californians, and may lead up to 220,000 people to drop their health coverage. The analysis comes as Congress deliberates whether to extend the law, which provides increased financial help and is set to expire at the end of this year.

“The American Rescue Plan’s financial help is a lifeline for millions of Americans, keeping health insurance more affordable and within reach,” said Jessica Altman, executive director of Covered California. “Millions of Americans are counting on Congress, as cutting the financial help that the law provides means many families will face the difficult choice of becoming uninsured and rolling the dice if they get injured or sick.”

Covered California’s analysis — [“Americans Brace for Higher Health Insurance Costs if the American Rescue Plan Is Allowed to Expire”](#) — shows how Californians could be

affected if Congress elects not to act. The ARP lowered the monthly premium paid by Covered California consumers by 20 percent from 2021 to 2022, enrollment hit a record high of 1.8 million people, and 92 percent of consumers were eligible to receive financial help. Nationally, monthly premiums dropped by 23 percent and enrollment reached 14.5 million people.

“The American Rescue Plan lowered premiums and boosted enrollment among all income brackets and ethnic groups,” Altman said. “In the absence of federal action to extend these policies into 2023 and beyond, the gains we have made as a state and as a country will be at risk.”

Californians Face Higher Costs if the ARP Is Allowed to Expire

Covered California’s analysis found that if the federal subsidies provided by the ARP expired, enrollees who annually earn less than 400 percent of the federal poverty level (\$52,000 for a single person and \$106,000 for a family of four) would see their monthly costs rise by an average of \$70 per month (71 percent).

The analysis also found that Californians who could least afford the increase — those earning between \$17,775 and \$32,200 a year for an individual and from \$36,570 to \$66,250 for a family of four — would be affected the most, with their health insurance costs more than doubling. A total of 1 million Covered California consumers are in this income bracket, which is 250 percent of the federal poverty level or below (see Figure 1: Potential Premium Increases for Covered California Subsidized Enrollees Earning Less Than 400 Percent of the Federal Poverty Level in 2023).

In addition to the analysis, Covered California is also providing data outlining the impact of the ARP’s expiration within California’s 53 congressional districts, which can be found [here](#). The data is broken down by income brackets and shows how Californians across the state could be affected.

The expiration of the ARP subsidies would also mean the return of the so-called “subsidy cliff,” which means middle-income consumers — individuals who earn more than \$51,520 per year and families of four who earn more than \$106,000 per year — would not be eligible for any federal financial help. In California, these middle-income consumers would see their costs increase by an average of \$272 per month (see Figure 2: Potential Premium Increases for Covered California Subsidized Enrollees Earning More Than 400 Percent of the Federal Poverty Level in 2023).

“The American Rescue Plan built on the Affordable Care Act and allowed more people than ever before to get the protection and peace of mind that quality health care coverage provides,” Altman said. “Whether you are one of Covered California’s record-high 1.8 million consumers, or you get your coverage directly from a health insurance company, you will be paying more next year if these subsidies are not extended.”

Figure 1: Potential Premium Increases for Covered California Subsidized Enrollees Earning Less Than 400 Percent of the Federal Poverty Level in 2023¹

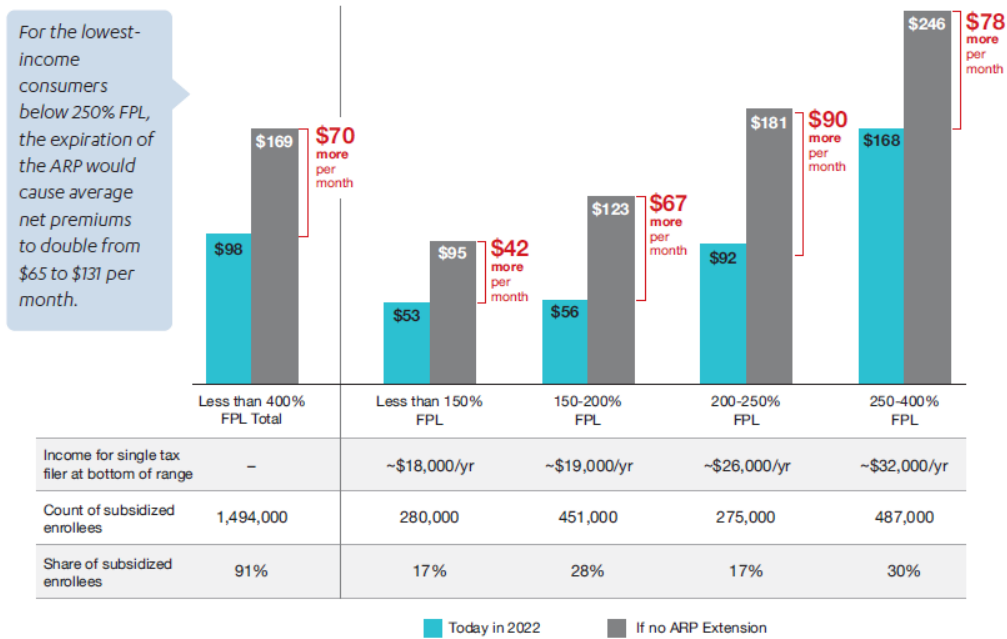
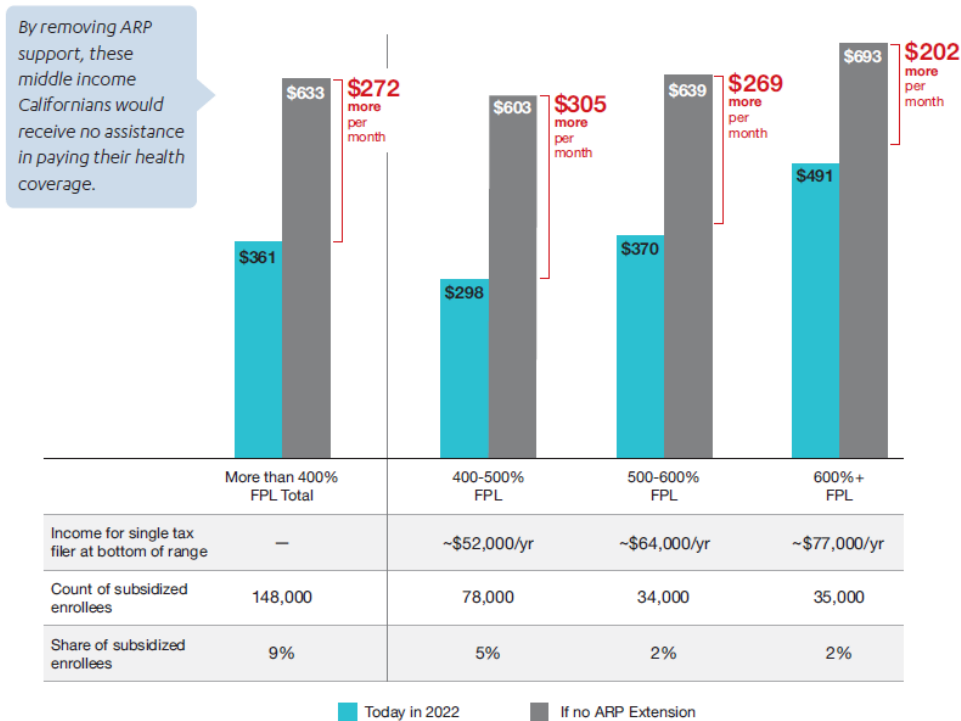


Figure 2: Potential Premium Increases for Covered California Subsidized Enrollees Earning More Than 400 Percent of the Federal Poverty Level in 2023¹



¹ Net premium amounts shown are per member, per month, among Covered California enrollees found eligible for subsidized coverage under the American Rescue Plan at the end of the 2022 open-enrollment period (approximately 1.64 million individuals).

Hundreds of Thousands of Californians Could Lose Coverage

An estimated 3 million Americans would lose health insurance coverage if the American Rescue Plan's benefits were allowed to expire², including 220,000 Californians³.

Rolling back the increased subsidies would also have a disproportionate impact on California's communities of color, whose enrollment increased significantly during the pandemic.

Many people may also try to remain insured by switching to less-comprehensive coverage, with higher deductibles and lower monthly premiums. In doing so, consumers could expose themselves to higher out-of-pocket costs that could delay or prevent them from accessing care.

The analysis gives real-world examples of the premium increases that look beyond the averages to the lived experiences of consumers who differ by their age, family size, income and where they live.

The Importance of Congress Acting as Soon as Possible

Covered California will announce its preliminary health plan rates for the 2023 coverage year on July 19. The rate changes are affected by the uncertainty surrounding the future of the ARP and the potential enrollment impact it could have if the federal subsidies are not extended.

To avoid disruption for the upcoming renewal period in October and the start of open enrollment in November, congressional action needs to take place immediately.

"Covered California stands ready to move mountains if Congress elects to extend the American Rescue Plan's subsidies, but every single day matters," Altman said. "The longer we go without a decision, the harder it will be to implement a new subsidy structure and avoid consumer confusion."

About Covered California

Covered California is the state's health insurance marketplace, where Californians can find affordable, high-quality insurance from top insurance companies. Covered California is the only place where individuals who qualify can get financial assistance on a sliding scale to reduce premium costs. Consumers can then compare health insurance plans and choose the plan that works best for their health needs and budget. Depending on their income, some consumers may qualify for the low-cost or no-cost Medi-Cal program.

² ASPE. "Projected Coverage and Subsidy Impacts if the American Rescue plan's Marketplace Provisions Sunset in 2023," May 23, 2022. <https://aspe.hhs.gov/sites/default/files/documents/1647ad29528ee85a48d6ffa9e7bfb8f/arp-ptc-sunset-impacts-03-22-22%20Final.pdf>

³ UC Berkeley Labor Center. "The Threat to Coverage and Affordability Gains in Covered California if Congress Fails to Renew Subsidy Enhancements." April 14, 2022. <https://laborcenter.berkeley.edu/the-threat-to-coverage-and-affordability-gains-in-covered-california/>.

Covered California is an independent part of the state government whose job is to make the health insurance marketplace work for California's consumers. It is overseen by a five-member board appointed by the governor and the Legislature. For more information about Covered California, please visit www.CoveredCA.com.

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